

HIGH SCHOOL MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk

LUNCH: Entrée, Veggie (Pick 2), Fruit (Pick 2), Milk

Go Local at Lunch with our #FarmFreshTexas items! Look for menu items with a 🍏 and go local with NEISD!

* Indicates pork product

+ Possible trace of sesame due to manufacturer

++ Possible trace of tree nuts due to manufacturer

Choice of milk with breakfast & lunch

• 1% White

• Lactose-Free

• Fat-Free Chocolate

• Soy Milk

MONDAY

School Nutrition Services is hiring \$14.11 hour starting



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

TUESDAY

Visit: schoolcafe.com/ NorthEastISD or download the School Café App to access meal account information, make payments & apply for free or reduced-price meals.

WEDNESDAY

THURSDAY

FRIDAY

5

French Toast Sticks OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Italian Salad
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Celery Sticks & Crispy Carrots
Sliced Apples / Sliced Pears

6

National Taco Day!

*Chorizo & Egg Taco OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Spaghetti w/Meat Sauce or Marinara & Cheesy Bread
Crispy Chicken Salad
Hummus Bento Box
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Tossed Salad w/Ranch
Raw Veggie Medley w/Dip
Fresh Watermelon / Fruit Cocktail

7

Biscuit & Sausage OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Frito Pie w/Cheese & Cornbread
Italian Salad
Yogurt Combo
WOW Sandwich Combo+

Ranchero Beans
Mixed Green Salad w/Ranch
Cucumber Slices w/Tajin
Seedless Grapes / Natural Applesauce

8

Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Grilled Cheese & Tomato Soup
Spicy Chicken Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Tater Tots
Red Bell Peppers & Grape Tomatoes
Cucumber & Jicama Sticks w/Tajin
Granny Smith Apple / Blueberries w/Cream

9

Pumpkin Parade
OCT. 5TH-8TH

Sausage Kolache* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO Beef or Chicken Burrito
Asian Chicken Salad
Yogurt Combo
Nacho Box

CAFETERIA CIRCUS
NATIONAL SCHOOL LUNCH WEEK
★ OCT 12TH-16TH ★ 2026 ★

13

Bacon & Egg Taco OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Chicken & Waffles
Crispy Chicken Salad
Hummus Bento Box
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Zesty Tomatoes & Cucumbers
Carrots w/Hummus
Gala Apple / Sliced Pears

14

Biscuit & Sausage OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice
Italian Salad
Yogurt Combo
Nacho Box

Ranchero Beans
Taco Trimmings
Crispy Carrots & Grape Tomatoes
Sliced Apples / Sliced Peaches

15

Pumpkin Bread OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Spicy Chicken Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Savory Green Peas
Cucumber & Jicama Sticks w/Tajin
Celery Sticks & Crispy Carrots
Fresh Banana / Strawberry Applesauce

16

Sausage Kolache* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO Beef or Chicken Burrito
Asian Chicken Salad
Yogurt Combo
Nacho Box

Mexican Street Corn
Burrito Trimmings
Crispy Carrots w/Dip
Seedless Grapes / Fruit Cocktail

19

Pancake Sausage Wraps OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Tenders w/Cornbread
Italian Salad
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Broccoli Salad*
Crispy Carrots w/Dip
Orange Smiles / Sliced Pears

20

Sausage Potato & Egg Taco OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Meatza Pizza* or Cheese Pizza
Crispy Chicken Salad
Hummus Bento Box
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Mixed Green Salad w/Ranch
Red Bell Peppers & Crispy Carrots
Fresh Watermelon / Strawberries w/Cream

21

*Biscuit & Chicken OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Beef & Cheese or Cheese Nachos
Italian Salad
Yogurt Combo
WOW Sandwich Combo+

Ranchero Beans
Mexican Street Corn
Celery Sticks & Grape Tomatoes
Seedless Grapes / Natural Applesauce

22

Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Asian Noodle Bowl+ w/Egg Roll
Spicy Chicken Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Stir Fry Vegetables
Zesty Tomatoes & Cucumbers
Tossed Salad w/Ranch
Fresh Banana / Strawberry Craisins

23

Slush Day!

Donut Holes & Sausage* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BBQ or Buffalo Boneless Wings w/Mac N Chz
Asian Chicken Salad
Yogurt Combo
Nacho Box

Savory Green Peas
Celery Sticks & Crispy Carrots
Cucumber Slices w/Tajin
Granny Smith Apple / Lone Star Luau Slush

26

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Italian Salad
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Raw Veggie Medley w/Dip
Celery Sticks & Grape Tomatoes
Fresh Watermelon / Fruit Cocktail

27

Ham & Cheese Croissant OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Meatza Pizza* OR Cheese Pizza
Crispy Chicken Salad
Hummus Bento Box
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Mixed Green Salad w/Ranch
Celery Sticks w/Hummus
Seedless Grapes / Natural Applesauce

28

Chicken & Waffles OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Cheese Enchiladas w/Spanish Rice
Italian Salad
Yogurt Combo
WOW Sandwich Combo+

Ranchero Beans
Cucumber & Jicama Sticks w/Tajin
Red Bell Peppers & Grape Tomatoes
Sliced Apples / Sour Watermelon Raisins

29

Blueberry Muffin & Sausage OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice
Spicy Chicken Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Savory Green Peas
Red Bell Peppers & Crispy Carrots
Tossed Salad w/Ranch
Fresh Banana / Strawberries w/Cream

30

National Breadstick Day!

Dutch Waffle OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO Stuffed Baked Potato w/Bread Stick
Asian Chicken Salad
Yogurt Combo
Nacho Box

Buffalo Cauliflower
Crispy Carrots w/Dip
Cucumber Slices w/Tajin
Orange Smiles / Sliced Peaches