## Daily Bulletin

October 1, 2025

Slideshow LINK with Music \*SDUHSD Accounts Only\*

PLEASE RISE FOR THE PLEDGE OF ALLEGIANCE



#### The Pledge of Allegiance

I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.



#### Wednesday, October 1st, 2025

Time	Period
10:00 – 11:07 am	1
11:15 am – 12:26 pm	2
12:26 – 1:00 pm	Lunch
1:08 – 2:15 pm	3
2:23 – 3:30 pm	4

Today is a Late Start Bell Schedule!





## FALL CONCERN

SEPTEMBER

30

JAZZ AND CHOIR OCTOBER

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ORCHESTRAS

OCTOBER

2

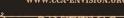
BANDS

#### SERIES

7 PM, CCA PROSCENIUM THEATER

TICKETS AVAILABLE AT THE DOOR OR ONLINE

WWW.CCA-ENVISION.ORG





#### Zen Week Schedule

Monday: Rock Stacking

Join us in the lower quad for some serene
and calming rock stacking.





Tuesday: Mini Zen Gardens

Join us in the lower quad to make your own
personalized mini zen garden.

Wednesday: Wear a Cool Color for a Sand Cup

People wearing green, blue, or purple will receive a zen garden themed pudding cup





Thursday: Giant Bubbles

Join us in the quad to blow giant
bubbles!

Friday: Leaf Art

Come to the lower quad during lunch to cut out leaves and decorate them.



## GET A SAND Lower Quad Lunch See you there! As part of Zen Week By PALs



#### Fall College Visits for Seniors and Juniors

Join us at the College & Career Center to meet college representatives and explore your options!

#### **Upcoming Visits:**

<ul> <li>Indiana University Bloomington</li> </ul>	10/1/2025	9:30 am - 10:00 am
<ul> <li>Pepperdine University</li> </ul>	10/2/2025	9:30 am - 10:00 am
<ul> <li>Seattle University</li> </ul>	10/2/2025	11:10 am - 11:40 am
<ul> <li>Soka University of America</li> </ul>	10/2/2025	11:45 am - 12:15 pm
<ul> <li>The New School - Parsons</li> </ul>	10/3/2025	9:30 am - 10:00 am
<ul> <li>Hampden Sydney College</li> </ul>	10/3/2025	11:45 am - 12:15 pm

This list is updated frequently! Find the full schedule and register for visits on the school website: Academics & Programs > Counseling > College/Career > College Visits - Check the spreadsheet for registration links.

Don't miss the chance to learn about programs, scholarships, and campus life!

#### MiraCosta College Ambassador



#### Our MiraCosta College Ambassador is here to help!

Students and parents can schedule a one-on-one appointment to get answers about MiraCosta programs, admissions, and resources—with guidance tailored to your needs.

**When:** Every Thursday, 12:15 – 3:15 PM

Where: College & Career Center

Schedule your appointment here: MiraCosta

**Ambassador** 



#### Fall AP Exam Registration and Payment now open!

- Deadline to pay for Quarter 1 exams is October 3rd!
- You MUST 1. Register on MyAP with your teacher join code AND
   2. Pay for the exam on Total Registration in order to test in May.
- Spring AP Exam Registration and Payment will open Jan 21, 2026 for Quarter 2, 3, 4 courses.

Reach out to the CCA testing Coordinator, Seren Helm, with any questions. seren.helm@sduhsd.net



## AVAZING RACE

TEAMS OF 4 RACE AROUND CAMPUS



COMPETE TO GET FREE FOOD

FRIDAY
\* OCTOBER 3 \*

@LUNCH IN LOWER QUAD





**FUNDRAISER** 

**Support CCA Class of 2026** 

Wednesday, October 1st

10:00AM - 10:00PM

Show **FLYER** from @ccaclassof2026 instagram at the register or use promo code **DONATE** 

**ONE PASEO** 

3705 Paseo Pl Suite 1140 | San Diego, CA 92130

## WHAT IS NO PLACE FOR HATE? (8 WHY IS IT RELEVANT TO CCA?)



#### No Place 4 Hate

No Place for Hate is a collaborative initiative that provides Pre-K-12 schools with an organizing framework for students, administrators, teachers and family members to develop long-term solutions for creating and maintaining an inclusive and equitable school climate.



CCA is committed to being Caring, Confident and Accepting. We care about ALL of our students, we are confident we are committed to the safety and wellbeing of ALL students, and we accept EVERY student for who they are.





Tuesday 7:15-8:15AM in B205 with Mr. Fisher

Tuesday 3:30-4:30PM in E103 with Ms. Parsons

Thursday 7:15-8:15AM in E104 with Mr. Happ

Thursday 3:30-4:30PM in E204 with Mr. Carrillo

Supporting All Math Subjects

## Seniors, submit your Senior Quote!

DUE NOVEMBER 22!

GOOGLE FORM LINK IN OUR BIO!

WE WILL NOT ACCEPT ANY LATE RESPONSES!

## Senior Quotes due November 22nd!



## FRESHMEN AND SOPHOMORE COMMUNITY DAYS!!

When: October 28<sup>th</sup> Freshman and October 29<sup>th</sup>

sophomore

What: A full day event focused around bonding with your graduating class through fun games and activities





It is an excused absence, and teachers are supportive of the event!

Free Jersey Mikes and snacks throughout the day

#### FRESHMEN AND SOPHOMORE **COMMUNITY DAYS!!**

#### SIGN UP BELOW!







FRESHMAN SOPHOMORE



**LEADER** 



**SPEAKER** 

# Do you have diabetes?

SIGN UP TO BE FEATURED IN OUR VIDEO SERIES PROJECT "SWEET STORIES" BY THE SWEET RELIEF CLUB!

A COLLAB WITH THE NONPROFIT "CHILDREN WITH DIABETES"

FOR YOUTH WITH T1D & T2D







INTERESTED?
FILL OUT THE FORM!!

### PALS Peer Counselina

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Want someone to talk to?

Reach out to a PAL!



High school can be a difficult adjustment, we know the feeling! Come talk with us about anything on your mind! For more info click <u>here</u> or scan the QR code!





### CCApeer TUTORING

- Free tutoring by quality tutors!
- One-on-one sessions for any subject
- Flexible schedules to meet online or in person
- Become a tutor and help others
- Earn volunteer hours and build your resume

Visit our website for more information!





#### **Have announcements for the Daily**

- Bulletin apart of a club or organization on campus, a club officer or club advisor can send a Google Slide with information that you would like posted to the Clubs Commissioner, clubs@ccaasb.com, or to the ASB Director, tanner.kortman@sduhsd.net, by 3:30pm of the day before you would like the slide to play.
  - Slides cannot play for more than 3 consecutive days, and Club Meeting slides generally post only on the day of the meeting unless there are extenuating circumstances.
  - Any physical posters or flyers must be approved and stamped by ASB Executive Vice President, Eire Chen, and can be posted on the bulletin boards or Gym building windows using painters tape.



**Current Bulletin Theme Solving Standings Top Classes** 

<u>Class</u>	<u>Place</u>	<u>Points</u>
Hare	1st	10
Celniker	2nd (tie)	9
Dobashi	2nd	9
Shakeri	4th	7
Eddingfield	5th (tie)	6
Shay	5th	6
Sevilla	7th	5
Brown, Shane	8th (tie)	4
Gross	8th	4
Gilbert	10th	3
Parsons	11th (tie)	2
Perisic	11th	2

**RULES**: Two points are awarded to the class or classes that solve first (defined as Day #1 and can be any day from Monday to Wednesday), and one point is awarded for any solve after Day #1. Only one guess allowed per day except on Thursdays on which unlimited guesses are allowed, and solves on Thursday can only earn one point.

Theme guesses can be emailed by the teacher (or one designated student in case of teacher absence) to Tanner.Kortman@sduhsd.net by the end of 2nd period.

HELP KEEP CCA SAFE!

## IF YOU SEE SOMETHING. SAY SOMETHING.

# Today's Music: "Yummy, Yummy, Yummy" by Ohio Express

