

Wellness Committee Meeting #4 – School Year 2025–2026

Date: Wednesday, December 15, 2025

Time: 11:30 AM

Location: Silver Strand Elementary School, Classroom #403

Attendance

- Amanda Tarantino – CNS Supervisor/RD
 - Charity Campbell – CNS Director
 - Ellie Bright, student
 - Elsie Steffer, student
 - Lucille Valley, student
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Meeting Summary

Current Local School Wellness Committee Goal:

To increase student meal satisfaction by empowering student leadership and voice through the creation of the **Student Nutrition Advisory Committee (SNAC)**.

Discussion Topics

1. Student Nutrition Advisory Committee (SNAC) Responsibilities

- Roundtable discussions focused on food quality.
 - Suggestions for improving menu offerings to better align with student preferences.
 - Ideas for student involvement in promoting school meals among peers.
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2. Strengths of the CNS Department

Students highlighted favorite menu items, including:

- Students shared that the overall taste, quality, and flavor of the food is very good.
- Students' favorite meals include chicken patty sandwiches, hamburgers, dumplings, French toast sticks, raspberry breakfast biscuits.
- Students are happy that they have three options to select from each day of the week.
- Students love the mid-week munchie, some of the favorites include confetti cookies, and the rice Krispy treat.

3. Areas for Improvement

Students provided feedback and suggestions:

- Students would like to see other flavors of yogurt besides vanilla offered for breakfast.
- Students suggested adding a 4th vegetarian option to the menu each day for increased variety.
- Students stated that there have been instances where the fruit on the salad bar was overripe.
- Students commented that sometimes the photos on the serving line do not match the entrée being served.

4. SNAC Committee Initiatives Discussed

- Implement taste-test stations for new menu items to gather feedback and determine menu retention scheduled for end of January/early February.
- Students suggested posting a board for students to write in food suggestions for breakfast and lunch entrees for coming menus.

Next Meeting

February 2026, exact date/time TBD

Location: Silver Strand Elementary School, Classroom #403

Meeting Adjourned: 12:00 PM on December 15, 2025