

Monday	Tuesday	Wednesday	Thursday	Friday
1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Wowbutter Sandwich w/ GF Bread	Yogurt & Cheese (I-27B)	Bean & Cheese Tacos 2 each	Macaroni & Cheese w/ GF Rotini (I-31)	Yogurt & Cheese (I-27B)
	Tostito Chips - 1 bag	on Corn Tortillas (I-21)	w/GF Bread	Tostito Chips - 1 bag
Vegetables	Vegetables	Vegetables		Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Hamburger+ on GF Bun (I-9D) (K,M,M)	GF Rotini(I-31B) w/ Meatsauce	Bean & Cheese Tacos 2 each	Toasted Cheese on GF Bread I-2	Baked Potato w/ Cheese (Marg)
OR Yogurt & Cheese (I-27B)	No Bread	on Corn Tortillas (I-21)		w/GF Bread No Roll
Tostito Chips - 1 bag				
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Wowbutter Cup x2 w Jelly on GF Bread	Macaroni & Cheese w/ GF Rotini (I-31)	Crispy Beef Tacos w/ Spanish Rice	Baked Potato w/ Cheese (Marg)	Yogurt & Cheese (I-27B)
	w/GF Bread		w/GF Bread No Roll	Tostito Chips - 1 bag
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
Sloppy Joe+ on GF Bun	Baked Potato w/ Cheese (Marg)	Beef & Cheese Nachos (S/J)	Toasted Cheese on GF Bread I-2	Pork & Cheese Tamales* (s)
OR Yogurt & Cheese (I-27B)	w/GF Bread No Roll			
Tostito Chips - 1 bag				
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Wowbutter Sandwich w/ GF Bread	Yogurt & Cheese (I-27B)	Bean & Cheese Tacos 2 each	Macaroni & Cheese w/ GF Rotini (I-31)	Yogurt & Cheese (I-27B)
	Tostito Chips - 1 bag	on Corn Tortillas (I-21)	w/GF Bread	Tostito Chips - 1 bag
Vegetables	Vegetables	Vegetables		Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
DO NOT SERVE: broccoli w/cheese, gravy on mashed potatoes, potato wedges, spicy hashbrowns, stir-fry vegetables, cornbread, roll, croutons, fried rice				
Gluten-Free Vegetables: savory green beans, pinto beans, baked beans, cheesy garlic mashed potatoes, mashed potatoes (no gravy), savory peas, sweet potato fries, corn, smile fries, emoji fries, tater tots, lettuce, spinach, tomato, celery, carrots, red peppers, cucumber, jicama, tossed salad, raw vegetable medley				
Gluten-Free Condiments: catsup, mayonnaise, mustard, ranch, tajin, jalapenos, salsa, Italian salad dressing packet, ranch dressing packet, pico de gallo				
All regular fruit offerings are gluten-free (applesauce, banana, diced peaches, watermelon, strawberries & cream, fruit cocktail, blueberries & cream, sliced peaches, fresh apples, apple slices, watermelon raisins, orange, blue raspberry juice freeze, sliced pears, raisins, Craisins				

BREAKFAST: serve 3 items from the list - (1 item must be a fruit or juice)			Recipe	Recipe Code in PE
1 Cereal*	*Gluten-Free Cereal:		Fritos	7811431
GF Toast w Jelly	Cinnamon Chex		GF Loaf Bread	3704030
Yogurt	Honey Cheerios		Hamburger on GF Bun	I-9D
Sausage Patty	Blueberry Chex		Italian Chef Salad - GF	I-17D
			Rotini GF & Cheese	I-31
			String Cheese (Mozzarella)	2602550
Juice			Tortilla Chips	7811032
Fruit			Tostito Chip Bag	1107530
			Turkey Coins	4332330
Milk, (plain in PK sites)			Yogurt	2606031 & 2606131