# Daily Bulletin Thursday, September 11, 2025

#### **Lunch Clubs Today**

No lunch clubs today

Spirit Day tomorrow, September 12, is Wild West Day! Wear your rodeo attire.

<u>Mental Fitness Groups</u>: Mental Fitness Groups will launch on Tuesday, September 16, during your PE period. Brian will come to the beginning of your PE period to pull you from class. Please make sure you are present for attendance with your PE teacher. **PE period 3 needs students to sign up for Mental Fitness Group**. You can sign up on the PGMS Counseling homepage by clicking 'Ohana Mental Fitness Google Form.' If you have any questions for Brian please email him at bboles@pgusd.org.

#### 6<sup>th</sup> girls Volleyball Games:

- Tuesday, September 16, at 6:30 p.m., vs. La Mesa at PGMS
- Wednesday, September 24, at 7:00 p.m., vs. Carmel at PGMS
- Thursday, September 25, at 6:30 p.m., vs. ISM at PGMS
- Wednesday, October 1, at 6:30 p.m., vs. Carmel at Carmel

### 7th girls Volleyball Games:

- Monday, September 15, at 5:00 p.m., vs. San Benancio at San Benancio
- Monday, September 22, at 4:00 p.m., vs. Seaside at Seaside

### 8th girls Volleyball Games:

- Monday, September 15, at 4:00 p.m., vs. San Benancio at San Benancio
- Wednesday, September 17, at 4:00 p.m. vs. San Carlos at PGMS
- Monday, September 22, at 5:00 p.m., vs. Seaside at Seaside

## **Boys Volleyball Games:**

- Monday, September 15, at 6:00 p.m., vs. San Benancio at San Benancio
- Wednesday, September 17, at 5:00 p.m. vs. San Carlos at PGMS

#### **Cheer Practices:**

• Tuesdays 3:15-4:30 p.m. and Thursdays 2:15-4:15 p.m.

### **Cross Country: Meets**

- Friday, September 26, at 4:00 p.m., at Carmel Middle
- Friday, October 3, at 4:00 p.m., at David Ave

## **Boys Soccer Games:**

- Today, September 11, at 4:00 p.m., vs. Seaside Middle, at PGMS
- Tuesday, September 16, at 4:00 p.m., vs. DLAMP, at PGMS
- Thursday, September 18, at 4:00 p.m., vs. Los Arboles, at PGMS

#### **Girls Soccer Games:**

- Today, September 11, at 4:00 p.m., vs. Seaside Middle, at Seaside Middle
- Thursday, September 18, at 4:00 p.m., vs. Los Arboles, at Los Arboles