

 **BREAKFAST**

 **LUNCH**

# OCTOBER 2025

## RED BLUFF UNION ELEMENTARY

All Children FREE  
Breakfast and Lunch Daily

**Monday**



**Tuesday**



**Wednesday**

**Thursday**

**Friday**

Assorted Cereal **6**  
Chicken Nuggets  
Baby Carrots  
Vegetable Blend  
Applesauce Cup

Blueberry Bash **7**  
Meatloaf  
Baked Beans  
Bread Stick  
Mixed Berry Cup

French Toast Sticks **1**  
Bean & Cheese Burrito  
Fresh Cauliflower & Celery  
Scooby Grahams  
Grapes

Cook's Choice Breakfast **2**  
Corn Dog  
Tater Tots  
Spinach Salad  
Pears

Pancakes **3**  
General Tso Chicken  
Rice  
Green Beans  
Baby Carrots  
Cantaloupe

Cherry Frudel **8**  
Hamburger  
Lettuce & Pickle  
Crinkle Fries  
Peach Cup

Pancakes **9**  
Beef Teriyaki Dunkers  
Corn  
Bread Stick  
Fruit Mix

Giant Goldfish **10**  
Popcorn Chicken  
Steamed Broccoli  
Biscuit  
Apple

Cheesy Pizza Stick **13**  
Bean & Cheese Empanada  
Corn  
Animal Crackers  
Apple

Pancake Wraps **14**  
Chicken Strips  
Green Salad  
Baked Beans  
Peach Cup

Assorted Cereal **15**  
Rib-B-Que  
Shredded Lettuce  
Grape Tomatoes  
Fun Fitness Crackers  
Grapes

Mini French Toast **16**  
Orange Chicken  
Rice  
Green Beans  
Peaches

Cinni Mini's **17**  
Pepperoni Pizza  
Tossed Green Salad  
Cherry Tomatoes  
Banana

Apple Frudel **20**  
Teriyaki Chicken  
Seasoned Rice  
Cooked Carrots  
Banana

Blueberry Waffle **21**  
Chicken Sandwich  
French Fries  
Shredded Lettuce & Pickle  
Grapes

Pancake Sausage Stick **22**  
Chicken Drumstick  
Corn on the Cobb  
Garlic Knot  
Peach Cup

Pancakes **23**  
Mini Dogs  
Ranch Bean  
Salad with Grape Tomatoes  
Orange

Assorted Cereal **24**  
**Breakfast for Lunch**  
Scrambled Bacon & Eggs  
Potatoes  
English Muffin  
Mixed Berry Cup

Egg & Cheese Croissant **27**  
Popcorn Chicken  
Refried Beans  
Small Biscuit  
Apple

French Toast Sticks **28**  
Meatballs  
Rice  
Baby Carrots  
Banana

Cook's Choice Breakfast **29**  
Mostaccioli Casserole  
Tossed Green Salad  
Bread Stick  
Pears

Assorted Frudels **30**  
Corn Dog  
Tater Tots  
Spinach Salad  
Fruit Choice

Assorted Cereal **31**  
Spooky Nachos  
Monster Mash Beans  
Chillin Bat Ice Orange Cup  
Trick-o-Treat Cookie

**Breakfast includes:** Milk Choice & Fruit

**Lunch's include:** Milk Choices, Fruit and Vegetables

**This Institution is an Equal Opportunity Provider**

Menu subject to change