

September 2026

Douglas City School

Breakfast/Lunch

	Tuesday 1	Wednesday 2	Thursday 3	Friday 4 EO
	*Oatmeal 1 cup Apple 1/2 cup Fruit Cup 4oz Milk 8oz	*Bagel 2oz Cream Cheese Mixed Fruit 1/2 cup Orange Juice 4oz Milk 8oz	*Granola Bar 1oz Yogurt 4oz Banana 1/2 cup Apple Sauce 1/2 cup Milk 8oz	*Biscuits&Gravy 3oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11 EO
No School Labor Day	*Cereal 1 cup Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Banana Muffin 1.5oz Apple Juice 4oz Honey Dew Melon 1/2 cup Milk 8oz	*French Toast Sticks 2oz Strawberries 1/2 cup Dried Fruit 1/4 cup Milk 8oz	Breakfast Burrito 2oz *Tortilla 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18 EO
*Granola Bar 1oz Yogurt 4oz Pears 1/2 cup Cranberries 1/4 cup Milk 8oz	Cream of Wheat 1 cup *Toast 2oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Cinnamon Muffin 1.5oz Peaches 1/2 cup Raisins 1/4 cup Milk 8oz	*Oatmeal 1 cup Apple Sauce 1/2 cup Orange Juice 4oz Milk 8oz	*Breakfast Sandwich 3oz Banana 1/2 cup Cranberries 1/4 cup Milk 8oz
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25 EO
*Waffles 2oz Fruit Cup 4oz Apple Juice 4oz Milk 8oz	*Biscuits&Gravy 3oz Apple 1/2 cup Pear 1/2 cup Milk 8oz	*Bagel 2oz Cream Cheese Strawberries 1/2 cup Dried Fruit 1/4 cup Milk 8oz	*Granola Bar 1oz Yogurt 4oz Banana 1/2 cup Apple 1/2 cup Milk 8oz	*Cereal 1 cup Orange 1/2 cup Peaches 1/2 cup Milk 8oz
Monday 28	Tuesday 29	Wednesday 30		
*Oatmeal 1 cup Mixed Fruit 1/2 cup Raisins 1/4 cup Milk 8oz	*French Toast Bake 2oz Pears 1/2 cup Cranberries 1/4 cup Milk 8oz	*Banana Muffin 1.5oz Apple 1/2 cup Orange Juice 4oz Milk 8oz		

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change

	Tuesday 1	Wednesday 2	Thursday 3	Friday 4 EO
	Mexican Pizza 2oz *Tortilla 1oz *Spanish Rice 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Pasta Bake 1 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	*Orange Chicken 4oz *Rice 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Pickle Grilled Cheese 2oz *Bread 2oz Tomato Soup 1/2 cup Salad Bar 3/4 cup Honeydew Melon 1/2 cup Milk 8oz
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11 EO
No School Labor Day	Mission Burrito 2oz *Tortilla 2oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz	Chicken Alfredo 3/4 cup *Pasta 1 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	*Chips 2oz Bean Dip 1/2 cup Salad Bar 3/4 cup Honeydew Melon 1/2 cup Milk 8oz	PB&Honey Sandwich 1oz *Bread 2oz Veggie Bar 3/4 cup Pear 1/2 cup Milk 8oz
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18 EO
Cheeseburger 2oz *Bun 2oz Potato Wedges 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Chicken Enchilada 2oz *Tortilla 2oz Refried Beans 1/2 cup Salad Bar 3/4 cup Fruit Cup 4oz Milk 8oz	Spaghetti 3/4 cup *Pasta 1 cup Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Chicken Teriyaki 2oz *Rice 1/2 cup Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Hot Dog 2oz *Bun 2oz Baked Potato Bar 3/4 cup Apple 1/2 cup Milk 8oz
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25 EO
Creamy Chicken Soup 1 cup *Bread Roll 2oz Salad Bar 3/4 cup Watermelon 1/2 cup Milk 8oz	Veggie Tostada 2oz *Tostada Bowl 2oz *Rice 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Cheeseburger Penne 1 cup Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Fried Chicken 2oz *Biscuit 2oz Cheesy Bacon Tots 1/2 cup Veggie Bar 3/4 cup Apple 1/2 cup Milk 8oz	Sloppy Joes 2oz *Bun 2oz Potato Wedges 1/2 cup Mixed Veggies 3/4 cup Watermelon 1/2 cup Milk 8oz
Monday 28	Tuesday 29	Wednesday 30		
*Chicken Sandwich 3oz *Bun 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Beef Tacos 2oz *Tortilla 2oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	*Pepperoni Pizza 4oz Salad Bar 3/4 cup Honeydew Melon 1/2 cup Milk 8oz		

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change