

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

Menu Name:	Nutrient Info Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 08/03/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	92.95
001039 TOTAL			
001879 2-Milk, Chocolate,	8 oz	1	22.00

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Crystal Cream			
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001039 TOTAL			
001036 .			
Weighted Daily Average			405.57
% of Calories			53.1%
Weekly Nutrient Guideline			

Tuesday - 08/04/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
001828 2-Salad, Chicken Caesar w/ roll	each	1	39.77
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001104 2-Wrap,Spicy Chicken	1 each	1	55.32
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95

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Aug 3, 2026 thru Aug 31, 2026

990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			100.37
% of Calories			46.0%
Weekly Nutrient Guideline			

Wednesday - 08/05/2026 Reimbursable Meal Total 4

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Aug 3, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990654 BBQ Pulled Chicken Sandwich	serving	1	63.06
990506 2-Vegetarian Pasta Salad	servings	1	55.45
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet,	1 each	1	2.00

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Aug 3, 2026 thru Aug 31, 2026

9 gram			
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			117.13
% of Calories			51.3%
Weekly Nutrient Guideline			

Thursday - 08/06/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990644 Sweet/Sour Beef w/Veggie Rice	serving	1	92.62
990655 Popcorn Chicken w/ Fries & Dinner Roll	serving	1	50.39
990641 Grilled Cheese & Tomato Soup	serving	1	54.29
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
001036 .			

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Aug 3, 2026 thru Aug 31, 2026

001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			122.05
% of Calories			53.1%
Weekly Nutrient Guideline			

Friday - 08/07/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990657 Chili Cheese Bean Tots w/Roll	serving	1	75.54
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			

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Aug 3, 2026 thru Aug 31, 2026

002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			106.25
% of Calories			51.9%
Weekly Nutrient Guideline			

Monday - 08/10/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990653 Nashville Hot Tenders	serving	1	64.12
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	44.00

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990530 2-Pizza, Cheese - Homemade	each	1	32.23
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	4	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
003505 2-Carrots, Baby	1/2 cup	4	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	92.95
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00

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Aug 3, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			139.08
% of Calories			55.4%
Weekly Nutrient Guideline			

Tuesday - 08/11/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	58.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000733 2-Sesame Chicken Salad w/ roll	serving	1	39.22
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18

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Aug 3, 2026 thru Aug 31, 2026

003505 2-Carrots, Baby	1/2 cup	4	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			101.24
% of Calories			49.0%
Weekly Nutrient Guideline			

Wednesday - 08/12/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990425 2-Spaghetti w/Meatballs (All Natural)	serving	1	58.93
990376 2-Meatless Pasta-spaghetti	serving	1	50.77
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001231 2-Vegetarian Wrap	1 each	1	47.28
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			

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Aug 3, 2026 thru Aug 31, 2026

001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			114.94
% of Calories			43.8%
Weekly Nutrient Guideline			

Thursday - 08/13/2026 Reimbursable Meal Total 4

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	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990639 Birria Ramen	Servings	1	62.23
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2- Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet,	ea	2	1.00

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12 gram			
Weighted Daily Average			112.47
% of Calories			52.3%
Weekly Nutrient Guideline			

Friday - 08/14/2026Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990622 2-Pozole Chicken Verde	serving	1	70.66
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	46.94
990625 Wrap, Mac Burger	1 each	1	48.62
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			

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Aug 3, 2026 thru Aug 31, 2026

001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			107.39
% of Calories			51.3%
Weekly Nutrient Guideline			

Monday - 08/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98

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002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	92.95
001039 TOTAL			
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001039 TOTAL			
001036 .			
Weighted Daily Average			405.57
% of Calories			53.1%
Weekly Nutrient Guideline			

Tuesday - 08/18/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
001828 2-Salad, Chicken Caesar w/ roll	each	1	39.77

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Aug 3, 2026 thru Aug 31, 2026

990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001104 2-Wrap,Spicy Chicken	1 each	1	55.32
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	1	1.00
Weighted Daily Average			100.37
% of Calories			46.0%
Weekly Nutrient Guideline			

Wednesday - 08/19/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990654 BBQ Pulled Chicken Sandwich	serving	1	63.06
990506 2-Vegetarian Pasta Salad	servings	1	55.45
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98

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Aug 3, 2026 thru Aug 31, 2026

990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			117.13
% of Calories			51.3%
Weekly Nutrient Guideline			

Thursday - 08/20/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990644 Sweet/Sour Beef w/Veggie Rice	serving	1	92.62
990655 Popcorn Chicken w/ Fries & Dinner Roll	serving	1	50.39
990641 Grilled Cheese & Tomato Soup	serving	1	54.29
000013 2-PB&J Sandwich Lunch	1 each	1	65.95

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			122.05
% of Calories			53.1%
Weekly Nutrient Guideline			

Friday - 08/21/2026

Reimbursable Meal Total 4

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	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990657 Chili Cheese Bean Tots w/Roll	serving	1	75.54
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990117 2-Pizza, Pepperoni-homemade	each	1	32.23
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00

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Weighted Daily Average			106.25
% of Calories			51.9%
Weekly Nutrient Guideline			

Monday - 08/24/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990653 Nashville Hot Tenders	serving	1	64.12
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	44.00
990530 2-Pizza, Cheese - Homemade	each	1	32.23
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	4	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
003505 2-Carrots, Baby	1/2 cup	4	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	92.95
001036 .			
001039 TOTAL			

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001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			139.08
% of Calories			55.4%
Weekly Nutrient Guideline			

Tuesday - 08/25/2026

Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	58.86
002174 2-Turkey & Cheese Sandwich	1 each	1	39.36
000733 2-Sesame Chicken Salad w/ roll	serving	1	39.22
002524 2-Corn Dog-only	1 each	1	30.00
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			

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Aug 3, 2026 thru Aug 31, 2026

001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
001676 2-Beans, Green, canned	1/2 cup	1	4.18
003505 2-Carrots, Baby	1/2 cup	4	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			101.24
% of Calories			49.0%
Weekly Nutrient Guideline			

Wednesday - 08/26/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990425 2-Spaghetti w/Meatballs (All Natural)	serving	1	58.93

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Aug 3, 2026 thru Aug 31, 2026

990376 2-Meatless Pasta-spaghetti	serving	1	50.77
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	35.44
001231 2-Vegetarian Wrap	1 each	1	47.28
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	4	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	4	4.98
990350 2-Chickpeas Roasted, Italian Seasoning	Serving-1/2 cup	1	19.85
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
000802 2-Mayo, packet, 9g	each	1	0.00

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			114.94
% of Calories			43.8%
Weekly Nutrient Guideline			

Thursday - 08/27/2026 Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990639 Birria Ramen	Servings	1	62.23
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.44
990095 2-Burrito, Los Cabos-Lunch	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	4	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	4	2.09
001681 2-Corn	1/2 cup	4	16.61

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	2.44
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
001870 2-Ranch packet, 12 gram	ea	2	1.00
Weighted Daily Average			112.47
% of Calories			52.3%
Weekly Nutrient Guideline			

Friday - 08/28/2026Reimbursable Meal Total 4

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990622 2-Pozole Chicken Verde	serving	1	70.66
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	46.94
990625 Wrap, Mac Burger	1 each	1	48.62
990346 2-Breaded Cheese Pocket	serving	1	28.99
000013 2-PB&J Sandwich Lunch	1 each	1	65.95

Base Menu Spreadsheet

Portion Values

Aug 3, 2026 thru Aug 31, 2026

990392 Other			
001039 TOTAL			
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94
004515 2-Juice, Apple (4oz.)	1/2 cup	4	13.00
000275 2-Peas	1/2 cup	1	16.38
003505 2-Carrots, Baby	1/2 cup	1	6.07
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	2	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			107.39
% of Calories			51.3%
Weekly Nutrient Guideline			

Monday - 08/31/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990431 2-Teriyaki Chicken w/rice Kit	Servings	1	56.38
990117 2-Pizza, Pepperoni-homemade	each	1	32.23

Base Menu Spreadsheet

East Side Union High School District

Portion Values

Aug 3, 2026 thru Aug 31, 2026

002018 2-Honey BBQ Pork Rib Sandwich	each	1	42.14
990557 2-Burrito, Los Cabos	each	1	40.86
000013 2-PB&J Sandwich Lunch	1 each	1	65.95
990392 Other			
001039 TOTAL			
001036 .			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
003505 2-Carrots, Baby	1/2 cup	1	6.07
990136 2-Beans, Seasoned Pinto	1/2 cup	1	92.95
001039 TOTAL			
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	0.00
001870 2-Ranch packet, 12 gram	ea	1	1.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
001039 TOTAL			

Portion Values

Aug 3, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001036 .			
Weighted Daily Average			405.57
% of Calories			53.1%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		155.17
% of Calories		51.3%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.