

MURDOCK ELEMENTARY
BREAKFAST & LUNCH MENU

June 2026

Adult Meals
Breakfast \$4.25
Lunch \$6.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Ham & Cheese Bagel* Pull-a-Part Glazed Cluster Parfait*	Sheet Pancake* Cinnamon Roll* Parfait*	Breakfast Burrito* Bagel & Cream Cheese Parfait*	WUSD Muffin* Raspberry Breakfast Squares Parfait*	Pancake Sandwich* Cereal Bar Parfait*
Chicken Patty Sandwich Turkey & Cheese Croissant*	Chicken Parmesan Sub* Grilled Cheese*	Orange Chicken WUSD PB & J*	Quesadilla* Turkey & Cheese Sub*	Hot Dog Tuna Croissant*

Breakfast Includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of (2) ½-cup servings of Fruit

Lunch Includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of (1) ½-cup serving of Fruit
- Choice of (2) ½-cup servings of Vegetables
- Salad Bar



This institution is an equal opportunity provider.
Menu is subject to change without notice.
Prepared in-house*

**All Willows Unified School District (WUSD) Students Receive
1-FREE Breakfast & 1-FREE Lunch Daily.**

Dietary meal accommodations are available upon request.

FOOD ALLERGIES: Please complete a CNP - 925 form and return to school nurse at your school site.