

Menu Name:HIGH SCHOOL BREAKFAST YCHS

Include Cost:Yes

Site:

Use Alternate Menu Name:No

Monday - 11/03/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 48        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 001124 HS-SAUSAGE, EGG BISCUIT                            | EACH         | 16        | 350                      | 7.50                   | 690                    | *0.00            | *N/A*                         | 20.00     | 0.00       | 155         | 29.00    | 2.00      | 14.00     | *N/A*       | 100.0                  | 0.00       | 1.44      | \$0.000 |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 16        | 390                      | 8.50                   | 680                    | 3.00             | *0.00                         | 22.00     | 0.00       | 175         | 31.00    | 2.00      | 19.00     | *N/A*       | 81.0                   | 0.00       | 1.36      | \$0.000 |
| 003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO         | SERVINGS     | 16        | 10                       | 0.25                   | 29                     | 0.14             | 0.00                          | 0.42      | 0.00       | 2           | 1.16     | 0.04      | 0.28      | *N/A*       | 3.2                    | 0.00       | 0.11      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG        | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG    | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE         | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE       | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG      | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ            | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ           | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB           | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL           | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0       | 0.00       | *1.00     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE            | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 574                      | 3.47                   | 518                    | *57.58           | *2.10                         | 10.04     | *0.00      | 31          | 108.14   | 6.51      | 16.24     | *2          | 453.1      | 32.44      | *3.07     | \$0.000 |
| % of Calories                   |              |           |                          | 5.44%                  |                        | *40.13 %         | *1.60%                        | 15.7%     | *0.0%      |             | 75.4%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 11/04/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ  | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ  | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB       | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001180 HS-BREAKFAST BOWL              | SERVING      | 50        | 486                      | 12.54                  | 1458                   | *0.00            | *N/A*                         | 26.80     | 0.03       | 261         | 46.03    | 3.00      | 18.92     | *N/A*       | 146.7                  | 0.30       | 1.65      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 601                      | 4.35                   | 609                    | *57.43           | *2.23                         | 11.32     | *0.00      | 35          | 110.75   | 6.41      | 17.23     | *2          | 484.5      | 32.63      | 3.25      | \$0.000 |
| % of Calories                            |              |           |                          | 6.51%                  |                        | *38.22 %         | *1.53%                        | 17.0%     | *0.0%      |             | 73.7%    |           | 11.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 11/05/2025

Reimbursable Meal Total 825

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                             | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                            | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB                            | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001573 HS PIZZA BREAKFAST                | SLICES       | 50        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8                   | 0.00       | *3.10     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 597                      | *3.88                  | 569                    | *57.44           | *2.23                         | 10.35     | *0.00      | 20          | 111.45   | 6.60      | 17.29     | *2          | 478.4      | 32.62      | *3.33     | \$0.000 |
| % of Calories             |              |           |                          | *5.85%                 |                        | *38.49 %         | *1.54%                        | 15.6%     | *0.0%      |             | 74.7%    |           | 11.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 11/06/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB        | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB              | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS         | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO                 | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4                    | 2.46       | *2.88     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G        | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP           | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 602                      | 4.18                   | 585                    | *57.30           | *2.06                         | 11.28     | *0.00      | 24          | 110.49   | 6.60      | 17.84     | *2          | 473.8      | 32.77      | *3.31     | \$0.000 |
| % of Calories                            |              |           |                          | 6.25%                  |                        | *38.07 %         | *1.52%                        | 16.9%     | *0.0%      |             | 73.4%    |           | 11.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 11/07/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 000929 POCKET, TURKEY PIZZA 4 OZ            | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH          | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ        | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ        | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ        | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD     | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 587                      | 3.72                   | 566                    | *57.80           | *2.06                         | 10.20     | *0.00      | 19          | 110.31   | 6.32      | 16.58     | *2          | 477.9      | 32.62      | 3.26      | \$0.000 |
| % of Calories             |              |           |                          | 5.70%                  |                        | *39.39 %         | *1.56%                        | 15.6%     | *0.0%      |             | 75.2%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 11/10/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 48        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 001124 HS-SAUSAGE, EGG BISCUIT                            | EACH         | 16        | 350                      | 7.50                   | 690                    | *0.00            | *N/A*                         | 20.00     | 0.00       | 155         | 29.00    | 2.00      | 14.00     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 16        | 390                      | 8.50                   | 680                    | 3.00             | *0.00                         | 22.00     | 0.00       | 175         | 31.00    | 2.00      | 19.00     | *N/A*       | 81.0       | 0.00       | 1.36      | \$0.000 |
| 003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO         | SERVINGS     | 16        | 10                       | 0.25                   | 29                     | 0.14             | 0.00                          | 0.42      | 0.00       | 2           | 1.16     | 0.04      | 0.28      | *N/A*       | 3.2        | 0.00       | 0.11      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB        | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS         | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL              | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0                   | 0.00       | *1.00     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G        | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 573                      | 3.42                   | 520                    | *57.41           | *1.92                         | 9.98      | *0.00      | 30          | 107.98   | 6.49      | 16.28     | *2          | 451.1                  | 32.44      | *3.06     | \$0.000 |
| % of Calories                            |              |           |                          | 5.37%                  |                        | *40.08 %         | *1.60%                        | 15.7%     | *0.0%      |             | 75.4%    |           | 11.4%     |             |                        |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Wednesday - 11/12/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)                 | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002839 CEREAL COCOA PUFFS 2OZ            | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ           | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB          | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001573 HS PIZZA BREAKFAST                | SLICES       | 50        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8                   | 0.00       | *3.10     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 596                      | *3.83                  | 571                    | *57.27           | *2.06                         | 10.28     | *0.00      | 20          | 111.29   | 6.58      | 17.34     | *2          | 476.3      | 32.62      | *3.32     | \$0.000 |
| % of Calories             |              |           |                          | *5.78%                 |                        | *38.44 %         | *1.54%                        | 15.5%     | *0.0%      |             | 74.7%    |           | 11.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 11/13/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB        | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS         | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO                 | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4                    | 2.46       | *2.88     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G        | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP           | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP     | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP          | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 602                      | 4.18                   | 585                    | *57.30           | *2.06                         | 11.28     | *0.00      | 24          | 110.49   | 6.60      | 17.84     | *2          | 473.8                  | 32.77      | *3.31     | \$0.000 |
| % of Calories                            |              |           |                          | 6.25%                  |                        | *38.07 %         | *1.52%                        | 16.9%     | *0.0%      |             | 73.4%    |           | 11.9%     |             |                        |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Friday - 11/14/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000929 POCKET, TURKEY PIZZA 4 OZ            | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH          | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ        | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ        | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ        | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0       | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD     | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 587                      | 3.72                   | 566                    | *57.80           | *2.06                         | 10.20     | *0.00      | 19          | 110.31   | 6.32      | 16.58     | *2          | 477.9      | 32.62      | 3.26      | \$0.000 |
| % of Calories             |              |           |                          | 5.70%                  |                        | *39.39 %         | *1.56%                        | 15.6%     | *0.0%      |             | 75.2%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 11/17/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 48        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 001124 HS-SAUSAGE, EGG BISCUIT                            | EACH         | 16        | 350                      | 7.50                   | 690                    | *0.00            | *N/A*                         | 20.00     | 0.00       | 155         | 29.00    | 2.00      | 14.00     | *N/A*       | 100.0      | 0.00       | 1.44      | \$0.000 |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 16        | 390                      | 8.50                   | 680                    | 3.00             | *0.00                         | 22.00     | 0.00       | 175         | 31.00    | 2.00      | 19.00     | *N/A*       | 81.0       | 0.00       | 1.36      | \$0.000 |
| 003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO         | SERVINGS     | 16        | 10                       | 0.25                   | 29                     | 0.14             | 0.00                          | 0.42      | 0.00       | 2           | 1.16     | 0.04      | 0.28      | *N/A*       | 3.2        | 0.00       | 0.11      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB        | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS         | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL              | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0                   | 0.00       | *1.00     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G        | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |



Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 573                      | 3.42                   | 520                    | *57.41           | *1.92                         | 9.98      | *0.00      | 30          | 107.98   | 6.49      | 16.28     | *2          | 451.1                  | 32.44      | *3.06     | \$0.000 |
| % of Calories                            |              |           |                          | 5.37%                  |                        | *40.08 %         | *1.60%                        | 15.7%     | *0.0%      |             | 75.4%    |           | 11.4%     |             |                        |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Tuesday - 11/18/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)                 | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002839 CEREAL COCOA PUFFS 2OZ            | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ           | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB          | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001180 HS-BREAKFAST BOWL                 | SERVING      | 50        | 486                      | 12.54                  | 1458                   | *0.00            | *N/A*                         | 26.80     | 0.03       | 261         | 46.03    | 3.00      | 18.92     | *N/A*       | 146.7      | 0.30       | 1.65      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 600                      | 4.29                   | 611                    | *57.26           | *2.06                         | 11.25     | *0.00      | 34          | 110.59   | 6.38      | 17.28     | *2          | 482.5      | 32.63      | 3.24      | \$0.000 |
| % of Calories             |              |           |                          | 6.44%                  |                        | *38.17 %         | *1.53%                        | 16.9%     | *0.0%      |             | 73.7%    |           | 11.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 11/19/2025                      Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                   | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|---------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|--------------|---------------|--------------|---------|
| 002060 POP TART,<br>STRAWBERRY (2)WG              | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG          | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO) | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0         | 0.00          | 2.00         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE               | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0         | 0.00          | 2.00         | \$0.000 |
| 003237 DONUT POWDER<br>SUGAR WG MINI<br>(SYSCO)   | SERVING         | 18           | 270                         | 4.50                      | 290                       | 19.00                  | 19.00                               | 11.00        | 0.00          | 0              | 41.00       | 2.00         | 4.00         | *N/A*          | 27.0         | 0.00          | 1.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE          | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0        | 0.00          | 1.50         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG            | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0         | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ                  | EA              | 25           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0        | 9.00          | 5.40         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ                 | EA              | 25           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 5.60         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB                | BOWL            | 26           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0        | 0.00          | 9.00         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB        | BOWL            | 22           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0          | 0.00          | 16.20        | \$0.000 |
| 002317 SCONES,<br>ASSORTED WG 2<br>GRAINS         | SERVINGS        | 24           | 280                         | 3.08                      | 193                       | 21.22                  | *N/A*                               | 7.75         | 0.02          | 11             | 50.50       | 3.52         | 4.05         | *N/A*          | 120.0        | 2.55          | 1.76         | \$0.000 |
| 001573 HS PIZZA<br>BREAKFAST                      | SLICES          | 50           | 411                         | *4.80                     | 807                       | *0.12                  | *0.00                               | 10.80        | *0.05         | 23             | 57.55       | 6.17         | 19.95        | *1             | 45.8         | 0.00          | *3.10        | \$0.000 |
| 001834 BRKFST, WG<br>MUFFIN ASSORTED 2G           | #8 SCOOP        | 24           | 334                         | 2.00                      | 208                       | 29.00                  | *N/A*                               | 10.73        | 0.00          | 35             | 56.77       | 3.47         | 5.17         | *N/A*          | 116.7        | 0.00          | 1.98         | \$0.000 |
| 001410 YOGURT,<br>DANIMALS CRUSH CUP              | EACH 4OZ        | 48           | 80                          | 0.00                      | 65                        | 13.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 16.00       | 0.00         | 4.00         | *N/A*          | 150.0        | 0.00          | 0.00         | \$0.000 |
| 002859 JUICE, BERRY<br>VERY 6.75 OZ SUNCUP        | CARTON          | 200          | 100                         | 0.00                      | 20                        | 24.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 26.00       | 0.00         | 0.00         | *N/A*          | 17.0         | 0.00          | 0.00         | \$0.000 |
| 002857 JUICE, APPLE<br>6.75 OZ SUNCUP             | CARTON          | 200          | 90                          | 0.00                      | 10                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 23.00       | 0.00         | 0.00         | *N/A*          | 17.0         | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 596                      | *3.83                  | 571                    | *57.27           | *2.06                         | 10.28     | *0.00      | 20          | 111.29   | 6.58      | 17.34     | *2          | 476.3      | 32.62      | *3.32     | \$0.000 |
| % of Calories                            |              |           |                          | *5.78%                 |                        | *38.44 %         | *1.54%                        | 15.5%     | *0.0%      |             | 74.7%    |           | 11.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 11/20/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000929 POCKET, TURKEY PIZZA 4 OZ            | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH          | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ        | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ        | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ        | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0       | 0.00       | 2.00      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 25        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 25        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB             | BOWL         | 26        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB     | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS      | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO              | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4                    | 2.46       | *2.88     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G     | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP        | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP  | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP       | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 602                      | 4.18                   | 585                    | *57.30           | *2.06                         | 11.28     | *0.00      | 24          | 110.49   | 6.60      | 17.84     | *2          | 473.8      | 32.77      | *3.31     | \$0.000 |
| % of Calories             |              |           |                          | 6.25%                  |                        | *38.07 %         | *1.52%                        | 16.9%     | *0.0%      |             | 73.4%    |           | 11.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 11/21/2025

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 32        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                   | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|---------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|--------------|---------------|--------------|---------|
| 002060 POP TART,<br>STRAWBERRY (2)WG              | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG          | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO) | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0         | 0.00          | 2.00         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE               | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0         | 0.00          | 2.00         | \$0.000 |
| 003237 DONUT POWDER<br>SUGAR WG MINI<br>(SYSCO)   | SERVING         | 18           | 270                         | 4.50                      | 290                       | 19.00                  | 19.00                               | 11.00        | 0.00          | 0              | 41.00       | 2.00         | 4.00         | *N/A*          | 27.0         | 0.00          | 1.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE          | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0        | 0.00          | 1.50         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG            | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0         | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ                  | EA              | 25           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0        | 9.00          | 5.40         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ                 | EA              | 25           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 5.60         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB                | BOWL            | 26           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0        | 0.00          | 9.00         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB        | BOWL            | 22           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0          | 0.00          | 16.20        | \$0.000 |
| 002317 SCONES,<br>ASSORTED WG 2<br>GRAINS         | SERVINGS        | 24           | 280                         | 3.08                      | 193                       | 21.22                  | *N/A*                               | 7.75         | 0.02          | 11             | 50.50       | 3.52         | 4.05         | *N/A*          | 120.0        | 2.55          | 1.76         | \$0.000 |
| 000380 BRKFST, CINN<br>ROLL 5 OZ BRGFRD           | ROLL            | 50           | 278                         | 3.05                      | 717                       | *8.88                  | *0.00                               | 9.47         | *0.00         | 14             | 41.29       | 2.02         | 7.49         | *0             | 71.6         | 0.01          | 2.02         | \$0.000 |
| 001834 BRKFST, WG<br>MUFFIN ASSORTED 2G           | #8 SCOOP        | 24           | 334                         | 2.00                      | 208                       | 29.00                  | *N/A*                               | 10.73        | 0.00          | 35             | 56.77       | 3.47         | 5.17         | *N/A*          | 116.7        | 0.00          | 1.98         | \$0.000 |
| 001410 YOGURT,<br>DANIMALS CRUSH CUP              | EACH 4OZ        | 48           | 80                          | 0.00                      | 65                        | 13.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 16.00       | 0.00         | 4.00         | *N/A*          | 150.0        | 0.00          | 0.00         | \$0.000 |
| 002859 JUICE, BERRY<br>VERY 6.75 OZ SUNCUP        | CARTON          | 200          | 100                         | 0.00                      | 20                        | 24.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 26.00       | 0.00         | 0.00         | *N/A*          | 17.0         | 0.00          | 0.00         | \$0.000 |
| 002857 JUICE, APPLE<br>6.75 OZ SUNCUP             | CARTON          | 200          | 90                          | 0.00                      | 10                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 23.00       | 0.00         | 0.00         | *N/A*          | 17.0         | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75     | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                   | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                   |              |           | 587                      | 3.72                   | 566                    | *57.80           | *2.06                         | 10.20     | *0.00      | 19          | 110.31   | 6.32      | 16.58     | *2          | 477.9      | 32.62      | 3.26      | \$0.000 |
| % of Calories                            |              |           |                          | 5.70%                  |                        | *39.39 %         | *1.56%                        | 15.6%     | *0.0%      |             | 75.2%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages | 591                      | *3.87                  | 567                    | *57.46           | *2.07                         | 10.57     | *0.00      | 25          | 110.13   | 6.49      | 17.04     | *2          | 472        | 32.62      | *3.24     | \$0.000 |
| % of Calories     |                          | *5.89%                 |                        | *38.89 %         | *1.55%                        | 16.1%     | *0.0%      |             | 74.5%    |           | 11.5%     |             |            |            |           |         |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*  
*Added Sugars target is informational only, with an effective date of July 1, 2027.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**