

# Wheatland Menu October 2026

| Mon                                                                                                                         | Tue                                                                                                                         | Wed                                                                                                                                            | Thu                                                                                                                                              | Fri                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <p><i>This institution is an equal opportunity provide This menu subject to change without notice</i></p>                   |                                                                                                                             |                                                                                                                                                | <p>1 Cereal w/Graham or Sausage Biscuit</p> <p>Hamburger or Cheeseburger, Three Bean Salad, Salad Bar, Choice of Fruit, Milk</p>                 | <p>2 Cereal w/Graham or Cinnamon Roll</p> <p>Stuff Crust Pizza, Salad Bar, Choice of Fruit, Choice of Milk</p>  |
| <p>5 Cereal w/Graham or Butter-milk Bar</p> <p>Chicken Sandwich, Salad Bar, Choice of Fruit, Milk</p>                       | <p>6 Cereal w/Graham or Parfet</p> <p>Bean and Cheese Nacho w/ Dinner Roll, Salad Bar, Choice of Fruit, Choice of Milk</p>  | <p>7 Cereal w/Graham or Bagel and egg Sandwich</p> <p>Baked Potato, Broccoli and Cheese Sauce or Chili and Cheese, Salad Bar, Fruit, Milk</p>  | <p>8 Cereal w/Graham or Egg and Cheese Wheatland</p> <p>Cajun Chicken Sub Sandwich, Cilantro Lime Rice, Salad Bar, Choice of Fruit, Milk</p>     | <p>9 Cereal w/Graham or Cinnamon Roll</p> <p>Stuff Crust Pizza, Salad Bar, Choice of Fruit, Choice of Milk</p>  |
| <p>12 Cereal w/Graham or Butter-milk Bar</p> <p>Hamburger or Cheeseburger, Corn Salad, Salad Bar, Choice of Fruit, Milk</p> | <p>13 Cereal w/Graham or Pancake w/Syrup</p> <p>Chicken Fajita, Refried Beans and Cheese, Salad Bar, Fruit, Milk</p>        | <p>14 Cereal w/Graham or Omelet and Toast</p> <p>Baked Ziti w/Dinner Roll, Salad Bar, Choice of Fruit, Choice of Milk</p>                      | <p>15 Cereal w/Graham or Sausage Biscuit</p> <p>Toasted Cheese Sandwich w/ Soup, Salad Bar, Choice of Fruit, Milk</p>                            | <p>16 Cereal w/Graham or Cinnamon Roll</p> <p>Stuff Crust Pizza, Salad Bar, Choice of Fruit, Choice of Milk</p> |
| <p>19 Cereal w/Graham or Butter-milk Bar</p> <p>Nuggets w/Dinner Roll, Hot Vegetables, Salad Bar, Choice of Fruit, Milk</p> | <p>20 Cereal w/Graham or Parfet</p> <p>Bean and Cheese Nacho w/ Dinner Roll, Salad Bar, Choice of Fruit, Choice of Milk</p> | <p>21 Cereal w/Graham or Bagel and Egg Sandwich</p> <p>Baked Potato, Broccoli and Cheese Sauce or Chili and Cheese, Salad Bar, Fruit, Milk</p> | <p>22 Cereal w/Graham or Egg and Cheese Mc Wheatland</p> <p>Cajun Chicken Sub Sandwich, Cilantro Lime Rice, Salad Bar, Choice of Fruit, Milk</p> | <p>23 Cereal w/Graham or Cinnamon Roll</p> <p>Stuff Crust Pizza, Salad Bar, Choice of Fruit, Choice of Milk</p> |
| <p>26 Cereal w/Graham or Butter-milk Bar</p> <p>Hot Dog, Baked Beans, Salad Bar, Choice of Fruit, Milk</p>                  | <p>27 Cereal w/Graham or Pancake w/Syrup</p> <p>Chicken Fajita, Refried Beans and Cheese, Salad Bar, Fruit, Milk</p>        | <p>28 Cereal w/Graham or Omelet and Toast</p> <p>Baked Ziti w/Dinner Roll, Salad Bar, Choice of Fruit, Choice of Milk</p>                      | <p>29 Cereal w/Graham or Sausage Biscuit</p> <p>Toasted Cheese Sandwich w/ Soup, Salad Bar, Choice of Fruit, Milk</p>                            | <p>30 Cereal w/Graham or Cinnamon Roll</p> <p>Stuff Crust Pizza, Salad Bar, Choice of Fruit, Choice of Milk</p> |