STRAND CAFE LUNCH MENU



DECEMBER 8TH - FEBRUARY 12TH



Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample ar organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!

NOW SERVING LOCAL & ORGANIC PRODUCE USDA

WE ARE EXCITED TO
ANNOUNCE THAT 80% OF THE
FRUITS AND VEGETABLES
SERVED DAILY ARE
CALIFORNIA GROWN AND
CERTIFIED USDA ORGANIC
ALLOWING US TO PROVIDE
HIGHER QUALITY & MORE
NUTRITIOUS AND FRESH
MEALS TO OUR STUDENTS!

MONDAY

Crispy Chicken
Sandwich

Meatball Sub



Wowbutter & \
Jelly Sandwich
(with Go-Gurt)

TUESDAY

Papa John's Pepperoni Pizza



Islander Deli Lunchable

(Deli turkey, cheddar cheese, wheat crackers, grapes)

WEDNESDAY THURSDAY

Orange Chicken
(with Brown Rice)

Mid-Week Munchie Scooby Doo Fruit Snacks

Turkey Bacon
Pretzel Sandwich
(with Goldfish Crackers)

Three Cheese Cavatappi 100% Beef Hamburger



Chicken & Veggie

Dumplings
(with soy sauce)

Pizza Cheese Crunchers FRIDAY

Chicken Strips & Waffle

Taco Salad (Tortilla Chips & Taco Meat)

Toasted Cheese
Sandwich &
Tomato Soup

V-V-V-V-V-

Menu subject to change.



= Gluten Free Entrees

🎷 = Vegetarian Entrees

Students must select a 1/2 cup of fruit and/or vegetable with each meal.

Winter Break: 12/22/25 - 1/2/26

Teacher Workday: 1/16/26

MLK Jr. Birthday:



All lunch meals include an entrée, unlimited fresh fruits and vegetables, and choice of 1% white or non-fat milk.

Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



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