

Menu Name:

AP & YCC 9-12 LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 06/09/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Tuesday - 06/10/2025

Reimbursable Meal Total 100

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	100	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			972	14.24	1840	*42	*N/A*	31.04	*0.00	121	123.35	16.22	52.84	0	471.9	41.52	*3.72	\$0.000
% of Calories				13.19 %		*17.3%	*N/A*	28.7%	*0.0%		50.8%		21.7%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Wednesday - 06/11/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	100	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			828	7.21	1478	*40	*N/A*	18.64	*0.00	80	122.24	16.40	45.88	0	488.8	49.27	4.68	\$0.000
% of Calories				7.84%		*19.3%	*N/A*	20.3%	*0.0%		59.1%		22.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Thursday - 06/12/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002174 SANDWICH, CHICKEN SALAD	SANDWICHE S	100	382	3.53	480	*4	*N/A*	18.27	*0.00	80	31.45	2.29	22.26	*N/A*	16.0	0.73	1.76	\$0.000
000463 VEG, PICKLES DILL SPEAR	4 EACH = 1/2CUP	100	0	0.00	849	*N/A*	*N/A*	0.00	0.00	0	4.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			663	3.86	1624	*38	*N/A*	19.16	*0.00	87	93.07	9.53	35.10	0	383.2	33.37	2.60	\$0.000
% of Calories				5.24%		*22.9%	*N/A*	26.0%	*0.0%		56.2%		21.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Friday - 06/13/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Monday - 06/16/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Tuesday - 06/17/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	100	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			972	14.24	1840	*42	*N/A*	31.04	*0.00	121	123.35	16.22	52.84	0	471.9	41.52	*3.72	\$0.000
% of Calories				13.19 %		*17.3%	*N/A*	28.7%	*0.0%		50.8%		21.7%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Wednesday - 06/18/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	100	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			828	7.21	1478	*40	*N/A*	18.64	*0.00	80	122.24	16.40	45.88	0	488.8	49.27	4.68	\$0.000
% of Calories				7.84%		*19.3%	*N/A*	20.3%	*0.0%		59.1%		22.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Friday - 06/20/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Monday - 06/23/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Tuesday - 06/24/2025

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SAND, TURK HAM CHEE W/CHIP	SANDWICH	100	681	13.91	1541	*8	*N/A*	30.15	*0.00	114	63.66	8.46	39.49	*N/A*	97.3	3.70	*2.68	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			972	14.24	1840	*42	*N/A*	31.04	*0.00	121	123.35	16.22	52.84	0	471.9	41.52	*3.72	\$0.000
% of Calories				13.19 %		*17.3%	*N/A*	28.7%	*0.0%		50.8%		21.7%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Wednesday - 06/25/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SAND, TURK SLICE WG W/CHIP	SANDWICH	100	537	6.87	1179	*6	*N/A*	17.75	*0.00	72	62.54	8.64	32.52	*N/A*	114.2	11.45	3.65	\$0.000
000510 VEG, LETT & TOMATO CUP	3/4 CUP	100	9	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	2.11	0.51	0.51	*N/A*	7.3	5.18	0.18	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			828	7.21	1478	*40	*N/A*	18.64	*0.00	80	122.24	16.40	45.88	0	488.8	49.27	4.68	\$0.000
% of Calories				7.84%		*19.3%	*N/A*	20.3%	*0.0%		59.1%		22.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

Thursday - 06/26/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002174 SANDWICH, CHICKEN SALAD	SANDWICHE S	100	382	3.53	480	*4	*N/A*	18.27	*0.00	80	31.45	2.29	22.26	*N/A*	16.0	0.73	1.76	\$0.000
000463 VEG, PICKLES DILL SPEAR	4 EACH = 1/2CUP	100	0	0.00	849	*N/A*	*N/A*	0.00	0.00	0	4.04	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			663	3.86	1624	*38	*N/A*	19.16	*0.00	87	93.07	9.53	35.10	0	383.2	33.37	2.60	\$0.000
% of Calories				5.24%		*22.9%	*N/A*	26.0%	*0.0%		56.2%		21.2%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

Friday - 06/27/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS-PBJ GRAPE LUNCH	EACH	50	856	7.00	817	*48	*N/A*	39.00	*0.00	0	113.90	14.48	20.74	*N/A*	140.1	14.59	4.38	\$0.000
002893 HS-PBJ STRAWBERRY LUNCH	EACH	50	846	8.00	817	*49	*27	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$0.000

Base Menu Spreadsheet

Portion Values

Jun 9, 2025 thru Aug 12, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000450 VEG, CARROTS BABY	BAG	100	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
002015 HS- VEG SIDE SALAD	1 CUP	100	70	0.00	142	*3	*N/A*	0.31	*0.00	0	14.06	3.74	2.95	*N/A*	21.2	5.26	0.28	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	50	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	25	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	25	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	80	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	20	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
Weighted Daily Average			1158	7.83	1170	*82	*14	38.89	*0.00	7	177.37	23.19	34.32	0	532.5	53.42	5.40	\$0.000
% of Calories				6.09%		*28.3%	*4.8%	30.2%	*0.0%		61.3%		11.9%					
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		977	9	1444	*58	*6	30.05	*0.00	58	141.94	18.29	40.88	0	489	47.12	*4.49	\$0.000
% of Calories			7.83%		*23.7%	*2.5%	27.7%	*0.0%		58.1%		16.7%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.