

Menu Name:YCUSD - SNACK

Include Cost:Yes

Site:

Use Alternate Menu Name:No

Thursday - 10/01/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	2000	90	0.50	105	0.00	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$18.921
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			185	0.50	118	22.25	*N/A*	3.50	0.00	0	38.25	0.00	2.00	*N/A*	30.2	0.00	0.70	\$83.738
% of Calories				2.43%		48.11%	*N/A*	17.0%	0.0%		82.7%		4.3%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Friday - 10/02/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	2000	3	0.02	3	0.05	0.05	0.14	0.00	0	0.44	0.05	0.05	*N/A*	0.3	*N/A*	0.02	\$1.060
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
Weighted Daily Average			98	0.02	16	22.30	*0.05	0.14	0.00	0	24.69	0.05	0.05	*N/A*	20.6	*0.00	0.02	\$65.877
% of Calories				0.18%		91.02%	*0.20%	1.3%	0.0%		100.8%		0.2%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Monday - 10/05/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	2000	110	0.50	150	2.00	0.00	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$26.679
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			205	0.50	162	24.25	*0.00	2.50	0.00	0	44.25	2.00	2.00	*N/A*	60.2	0.00	0.70	\$91.496
% of Calories				2.20%		47.32%	*0.00%	11.0%	0.0%		86.3%		3.9%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Tuesday - 10/06/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	2000	220	0.50	320	7.00	0.00	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$5.623

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			315	0.50	332	29.25	*0.00	8.00	0.00	0	59.25	5.00	3.00	*N/A*	70.2	0.00	1.40	\$70.440
% of Calories				1.43%		37.14%	*0.00%	22.9%	0.0%		75.2%		3.8%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Wednesday - 10/07/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	2000	197	0.94	160	2.82	0.00	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$3.766
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	2000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			297	0.94	160	21.82	*0.00	8.46	0.00	0	51.31	7.76	2.82	*0	29.4	8.40	1.30	\$3.766
% of Calories				2.85%		29.39%	*0.00%	25.6%	0.0%		69.1%		3.8%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Thursday - 10/08/2026 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	2000	230	1.50	180	16.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$10.937
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28.35	*0.00	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$10.937
% of Calories				4.53%		35.44%	*0.00%	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Friday - 10/09/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	2000	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$31.313
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			195	1.00	162	*22.25	*N/A*	3.50	0.00	0	38.25	1.00	2.00	*N/A*	40.2	0.00	0.90	\$96.130
% of Calories				4.62%		*45.64 %	*N/A*	16.2%	0.0%		78.5%		4.1%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Monday - 10/12/2026

Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003422 CEREAL FROSTED FLAKES (2.1 OZ)	SERVING	400	220	0.00	300	19.00	19.00	0.00	0.00	0	53.00	2.00	3.00	*N/A*	0.0	*N/A*	11.60	\$7.319
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	400	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$6.494
002839 CEREAL COCOA PUFFS 2OZ 25% LESS SUGAR	EA	400	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$103.900
002840 LUCKY CHARMS GLUTEN FREE 2.0 OZ	EA	400	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$103.158
003389 CINNAMON TOAST CRUNCH REDUCED SUGAR 2OZ	CUP 2OZ.	400	220	0.50	340	12.00	12.00	6.00	0.00	0	43.00	5.00	3.00	*N/A*	130.0	0.00	4.90	\$5.651
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			303	0.10	324	34.85	*8.60	3.10	0.00	0	68.45	3.40	3.20	*N/A*	152.2	*0.00	7.70	\$110.122
% of Calories				0.30%		46.01%	*11.35 %	9.2%	0.0%		90.4%		4.2%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Tuesday - 10/13/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003192 CRACKER, GRAHAMS ALL-SPORT BITES VANILLA	EACH	2000	120	0.00	95	6.00	*N/A*	3.50	0.00	0	20.00	2.00	2.00	*N/A*	13.0	0.00	2.00	\$2.304

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			210	0.11	96	18.35	*0.00	3.83	0.00	0	43.07	4.63	3.10	*3	18.0	8.79	2.26	\$2.304
% of Calories				0.47%		34.95%	*0.00%	16.4%	0.0%		82.0%		5.9%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Wednesday - 10/14/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003217 POPCORN, CHEDDAR WHITE LRG SINGLE SVG (SYSCO)	SERVING	2000	160	2.00	200	0.00	*N/A*	10.00	*N/A*	*N/A*	15.00	2.00	*N/A*	*N/A*	40.0	*N/A*	0.30	\$44.179
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			255	2.00	212	22.25	*N/A*	10.00	*0.00	*0	39.25	2.00	*0.00	*N/A*	60.2	*0.00	0.30	\$108.996
% of Calories				7.06%		34.90%	*N/A*	35.3%	*0.0%		61.6%		*0.0%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Thursday - 10/15/2026 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001013 PRETZEL TINY TWIST 1 OZ	BAG	2000	121	0.00	375	*N/A*	*N/A*	1.01	0.00	0	23.29	0.00	3.04	*N/A*	10.1	0.00	2.13	\$37.430
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	2000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			221	0.00	375	*19.00	*N/A*	1.01	0.00	0	48.29	4.00	3.04	*0	30.1	8.40	2.49	\$37.430
% of Calories				0.00%		*34.39 %	*N/A*	4.1%	0.0%		87.4%		5.5%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Friday - 10/16/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	2000	3	0.02	3	0.05	0.05	0.14	0.00	0	0.44	0.05	0.05	*N/A*	0.3	*N/A*	0.02	\$1.060
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
Weighted Daily Average			98	0.02	16	22.30	*0.05	0.14	0.00	0	24.69	0.05	0.05	*N/A*	20.6	*0.00	0.02	\$65.877
% of Calories				0.18%		91.02%	*0.20%	1.3%	0.0%		100.8%		0.2%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Monday - 10/19/2026

Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003195 COOKIE, ANIMAL CRACKER WG BERRY	EACH	2000	110	0.50	60	*N/A*	*N/A*	3.50	0.00	0	18.00	2.00	2.00	*N/A*	4.0	0.00	1.00	\$2.502
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			205	0.50	72	*22.25	*N/A*	3.50	0.00	0	42.25	2.00	2.00	*N/A*	24.2	0.00	1.00	\$67.319
% of Calories				2.20%		*43.41 %	*N/A*	15.4%	0.0%		82.4%		3.9%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Tuesday - 10/20/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003090 SNACK SUN CHIP CHEDDAR LARGE	BAG	2000	210	1.00	260	3.00	3.00	9.00	0.00	0	28.00	3.00	3.00	*N/A*	20.0	*N/A*	0.70	\$67.846
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			305	1.00	272	25.25	*3.00	9.00	0.00	0	52.25	3.00	3.00	*N/A*	40.2	*0.00	0.70	\$132.663
% of Calories				2.95%		33.11%	*3.93%	26.6%	0.0%		68.5%		3.9%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Wednesday - 10/21/2026

Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	2000	90	0.50	105	0.00	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$18.921
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			185	0.50	118	22.25	*N/A*	3.50	0.00	0	38.25	0.00	2.00	*N/A*	30.2	0.00	0.70	\$83.738
% of Calories				2.43%		48.11%	*N/A*	17.0%	0.0%		82.7%		4.3%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Thursday - 10/22/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003194 COOKIE, BLUEBERRY LEMON BITE WG	EACH	2000	120	0.50	60	8.00	8.00	3.50	0.00	0	21.00	2.00	2.00	*N/A*	5.0	*N/A*	1.00	\$3.309
003292 FRUIT, APPLE SLICES GREEN 2 OZ BAG	EACH	1000	30	*N/A*	*N/A*	4.97	*N/A*	*N/A*	*N/A*	*N/A*	7.96	1.99	*N/A*	*N/A*	26.9	*N/A*	*N/A*	\$0.000
003291 FRUIT, APPLE SLICES RED 2 OZ BAG	SERVING	1000	30	*N/A*	*N/A*	5.97	*N/A*	*N/A*	*N/A*	*N/A*	6.96	1.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			150	*0.50	*60	13.47	*8.00	*3.50	*0.00	*0	28.46	3.49	*2.00	*N/A*	*18.4	*N/A*	*1.00	\$3.309
% of Calories				*3.00%		35.92%	*21.33 %	*21.0%	*0.0%		75.9%		*5.3%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Monday - 10/26/2026 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	2000	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$31.313
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			195	1.00	162	*22.25	*N/A*	3.50	0.00	0	38.25	1.00	2.00	*N/A*	40.2	0.00	0.90	\$96.130
% of Calories				4.62%		*45.64 %	*N/A*	16.2%	0.0%		78.5%		4.1%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Tuesday - 10/27/2026

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	2000	230	1.50	180	16.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$10.937
000068 FRUIT, BANANAS FRESH	EACH	2000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28.35	*0.00	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$10.937
% of Calories				4.53%		35.44%	*0.00%	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Wednesday - 10/28/2026

Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	2000	197	0.94	160	2.82	0.00	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$3.766
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	2000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			297	0.94	160	21.82	*0.00	8.46	0.00	0	51.31	7.76	2.82	*0	29.4	8.40	1.30	\$3.766
% of Calories				2.85%		29.39%	*0.00%	25.6%	0.0%		69.1%		3.8%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Thursday - 10/29/2026 Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	2000	220	0.50	320	7.00	0.00	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$5.623
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			315	0.50	332	29.25	*0.00	8.00	0.00	0	59.25	5.00	3.00	*N/A*	70.2	0.00	1.40	\$70.440
% of Calories				1.43%		37.14%	*0.00%	22.9%	0.0%		75.2%		3.8%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

Friday - 10/30/2026 Reimbursable Meal Total 2000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	2000	110	0.50	150	2.00	0.00	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$26.679
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	1000	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$63.518
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	500	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$68.715
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	500	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$63.518
Weighted Daily Average			205	0.50	162	24.25	*0.00	2.50	0.00	0	44.25	2.00	2.00	*N/A*	60.2	0.00	0.70	\$91.496
% of Calories				2.20%		47.32%	*0.00%	11.0%	0.0%		86.3%		3.9%					
Weekly Nutrient Guideline			0 - 0	<0	<=0		<0											

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		232	*0.68	*175	*23.64	*0.94	*4.80	*0.00	*0	45.72	3.11	*2.30	*0	*41.6	*2.46	*1.33	\$62.234
% of Calories			*2.64%		*40.76 %	*1.62%	*18.6%	*0.0%		78.8%		*4.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.