



**Shasta High School**  
**Daily Bulletin**  
**Minimum Day Bell Schedule**  
**Friday, January 9, 2026**



### Information & Announcement

#### New Bell Schedule Starting Monday, January 12:

##### On advisory days

- No 4th period advisory class
- The first 13 minutes of 1st period will be used for advisory slides and flex scheduling.
- FlexiSched will be open for students from 8:37-8:43, during brunch, lunch, and after school until 8:30am the next day.
- There will be a chime at 8:43 to signal that “advisory” is over and normal 1st period is starting.

Flex days and minimum days will be the same schedule as fall.

**Spring 2026 Bell Schedule**  
**(starts January 12th)**

	Period 1-Advisory		FLEX		Minimum Day (PLC/Staff Meeting)	
Passing	MONDAY or TUESDAY		TUESDAY - THURSDAY		MONDAY or FRIDAY	
Period 0	7:23 - 7:29	6	7:27 - 7:33	6	7:27 - 7:33	6
Passing	7:29 - 8:24	55	7:33 - 8:24	51	7:33 - 8:24	51
	8:24 - 8:30	6	8:24 - 8:30	6	8:24 - 8:30	6
Period 1	8:30 - 9:38	68	8:30 - 9:22	52	8:30 - 9:21	51
Passing	9:38 - 9:44	6	9:22 - 9:28	6	9:21 - 9:27	6
Period 2	9:44 - 10:39	55	9:28 - 10:19	51	9:27 - 10:17	50
Brunch	10:39 - 10:46	7	10:19 - 10:26	7	10:17 - 10:24	7
Passing	10:46 - 10:52	6	10:26 - 10:32	6	10:24 - 10:30	6
Period 3	10:52 - 11:47	55	10:32 - 11:23	51	10:30 - 11:20	50
Passing	11:47 - 11:53	6	11:23 - 11:29	6	11:20 - 11:26	6
Period 4-Flex Time			11:29 - 11:59	30		
			11:59 - 12:05	6		
Period 5	11:53 - 12:48	55	12:05 - 12:56	51	11:26 - 12:16	50
Lunch	12:48 - 1:18	30	12:56 - 1:26	30	12:16 - 12:46	30
Passing	1:18 - 1:24	6	1:26 - 1:32	6	12:46 - 12:52	6
Period 6	1:24 - 2:19	55	1:32 - 2:23	51	12:52 - 1:42	50
Passing	2:19 - 2:25	6	2:23 - 2:29	6	1:42 - 1:48	6
Period 7	2:25 - 3:20	55	2:29 - 3:20	51	1:48 - 2:38	50

### Athletics

 **Baseball:** workouts for all levels start this week after school at the SHS varsity baseball field from 3:45-5:30pm. Contact Coach Bassham with any questions.

 **Stunt:** Informational Meeting & Tryout Info:

- Wednesday, 1/14 at lunch, Room 917
- Open Gym - 1/26 & 2/11, Cafeteria, 3:45-5:00 PM
- Tryouts - 2/12, Cafeteria, 3:45-5:00 PM

Blue cards are required to participate. Questions? Contact Coach Eiszele at [aeiszele@suhsd.net](mailto:aeiszele@suhsd.net)

## Games Today

 **Boys Basketball:** Away vs. Eureka

 **Girls Basketball:** Home vs. Pleasant Valley 4:30/6:00/7:30pm

 **Wrestling:** Varsity at Tim Brown in Sacramento 9:00am

## **Saturday Games:**

 **Girls Basketball:** JV & Varsity Away vs. Eureka 1:00/3:00pm

 **Wrestling:** Varsity at Tim Brown in Sacramento 9:00am

JV at West Valley Tournament 9:00am

## Additional Info & Resources

Stay up to date on everything happening at Shasta High! [Link to Advisory Slides](#) for more information.