



**Shasta High School
Daily Bulletin
Minimum Day Bell Schedule
Friday, January 9, 2026**



Information & Announcement

New Bell Schedule Starting Monday, January 12:

On advisory days


- No 4th period advisory class
- The first 13 minutes of 1st period will be used for advisory slides and flex scheduling.
- FlexiSched will be open for students from 8:37-8:43, during brunch, lunch, and after school until 8:30am the next day.
- There will be a chime at 8:43 to signal that “advisory” is over and normal 1st period is starting.

Flex days and minimum days will be the same schedule as fall.

Spring 2026 Bell Schedule (starts January 12th)

	Period 1-Advisory		FLEX		Minimum Day (PLC/ Staff Meeting)	
	MONDAY or TUESDAY		TUESDAY - THURSDAY		MONDAY or FRIDAY	
Passing	7:23 - 7:29	6	7:27 - 7:33	6	7:27 - 7:33	6
Period 0	7:29 - 8:24	55	7:33 - 8:24	51	7:33 - 8:24	51
Passing	8:24 - 8:30	6	8:24 - 8:30	6	8:24 - 8:30	6
Period 1	8:30 - 9:38	68	8:30 - 9:22	52	8:30 - 9:21	51
Passing	9:38 - 9:44	6	9:22 - 9:28	6	9:21 - 9:27	6
Period 2	9:44 - 10:39	55	9:28 - 10:19	51	9:27 - 10:17	50
Brunch	10:39 - 10:46	7	10:19 - 10:26	7	10:17 - 10:24	7
Passing	10:46 - 10:52	6	10:26 - 10:32	6	10:24 - 10:30	6
Period 3	10:52 - 11:47	55	10:32 - 11:23	51	10:30 - 11:20	50
Passing	11:47 - 11:53	6	11:23 - 11:29	6	11:20 - 11:26	6
Period 4-Flex Time			11:29 - 11:59 11:59 - 12:05	30 6		
Period 5	11:53 - 12:48	55	12:05 - 12:56	51	11:26 - 12:16	50
Lunch	12:48 - 1:18	30	12:56 - 1:26	30	12:16 - 12:46	30
Passing	1:18 - 1:24	6	1:26 - 1:32	6	12:46 - 12:52	6
Period 6	1:24 - 2:19	55	1:32 - 2:23	51	12:52 - 1:42	50
Passing	2:19 - 2:25	6	2:23 - 2:29	6	1:42 - 1:48	6
Period 7	2:25 - 3:20	55	2:29 - 3:20	51	1:48 - 2:38	50

Athletics

 **Baseball:** workouts for all levels start this week after school at the SHS varsity baseball field from 3:45-5:30pm. Contact Coach Bassham with any questions.

 **Stunt:** Informational Meeting & Tryout Info:

- Wednesday, 1/14 at lunch, Room 917
- Open Gym - 1/26 & 2/11, Cafeteria, 3:45–5:00 PM
- Tryouts - 2/12, Cafeteria, 3:45–5:00 PM

Blue cards are required to participate. Questions? Contact Coach Eiszele at aeiszele@suhsd.net



Games Today

 **Boys Basketball:** Away vs. Eureka

 **Girls Basketball:** Home vs. Pleasant Valley 4:30/6:00/7:30pm

 **Wrestling:** Varsity at Tim Brown in Sacramento 9:00am

Saturday Games:

 **Girls Basketball:** JV & Varsity Away vs. Eureka 1:00/3:00pm

 **Wrestling:** Varsity at Tim Brown in Sacramento 9:00am

JV at West Valley Tournament 9:00am



Additional Info & Resources

Stay up to date on everything happening at Shasta High! [Link to Advisory Slides](#) for more information.