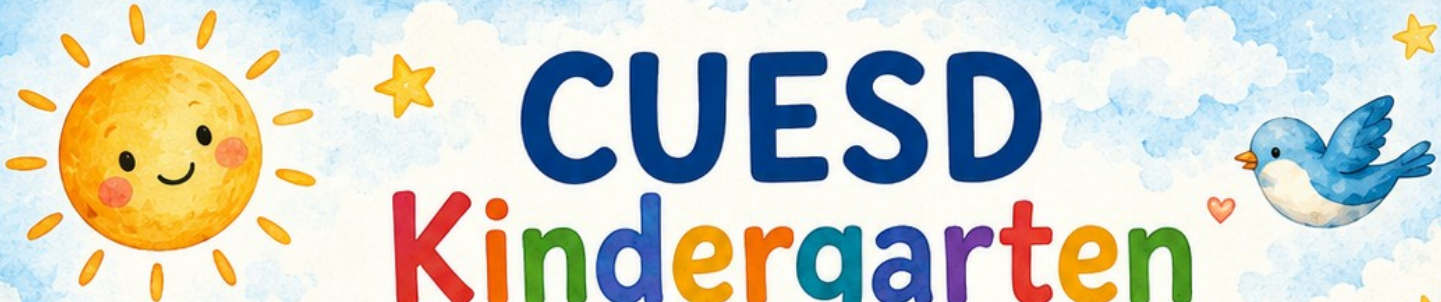




# CUESD Kindergarten Readiness Checklist



## Skills to Practice Before Kindergarten



**Every child grows and learns at their own pace.**

This checklist is a helpful guide for practicing skills at home — not a list of required skills.

### 1 Independence Skills

- ☐ Uses the restroom independently
- ☐ Washes hands and manages personal needs
- ☐ Opens lunch or snack items with minimal help
- ☐ Puts on and takes off a jacket or backpack
- ☐ Follows daily routines
- ☐ Takes care of personal belongings



### 2 Social-Emotional Skills

- ☐ Separates from a parent or caregiver with support
- ☐ Takes turns and shares
- ☐ Follows 2-step directions
- ☐ Participates in group activities
- ☐ Uses words to solve simple problems
- ☐ Shows kindness and respect to others



### 3 Early Academic Skills

- ☐ Recognizes and writes first name
- ☐ Recognizes many letters, especially in own name
- ☐ Begins to identify letter sounds
- ☐ Counts objects and recognizes some numbers
- ☐ Identifies basic colors and shapes
- ☐ Enjoys listening to stories and talking about them



### 4 Ways Families Can Help

- ☐ Read together every day
- ☐ Practice writing first name
- ☐ Count, talk, sing, and play together
- ☐ Encourage independence with daily tasks



**You are your child's first and most important teacher.**

Together, we can help your child begin kindergarten with confidence!

