

January 2026

GOLD OAK UNION SCHOOL DISTRICT

LUNCH INCLUDES MAIN ENTRÉE, MILK AND SALAD BAR EVERYDAY

BREAKFAST ALSO INCLUDES FRUIT AND MILK EVERYDAY

MENU SUBJECT TO CHANGE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH INCLUDES MAIN ENTRÉE, FRESH FRUIT & VEGGIES

Fresh Vegetables

Tomatoes, Carrot Sticks, Broccoli, Spinach, Bell Pepper
Cucumber, Celery, Jicama & Sweet Corn

Variety of fruits

Apple Slices, Bananas, Grapes, Oranges, Fruit Mix, Slice Peaches, Diced

1

2



LUNCH
Corn Dog
Crinkle Cut Fries
House Salad
Salad Bar
BREAKFAST
Twin Bar
Cereal & Cracker

LUNCH
Bean & Cheese Burrito
Sun Chips
House Salad
Salad Bar
BREAKFAST
Blueberry Muffin
Cereal & Cracker

LUNCH
Chicken Tostada
Sweet Corn
New "Grizzly Paw Pak"
Salad Bar
BREAKFAST
Mini Waffle
Cereal & Cracker

LUNCH
Cheese Burger
Potato Wedges
Chef Salad
Salad Bar
BREAKFAST
Glazed Donut
Cereal & Cracker

LUNCH
Cheese Pizza
Pepperoni Pizza
Frozen Fruit Cup
Salad Bar
BREAKFAST
French Toast
Cereal & Cracker

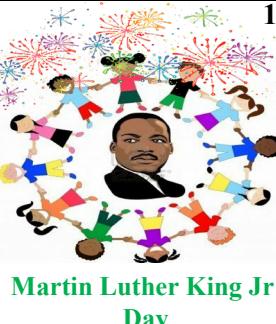
LUNCH
Taco Nada
Sun Chips
Chef Salad
Salad Bar
BREAKFAST
Twin Bar
Cereal & Cracker

LUNCH
Grilled Cheese
Potato Wedge
House Salad
Salad Bar
BREAKFAST
Mini Pancakes
Cereal & Cracker

LUNCH
Bean & Cheese Burritos
Sweet Corn
New "Grizzly Paw Pak"
Salad Bar
BREAKFAST
Twin Bar (WG)
Cereal & Cracker

LUNCH
Pork Ribs
Mashed Potato
Julian Carrots
Salad Bar
BREAKFAST
Chocolate Donut
Cereal & Cracker

LUNCH
Cheese Pizza
Pepperoni Pizza
Frozen Fruit Cup
Salad Bar
BREAKFAST
French Toast
Cereal & Cracker



Martin Luther King Jr
Day

LUNCH
Chicken Nuggets
Tator Tots
Chef Salad
Salad Bar
BREAKFAST
Frudel Strudels
Cereal & Cracker

LUNCH
Baked Pasta
Dinner Roll
New "Grizzly Paw Pak"
Salad Bar
BREAKFAST
Mini Waffles
Cereal & Cracker

LUNCH
Cheese Burger
Crinkle Cut Fries
Green Beans
Salad Bar
BREAKFAST
Mini Pancakes
Cereal & Cracker

LUNCH
Cheese Pizza
Pepperoni Pizza
Frozen Fruit Cup
Salad Bar
BREAKFAST
French Toast
Cereal & Cracker

LUNCH
Mini Corn Dog
Krinkle Fries
Chef Salad
Salad Bar
BREAKFAST
Frudel Strudels
Cereal & Cracker

LUNCH
Teriyaki Chicken
Brown Rice
Sweet Corn
Salad Bar
BREAKFAST
Banana Muffin
Cereal & Cracker

LUNCH
Marinara Dippers
w/Sauce
New "Grizzly Paw Pak"
Salad Bar
BREAKFAST
Twin Bar
Cereal & Cracker

LUNCH
Hot Dog
Krinkle Fries
House Salad
Salad Bar
BREAKFAST
Mini Pancakes
Cereal & Cracker

LUNCH
Cheese Pizza
Pepperoni Pizza
Frozen Fruit Cup
Salad Bar
BREAKFAST
French Toast
Cereal & Cracker