# **Tex Hill Middle School**

# Emergency Action Plan

Accidents and injuries are inherent with sports participation and emergencies may arise at any time during athletic events. An emergency plan helps ensure that the best care is provided.

Tex Hill Athletics has an emergency plan that may be implemented when necessary to provide appropriate standards of emergency care to sports participants. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency personnel, and continuing education and planning. Hopefully, through careful pre-participation physical screenings, adequate coverage, safe practice and training techniques and other safety measures, potential emergencies may be averted.

### **Emergency Personnel**

Tex Hill Coaches are CPR and First Aid trained as well as certified in Concussion Protocol consistent with NEISD requirements.

## **Emergency Team Roles**

- 1. Immediate care of the athlete
- 2. Emergency equipment retrieval
- 3. Activation of Emergency Medical System
- 4. Direction of EMS to scene
- 5. Scene Control

#### Chain of Command

The Tex Hill coaching staff will act as the primary care givers at the site of injury or accident (unless high school trainers are on-site) and would manage the situation according to the following rank:

- 1. Head Coach
- 2. Assistant Coach
- 3. NEISD personnel (administration, police, nurse, teacher, etc.)
- 4. Assigned Student-Athlete / Student Trainer

If a severe medical emergency occurs, immediately call 911 to activate the emergency medical system. School administration should be notified immediately.

Activation of EMS - Call 911 (If calling from school phone dial 9-911)

- 1. Caller name, 21314 Bulverde Road, caller's phone number
- 2. Number of athletes
- 3. Condition of athletes
- 4. Emergency first aid initiated
- 5. Specific directions to location
- 6. Other information as requested
- 7. Do not hang up unless told to do so by the operator

#### **Emergency Equipment**

All emergency equipment will either be on site or readily accessible. All athletic training personnel and coaches will be familiar with the operation and function of all equipment. Regular training will be provided to all athletic training personnel and coaches. Equipment will be checked on a regular basis and will be in good operating condition. All equipment will be cleaned, maintained, and stored in a controlled and readily available location.

#### **Equipment**

- 1. Ice and wraps
- 2. Sling/splint
- 3. Automated External Defibrillator (AED)\*
- 4. Wound care supplies
- 5. Personal Protective Equipment (PPE)

## **Transportation**

In an emergency, the chain of command will identify the need for emergency intervention and transportation. To ensure that the student-athlete receives care by trained personnel with necessary equipment, unstable student-athletes will be transported by EMS and not by inappropriate vehicles. A coach, when applicable, will accompany the student-athlete to the emergency room.

## Tex Hill Gymnasium, Soccer, Tennis, Track & Field, Football and Practice Fields

#### **Emergency Information**

- 1. Caller name, 21314 Bulverde Road, caller's phone number
- 2. Number of athletes
- 3. Condition of athletes
- 4. Emergency first aid initiated
- 5. Specific directions to location
- 6. Other information as requested
- 7. Do not hang up unless told to do so by operator

#### **Venue Directions**

**South Entrance:** From Bulverde Rd., enter the south entrance at 21314 Bulverde Rd. (no traffic light). The fields are located behind the main gym.

Entrance to athletics fields and main gym:

- 1. <u>Athletic fields</u>; <u>Bulverde Rd.</u> (south entrance) take a left onto the practice field just before the tennis courts.
- 2. <u>Main gym</u>; Bulverde Rd. (south entrance) take a left into first parking lot just after the tennis courts; continue through south gate to the far north end of the athletic concourse.

**North Entrance:** From Bulverde Rd., enter the north entrance at 21314 Bulverde Road (traffic light). The fields are located behind the main gym.

Entrance to the athletic fields and main gym:

- 1. <u>Athletic fields</u>; <u>Bulverde Rd. (north entrance)</u> take the main drive completely around the school to the south side of the campus; follow the road just past the tennis courts and make a right onto the practice field.
- 2. <u>Main gym; Bulverde Rd (north entrance)</u> take main drive right at the campus marque; turn right into the coach's parking lot.