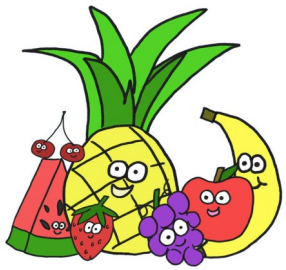
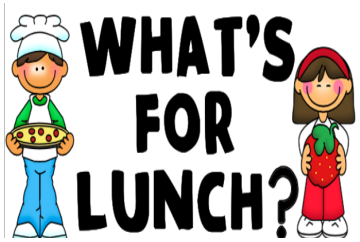
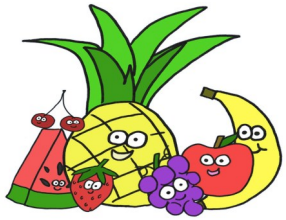
# Nuestro Breakfast August 2026

**Menus are subject to change.** This institution is an equal opportunity provider

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Offered with each choice:<br><br>Non-Fat Chocolate Milk<br>Non-Fat Strawberry Milk<br>1% White Milk | | 12<br>French Toast Bites<br>or<br>Cereal<br>Offered with each choice<br>Frozen Fruit Cup<br>Juice<br> | 13<br>Parfait Strawberry w/ graham<br>or<br>Cereal<br>Offered with each choice<br>Bananas<br>Juice | 14<br>Cinnamon Rolls<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice<br>Juice |
| 17<br>Breakfast Pizza<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches<br>Juice | 18<br>Chicken Biscuit Sandwich<br>or<br>Cereal<br>Offered with each choice<br>Orange Wedges<br>Juice | 19<br>Strawberry Pancake Puffs<br>or<br>Cereal<br>Offered with each choice<br>Frozen Fruit Cup<br>Juice | 20<br>Buttermilk Bar w/ Trix Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Bananas<br>Juice | 21<br>Pizza Puffs<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice<br>Juice |
| 24<br>Cheese Omelet w/ Toast<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches<br>Juice | 25<br>Ham & Cheese Croissant<br>or<br>Cereal<br>Offered with each choice<br>Orange Wedges<br>Juice | 26<br>Raspberry Churro w/ Raspberry Peach Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Frozen Fruit Cup<br>Juice | 27<br>Peach Smoothie w/ Scooby Snack Grahams<br>or<br>Cereal<br>Offered with each choice<br>Bananas<br>Juice | 28<br>Cinnamon Rolls<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice<br>Juice |
| 31<br>Maple Chip Waffles<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches<br>Juice |  | | | |

# Nuestro Lunch August 2026

**Menus are subject to change.** This institution is an equal opportunity provider

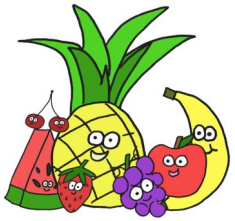
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Offered w/ each Choice:<br>Salad Choice Bar<br>1% White Milk<br>Non-Fat Chocolate Milk<br>Non-Fat Strawberry Milk |  | 12<br>Chicken Tenders<br>or<br>Cheese Bites<br>Offered with each Choice:<br>French Fries | 13<br>Teriyaki Chicken & Noodles<br>or<br>Asian Tofu Wrap<br>Offered with each Choice:<br>Steamed Carrots<br>Fortune Cookies | 14<br>Corn Dog<br>or<br>Mac & Cheese W/Roll<br>Offered with each Choice:<br>Steamed Green Beans |
| 17<br>Turkey & Cheese Sandwich<br>or<br>PB & J or WOW Sandwich/ Cheese Stick<br>Offered with each Choice:<br>Tater Tots<br>Potato Chips | 18<br>**Lucky Tray Day**<br>Turkey Soft Taco<br>or<br>Cheese Tamale<br>Offered with each Choice:<br>Steamed Corn | 19<br>Chicken Wrap<br>or<br>Cheese Bread Sticks w/ Dip Cup<br>Offered with each Choice:<br>Sidewinder Fries | 20<br>Orange Chicken & Noodles<br>or<br>Veggie Egg Roll w/ Rice<br>Offered with each Choice:<br>Steamed Carrots<br>Fortune Cookies | 21<br>Bacon Cheese Burger<br>or<br>Black Bean Veggie Burger<br>Offered with each Choice:<br>Onion Rings |
| 24<br>Chicken Nuggets<br>or<br>Italian Pull-A-Part<br>Offered with each Choice:<br>Tater Tots | 25<br>Chicken Tamale<br>or<br>Bean & Cheese Burrito<br>Offered with each Choice:<br>Steamed Corn | 26<br>Pepperoni Pizza<br>or<br>Cheese Pizza<br>Offered with each Choice:<br>French Fries | 27<br>Chicken Fried Rice w/ Chicken Egg Roll<br>or<br>Teriyaki Tofu w/ Noodles<br>Offered with each Choice:<br>Steamed Carrots<br>Fortune Cookies | 28<br>Chicken Sandwich<br>or<br>Veggie Spinach Wrap<br>Offered with each Choice:<br>Potato Smiles |
| 31<br>Popcorn Chicken<br>or<br>Grilled Cheese Sandwich<br>Offered with each Choice:<br>Tater Tots |  | | | |

# Daily Choice Bar

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| <u>Mindful Monday</u><br><br>Veggie Beans<br>Leaf Lettuce<br>Baby Carrots<br>Dried Fruit<br>Applesauce<br>Fresh Fruit<br><br> | <u>Taco Tuesday</u><br><br>Iceberg Lettuce<br>Salsa<br>Olives<br>Fiesta Black Beans<br>Cucumber Slices<br>Shredded Cheese<br>Fresh Pineapple<br><br> | <u>All American Bar:</u><br><br>Green Lettuce<br>Pickles<br>Tomato Slices<br>Baby Carrots<br>Chilled Fruit<br>Fresh Melon<br>Dressing<br><br> | <u>Around the World:</u><br><br>Leafy Green Salad<br>Dry Noodles Topper<br>Kidney Beans<br>Tomato & Broccoli<br>Chilled Pears<br>Fresh Strawberries<br>Fresh Mango<br>Dressing<br><br> | <u>Fabulous Friday:</u><br><br>Leafy Green Salad<br>Carrots & Celery<br>Fresh Peas<br>Bell Peppers<br>Chilled Peaches<br>Fresh Fruit<br>Dressing<br><br> |

# Nuestro Supper August 2026

**Menus are subject to change.** This institution is an equal opportunity provider

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **Offered with each choice:**<br>**Non-Fat Chocolate Milk**<br>**Non-Fat Strawberry Milk**<br>**1% White Milk** |  | 12<br>Pizza (2 MMA) 2(WG)<br>Sliced Cucumbers 1/2c(V)<br>Frozen Fruit Cup 1/2c (F)<br> | 13<br>Chicken Nuggets<br>2(MMA) 2(WG)<br>Dinner Roll 1 (WG)<br>Green Salad 1/2c (V)<br>Fresh Fruit 1/2c (F) | 14<br>P.J or Wow Sandwich w/ Cheese Cubes<br>2(WG) 2(MMA)<br>Baby Carrots 1/2c (V)<br>Fresh Fruit 1/2c (F) |
| 17<br>Mini Potato Tacos<br>1(WG) 3(MMA)<br>Corn Salsa 1/2c (V)<br>Orange Wedges 1/2c (F) | 18<br>Berry Parfait w/ Scooby Sticks<br>1(WG) 2(MMA)<br>Baby Carrots 1/2c(V)<br>Fresh Fruit 1/2c (F) | 19<br>Corn Dog<br>2(WG) 2(MMA)<br>Cheeze-it's 1(WG)<br>Tater Tots 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>*Pasta Salad | 20<br>Popcorn Chicken & Mac & Cheese Bowl w/ Roll<br>2(MMA) 2(WG)<br>Green Salad 1/2c (V)<br>Strawberries<br>1/2c (F) | 21<br>Buttermilk Bar 2 (WG)<br>Greek Yogurt Cup & Cheese Sticks 2 (MMA)<br>Hashbrown Patty 1/2c(V)<br>Frozen Fruit Cup 1/2c (F) |
| 24<br>Mozzarella Cheese Quesadilla<br>(2 MMA) 2(WG)<br>Salsa 1/2c (V)<br>Jalapeño Peppers 1/2c (V)<br>Apple Slices 1/2c (F) | 25<br>Hot Dog 2(WG) 2(MMA)<br>or<br>Black Bean Burger<br>2(WG) 2(MMA)<br>Potato Salad 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>*Lays Potato Chip | 26<br>Breakfast Egg Roll<br>2(WG) 2(MMA)<br>Tater Tots 1/2c (V)<br>Strawberries 1/2c (F)<br>Assorted Juice 1/2c (F) | 27<br>Chicken Tenders<br>2(MMA) 2(WG)<br>Dinner Roll 1 (WG)<br>Onion Rings 1/2c (V)<br>Fresh Fruit 1/2c (F) | 28<br>Cereal 2(WG)<br>Yogurt & Cheese Stick<br>2 (MMA)<br>Sliced Cucumbers 1/2c(V)<br>Fresh Fruit 1/2c (F) |
| 31<br>Turkey Bacon Wrap<br>(2 MMA) 2(WG)<br>Crinkle Cut Fries 1/2c (V)<br>Apple Slices 1/2c (F) | **Minimum Meal Components Offered Daily:**<br>**Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread 1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup**<br>* Garden Salad 1C Serving Equivalent to 1/2C V<br>* Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F<br>* Choose **3 out of the 5** Components to make a complete meal! | | | |