



# October



## Castle Hills Menu



### MENU CHOICES

Go Local at Lunch with our #FarmFreshTexas items! Look for menu items with a 🇺🇸 and go local with NEISD!

**BREAKFAST:** Entrée,  
Fruit, Juice, Milk

**LUNCH:** Entrée,  
Veggie (Pick 2), Fruit, Milk

\* Indicates Pork Product  
+ Possible trace of sesame due to manufacturer

**Choice of milk with breakfast & lunch**  
• 1% White 🇺🇸  
• Lactose-Free  
• Fat-Free Chocolate 🇺🇸  
• Soy Milk



**Menu subject to change**

No fees for cash or checks paid directly to the cafeteria

Visit: [schoolcafe.com/NorthEastISD](http://schoolcafe.com/NorthEastISD) or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>School Nutrition Services is hiring</b> <b>\$14.11 hour starting</b> 	Visit: <a href="http://schoolcafe.com/NorthEastISD">schoolcafe.com/NorthEastISD</a> or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.	<b>1 Pumpkin Spice Day!</b> <b>Pumpkin Bread</b> OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk 🇺🇸 <b>Cheese Enchiladas w/Chili &amp; Spanish Rice</b> Corn Dog Italian Salad* Ranchero Beans 🇺🇸 <b>Cucumber Slices w/Tajin</b> 🇺🇸 <b>Red Bell Peppers &amp; Grape Tomatoes</b> Fresh Banana OR Natural Applesauce	<b>2</b> Confetti Pancakes OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk BBQ Boneless Wings & Mac N Chz Macaroni & Cheese Pepperoni Pizza Pack* Savory Green Beans Crispy Carrots w/Dip Variety of Fresh Veggies Variety of Fresh Fruits	<b>3</b> Waffle Breakfast Sandwich* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Nuggets w/Homemade Roll Baked Potato w/Cheese & Roll Italian Salad* Mashed Potatoes w/Gravy 🇺🇸 <b>Tossed Salad w/Ranch</b> Variety of Fresh Veggies Variety of Fresh Fruits
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>

### INTERSESSION OCTOBER 6TH - 10TH

### National School Lunch Week! October 13th-17th

<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
-----------	-----------	-----------	-----------	-----------

### INTERSESSION OCTOBER 13TH - 16TH

--	--	--	--	--

<b>20 Chicken &amp; Waffle Day!</b> 🇺🇸 <b>Chicken &amp; Waffles</b> OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk 🇺🇸 <b>Breaded Chicken Sandwich+</b> Cheese Pizza Turkey Lunchbox Tater Tots Burger Trimmings Crispy Carrots w/Dip 🇺🇸 <b>Fresh Watermelon</b> OR Strawberry Applesauce	<b>21 National Apple Day!</b> 🇺🇸 <b>Sausage &amp; Egg Taco*</b> OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Steak Fingers w/Homemade Roll Baked Potato w/Cheese & Roll Crispy Chicken Salad Mashed Potatoes w/Gravy Broccoli w/Cheese 🇺🇸 <b>Cucumber Slices w/Tajin</b> 🇺🇸 <b>Gala Apple</b> OR Sliced Peaches	<b>22</b> 🇺🇸 <b>Mini Sausage Pancake Wraps</b> OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk 🇺🇸 <b>Beef &amp; Cheese Nachos</b> 🇺🇸 <b>Cheese Nachos</b> Italian Salad* Ranchero Beans Buttered Corn Raw Vegetable Medley Melon Cup OR Strawberry Craisins	<b>23</b> Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice Toasted Cheese Sandwich Pepperoni Pizza Pack* Savory Green Peas Mixed Green Salad w/Ranch 🇺🇸 <b>Red Bell Peppers &amp; Crispy Carrots</b> Fresh Banana OR Blueberries w/Cream	<b>24</b> 🇺🇸 <b>Sausage Kolache*</b> OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pork & Cheese Tamales* Breaded Ravioli & Cheese Sticks w/Marinara Italian Salad* Savory Green Beans 🇺🇸 <b>Red Bell Peppers &amp; Grape Tomatoes</b> Celery Sticks & Crispy Carrots Sliced Apples OR Fruit Cocktail
<b>27 🇺🇸 Pumpkin Parade!</b> 🇺🇸 <b>Potato &amp; Egg Taco</b> OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk 🇺🇸 <b>Sausage Dog+</b> Wowbutter Sandwich+ w/Cheese Stick Turkey Lunchbox Spicy Hashbrowns Broccoli w/Cheese Raw Vegetable Medley w/Dip Orange Smiles OR Sour Watermelon Raisins	<b>28 🍁</b> Egg, Bacon & Sausage Pizza* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk 🇺🇸 <b>Chicken and Waffles</b> Yogurt & Cheese Combo Chili Lime Hummus & Cheese Pack Sweet Potato Fries Baked Beans Crispy Carrots & <b>Red Bell Peppers</b> 🇺🇸 🇺🇸 <b>Granny Smith Apple</b> OR Strawberries w/Cream	<b>29 🍁</b> 🇺🇸 <b>Biscuit &amp; Sausage*</b> OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk 🇺🇸 <b>Cheese Enchiladas w/Chili &amp; Spanish Rice</b> Corn Dog Italian Salad* Ranchero Beans 🇺🇸 <b>Cucumber Slices w/Tajin</b> 🇺🇸 <b>Red Bell Peppers &amp; Grape Tomatoes</b> Fresh Banana OR Natural Applesauce	<b>30 🍁</b> Confetti Pancakes OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk BBQ Boneless Wings & Mac N Chz Macaroni & Cheese Pepperoni Pizza Pack* Savory Green Beans Crispy Carrots w/Dip Celery Sticks & Grape Tomatoes Seedless Grapes OR Diced Peaches	<b>31 🍁</b> Waffle Breakfast Sandwich* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Flautas w/Queso Cheese Pizza Italian Salad* Buttered Corn 🇺🇸 <b>Tossed Salad w/Ranch</b> Celery Sticks & Crispy Carrots Sliced Apples OR Sliced Pears

*This institution is an equal opportunity provider. Esta institución da servicio a todos por igual.*

