

SUHS COUNSELING AND CAREER CENTER NEWSLETTER

October 2026

www.sutterhuskies.com

MESSAGE FROM THE COUNSELING CENTER

As we move into the college application and financial aid application season, this is your reminder to take personal responsibility for your progress. Be sure to stay on top of deadlines, check in with us regularly, and ask questions if you need guidance.

The quarter grading period ends on October 9. Students and parents, please frequently check your Aeries portal for current grades, missing assignments, and test scores. If you have concerns regarding your grades, please contact your teachers directly for support.

— Sutter Union High School Counselors

It's a great day to be a Husky!



IMPORTANT DATES AND DEADLINES

- **CSU & UC Application Opens:** October 1, 2026
- **FAFSA & CADAA Opens:** October 1, 2026
- **Quarter Grading Period Ends:** October 9, 2026
- **No School (Local Holiday):** October 12, 2026
- **PSAT Exam:** October 27, 2026

YUBA COLLEGE/DUAL ENROLLMENT

- The counseling department is no longer signing dual enrollment request forms for the Fall 2026 semester. Spring 2027 dual enrollment registration will begin at the end of this semester. Exact dates will be posted once they are known.
- Click [HERE](#) to view the 26-27 academic calendar.
- Click [HERE](#) to access your online Yuba College course.
- Click [HERE](#) to purchase your Yuba College textbooks.
- Yuba College technical support contact information:
 - Student help line: (530) 741-6981
 - Email: helpdesk@yccd.edu

TESTING UPDATES

SAT Test

- Register for a nearby SAT testing location [HERE](#).

ACT Test Sign-Up (Juniors and Seniors)

- Test Date: November 3, 2026

PSAT Test (Sophomores and Juniors)

- Test Date: October 27, 2026

SENIOR UPDATES

- CSU & UC application submissions are open from **October 1, 2026 - November 30, 2026**
 - Start your UC campus application [HERE](#).
 - Start your CSU campus application [HERE](#).
- Use **CCCApply** to apply to any of California's 116 community colleges. Please note: Fall 2027 applications open in Spring.
- The Common App is used for private, independent, and out-of-state universities. For information on how to complete your Common App, click [HERE](#).
 - You will need teacher and counselor letters of recommendation for the Common App. Please begin this process now to ensure you meet your deadlines. Please send Common App requests to your counselor:
 - A-L students: bhutchinson@sutterhigh.k12.ca.us
 - M-Z students: mxiong@sutterhigh.k12.ca.us
- Apply for financial aid: **FAFSA** or **CADAA**
 - You must complete the 2027-2028 form.
 - FAFSA: an application operated by the U.S. Department of Education and the Office of Federal Student Aid (FSA) that allows students to qualify for federal, state, and institutional financial aid.
 - CADAA: California's state financial aid application operated by CSAC that allows undocumented and other eligible students to qualify for state and institutional financial aid.
- Counselors will be visiting classrooms once a month to update students on college and career planning.
- The SUHS Counseling office will be hosting college, university, trade school, and military presentations throughout the year.

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JOB LEADS/SCHOLARSHIPS

Students can access a variety of services and resources at the Sutter County One Stop. Please click on or scan the QR code below for a list of available entry-level jobs in our local area.



To view the current list of available scholarships for all students, please click on or scan the QR code below for more information/deadlines.



CAREER TECHNICAL EDUCATION (CTE)

October is an exciting time in College & Career Readiness at Sutter Union High School! Our students are continuing their journey through SUHS's Awareness → Exploration → Validation → Action career readiness continuum, with activities designed specifically for where they are in their high school experience.

Seniors are in the ACTION phase as they begin turning their plans into next steps. They are completing a Career Reality Check, researching scholarships and postsecondary education and training opportunities, examining the California career outlook for occupations they are considering, and beginning to identify and plan for their February Senior Job Shadow experience.

Juniors are in the VALIDATION phase, taking a closer look at whether their interests, pathway choices, and career goals are still the right fit. They are completing their own Career Reality Check, planning for or completing their CTE capstone courses, and preparing for upcoming work-based learning opportunities that will connect them with employers and professionals.

Sophomores are in the EXPLORATION phase and will be completing our Find Your Future career exploration unit. They will dig deeper into careers, education and training options, and the connections between their interests, strengths, high school choices, and possible futures.

Freshmen are building AWARENESS through their new Freshman Focus class. They are beginning the important work of discovering who they are, identifying their interests and strengths, learning about career possibilities, and understanding how the choices they make in high school can open doors for their future.

From freshman year through graduation, our goal is simple: every SUHS student should graduate with more than a diploma. They should understand their options, have meaningful real-world experiences, and leave Sutter High with a plan and the confidence to take their next step.

TRANSCRIPT REQUEST

Please click on or scan the QR code below to place a transcript request.



AERIES/PARENT SQUARE

- **Parent Square:** Download the Parent Square app to stay up to date on notifications and contact teachers, counselors, and administration.



- **Aeries:** Access Aeries portal to monitor grades and attendance. Contact the counseling center to receive your verification code. Click [HERE](#) to access your Aeries account for SUHS.

MENTAL HEALTH RESOURCES

Click on or scan the QR code for a list of our Mental Health Resources.



COUNSELING AND CAREER CENTER CONTACTS

530-822-5161

- **Francesca Ehrk:** (ext. 217) Director of Guidance
- **Bethany Hutchinson:** (ext. 132) School Counselor
- **Maria Rivera Xiong:** (ext. 131) School Counselor
- **Katelyn Allison:** (ext. 127) Student Support Counselor
- **Charm Hopkins:** (ext. 228) CTE Advisor (9-12)
- **Kristy Helzer:** (ext. 214) Registrar/Counseling Secretary