



**Glide High  
School 2026**

<p><b>Students must choose 3 of 4 Breakfast Items</b>  <b>1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup</b></p>	<p style="text-align: center;"><b>Everyday Lunch Choices</b></p> <p style="text-align: center;">Peanut or Sun Butter &amp; Jelly Sandwich</p> <p style="text-align: center;"><b>Lunch: Students must choose 3 of the 5 components &amp; 1 Must be a ½ cup of Fruit or Vegetable</b></p>
<p>Daily Offering Bar Features: fresh &amp; canned fruits &amp; vegetables daily and 1% white milk or fat free chocolate milk.          All grains offered are whole grain.</p> <p style="color: red;"><b>Breakfast and lunch are available at No Charge to Students</b></p>	

4	5	6	7	8
<p><b>Breakfast:</b> Ultimate Breakfast Cookie or Breakfast Banana Split</p> <p><b>Lunch:</b> Cheese/Hamburger w/ Fries or Ham &amp; Cheddar Sandwich</p>	<p><b>Breakfast:</b> Breakfast Burrito or Bagel w/CC</p> <p><b>Lunch:</b> Cinco de Mayo Nuggets or Chef Salad w/WG Roll</p>	<p><b>Breakfast:</b> Apple Frudel or Ham, Egg, &amp; Cheese Bagel Sandwich</p> <p><b>Lunch:</b> Meatball Sub w/Fries or Turkey &amp; Cheddar Wrap</p>	<p><b>Breakfast:</b> Blueberry Muffin or PNW Pear &amp; Orange Smoothie</p> <p><b>Lunch:</b> Chicken Tenders w/Fries or American Sub</p>	<b>No School on Friday</b>
11	12	13	14	15
<p><b>Breakfast:</b> Ultimate Breakfast Cookie or Strawberry Parfait</p> <p><b>Lunch:</b> Cheese/Hamburger w/ Fries or Ham &amp; Cheddar Sandwich</p>	<p><b>Breakfast:</b> Pancake on a Stick or Bagel w/CC</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito or Chef Salad w/WG Roll</p>	<p><b>Breakfast:</b> Apple Frudel or Ham, Egg, &amp; Cheese Bagel Sandwich</p> <p><b>Lunch:</b> Texas Chili w/Cornbread Muffin or Turkey &amp; Cheddar Wrap</p>	<p><b>Breakfast:</b> Blueberry Muffin or Wild Blueberry Smoothie</p> <p><b>Lunch:</b> Pepperoni or Cheese Pizza or American Sub</p>	<b>No School on Friday</b>
18	19	20	21	22
<p><b>Breakfast:</b> Ultimate Breakfast Cookie or Banana Split Parfait</p> <p><b>Lunch:</b> Cheese/Hamburger w/ Fries or Ham &amp; Cheddar Sandwich</p>	<p><b>Breakfast:</b> Breakfast Burrito or Bagel w/CC</p> <p><b>Lunch:</b> Chicken Burrito or Taco Salad w/WG Tortilla Chips</p>	<p><b>Breakfast:</b> Ham, Egg, &amp; Cheese Bagel Sandwich or Apple Frudel</p> <p><b>Lunch:</b> Frito Pie or Turkey &amp; Cheddar Wrap</p>	<p><b>Breakfast:</b> Blueberry Muffin or Strawberry Banana Smoothie</p> <p><b>Lunch:</b> Chicken Tenders w/Fries or American Sub</p>	<b>No School on Friday</b>
25	26	27	28	29
<p>No School</p>	<p><b>Breakfast:</b> Sausage Pancake on a Stick or Bagel w/CC</p> <p><b>Lunch:</b> Fiesta Chicken Burrito or Chef Salad w/WG Roll</p>	<p><b>Breakfast:</b> Ham, Egg, &amp; Cheese Bagel Sandwich or Apple Frudel</p> <p><b>Lunch:</b> Sloppy Joe w/French Fries or Turkey &amp; Cheddar Wrap</p>	<p><b>Breakfast:</b> Blueberry Muffin or Food Court Smoothie</p> <p><b>Lunch:</b> Fish Tacos Or American Sub</p>	<b>No School on Friday</b>

**This institution is an equal opportunity provider.**

**Menu subject to change**