



Glide Elementary School Menu October 2026

Students must choose 3 of 4 Breakfast Items
1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup

Everyday Lunch Choices

Peanut or Sun Butter & Jelly Sandwich

Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk.
All grains offered are whole grain.

Breakfast and lunch are available at No Charge to Students

			1 Breakfast: Sausage Pancake on a Stick or Creamy Yogurt w/WG Graham Crackers Lunch: Cheesy Breadsticks w/Tangy Red Sauce or Turkey and Cheddar Wrap	2 No School on Friday
5 Breakfast: WG Bagel w/Cream Cheese or Ultimate WG Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger with Fries or Ham and Cheddar Sandwich	6 Breakfast: WG Pancakes w/Fruit Cup or PNW Pear Smoothie Lunch: Soft Taco or Taco Salad	7 Breakfast: Apple Frudel or Peachy Parfait Lunch: Texas Chili w/Cornbread or Fishpatrick's Tuna Sub	8 Breakfast: Ham, Egg, & Cheese English Muffin or Creamy Yogurt w/WG Graham Crackers Lunch: Orange Chicken w/Brown Rice or Ham and Cheese Sub	9 No School on Friday
12 Breakfast: WG Bagel w/Cream Cheese or Ultimate WG Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger with Fries or Chef Salad w/WG Roll	13 Breakfast: WG Blueberry Muffin or Strawberry Banana Smoothie w/WG Graham Crackers Lunch: Burrito Bowl w/Brown Rice or Turkey and Cheddar Sandwich	14 Breakfast: WG Pancakes w/Fruit Cup or WG Bagel w/Cream Cheese EARLY RELEASE! Lunch: Corndog or Peanut Butter and Jelly Sandwich	15 Parent Teacher Conferences No School	16 No School on Friday
19 Breakfast: WG Bagel w/Cream Cheese or Ultimate WG Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger with Fries or Ham and Cheddar Sandwich	20 Breakfast: WG Pancakes w/Fruit Cup or Blueberry Smoothie Lunch: Walking Nachos or Taco Salad	21 Breakfast: Apple Frudel or Peachy Parfait Lunch: Sloppy Joes w/Fries or American Sub	22 Breakfast: Ham, Egg, & Cheese Breakfast Burrito or Creamy Yogurt w/WG Graham Cracker Lunch: Pizza Day! Pepperoni or Cheese Pizza or Ham and Cheese Sub	23 No School on Friday
26 Breakfast: WG Bagel w/Cream Cheese or Ultimate WG Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger with Fries or Chef Salad w/WG Roll	27 Breakfast: WG Blueberry Muffin or Hulk Smoothie w/WG Graham Crackers Lunch: Bean & Cheese Burrito – V or Fishpatrick's Tuna Sub	28 Breakfast: Breakfast Burrito or WG Bagel w/Cream Cheese Lunch: Meatball Sub w/Fries or Chef Salad w/WG Roll	29 Breakfast: WG Pancakes w/Fruit Cup or Creamy Yogurt w/WG Graham Crackers Lunch: Halloween Nuggets w/Fries or Ham and Cheese Sub	30 No School on Friday 

Menu subject to change



This institution is an equal opportunity provider.