

# JANUARY

## 2026

Murdock Elementary  
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 NO SCHOOL	6 Popcorn Chicken Bean & Cheese Burrito*	7 Grilled Cheese Sandwich* Ham & Cheese Sub	8 Cheese Lasagna & Garlic Breadstick* WUSD PB & J*	9 Pizza Tuna Salad Sandwich*
12 Chicken Patty Sandwich Turkey & Cheese Croissant	13 Pozole w/Chips* WUSD PB & J*	14 Baked Chicken* Ham & Cheese Sub	15 Cheese Quesadilla* WUSD PB & J*	16 Papa Murphy's Pizza Tuna Salad Sandwich*
19 NO SCHOOL	20 Spaghetti* Tuna Salad Sandwich*	21 Orange Chicken Ham & Cheese Sub	22 Chicken Tenders & Biscuit WUSD PB & J*	23 Pizza Tuna Salad Sandwich*
26 Hamburger* Turkey & Cheese Croissant	27 Chicken Parmesan Sub* Ham & Cheese Sub	28 Nachos* WUSD PB & J*	29 Teriyaki Dunkers Grilled Cheese Sandwich*	30 Pizza Tuna Salad Sandwich*

Lunch Includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of half cup serving of Fruit
- Choice of 2 half cup servings of Vegetables
- Salad Bar

This institution is an equal opportunity provider.

Menu is subject to change without notice.

Prepared in-house\*

All Willows Unified School District (WUSD) Students receive 1-free breakfast & lunch daily.