| Sport | Female Teams | Female Varsity | Male Teams | Male Varsity | |
|---------------------------------|--------------|---------------------------|------------|--------------|-----|
| Baseball | 0 | 0 | 1 | 1 | |
| Basketball | 2 | 1 | 2 | 1 | |
| Comp Cheer | 1 | 1 | | | |
| X Country | 1 | 1 | 1 | 1 | |
| Football | 0 | 0 | 2 | 1 | |
| Golf | 1 | 1 | 1 | 1 | |
| Soccer | 2 | 1 | 2 | 1 | |
| Softball | 1 | 1 | 0 | 0 | |
| Swimming | 1 | 1 | 1 | 1 | |
| Tennis | 0 | 0 | 0 | 0 | |
| Track & Field | 1 | 1 | 2 | 1 | |
| Volleyball | 1 | 1 | 2 | 1 | |
| Water Polo | 0 | 0 | 0 | 0 | |
| Wrestling | 1 | 1 | 2 | 1 | |
| Sideline Cheer | 2 | 1 | 0 | 0 | |
| Lacrosse | 0 | 0 | 0 | 0 | |
| E Sports* | 0 | 0 | 0 | 0 | |
| Flag Football** | 1 | 1 | 0 | 0 | |
| Total | 15 | 12 | 16 | 10 | |
| Total | 13 | 12 | 10 | 10 | |
| * Non-CIF | | | | | |
| **Expected in 23-24 | | | | | |
| Expedied III 20-24 | | | | | |
| | | Participants Participants | | | |
| Sport | Female | Male | Non-Binary | | |
| Baseball | T emale | 18 | Non-Binary | | |
| Basketball | 22 | 21 | | | |
| Comp Cheer | 15 | 0 | | | |
| X Country | 5 | 13 | | | |
| Football | 0 | 63 | | | |
| Golf | 2 | 6 | | | |
| Soccer | 26 | | | | |
| Softball | 16 | 0 | | | |
| Swimming | 4 | 7 | | | |
| Tennis | 0 | 0 | | | |
| Track & Field | 26 | 32 | | | |
| Volleyball | 30 | 33 | | | |
| Water Polo | 0 | 0 | | | |
| Wrestling | 10 | 40 | | | |
| Sideline Cheer | 31 | 0 | | | |
| Lacrosse | 0 | 0 | | | |
| | | | | | |
| | n | l n | | | |
| E-Sports* | 0 22 | 0 | | | |
| E-Sports* Flag Football** | 22 | 0 | | | 480 |
| E-Sports* Flag Football** Total | 22 209 | 0 271 | 0.00% | | 480 |
| E-Sports* Flag Football** | 22 | 0 271 | 0.00% | | 480 |
| E-Sports* Flag Football** Total | 22 209 | 0 271 | 0.00% | | 480 |