



December



Favs Menu



HIGH SCHOOL MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk

LUNCH: Entrée, Veggie (Pick 2), Fruit (Pick 2), Milk

* Indicates Pork Product

+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch

• 1% White

• Lactose-Free

• Fat-Free Chocolate

• Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 National Root Vegetable Month! Donut Holes & Sausage* OR Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Bacon* Cheeseburger+ or Black Bean Burger+ Italian Salad* WOW Sandwich Combo+ Tater Tots Burger Trimmings Choice of Veggies Orange Smiles / Raspberry Passionfruit Slush	2 Sausage & Cheese Flatbread OR Mango Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Chicken and Waffles Crispy Chicken Salad Chili Lime Hummus Bento Box Spicy Hashbrowns Baked Beans Celery Sticks & Grape Tomatoes Granny Smith Apple / Strawberries w/Cream	3 Biscuit & Sausage* OR Potato & Egg Taco OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Beef & Cheese Nachos or Cheese Nachos WOW Sandwich Combo+ Spicy Hot Chicken Wrap Ranchero Beans Cucumber & Jicama Sticks w/Tajin Red Bell Peppers & Grape Tomatoes Fresh Banana / Natural Applesauce	4 Homemade Cinnamon Roll OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Spaghetti w/Meat or Marinara Sauce & Cheesy Bread Spicy Tender Salad Yogurt Combo Italian Green Beans Broccoli Salad* Zesty Tomatoes & Cucumbers Seedless Grapes / Sliced Peaches	5 National Comfort Food Day! Waffle Breakfast Sandwich* OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Homemade Roll Italian Salad* Nacho Box Mashed Potatoes w/Gravy Tossed Salad w/Ranch Celery Sticks & Crispy Carrots Orange Smiles / Sliced Pears
8 National Exotic Fruit Month! Ham & Cheese Croissant* OR Bacon & Egg Taco* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Grilled Cheese Sandwich Italian Salad* WOW Sandwich Combo+ Wedge Fries Tomato Soup Crispy Carrots w/Dip Fresh Kiwi / Strawberry Applesauce	9 National Pear Month! French Toast Sticks OR Orange Cream Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Meatza Pizza* or Cheese Pizza Crispy Chicken Salad Chili Lime Hummus Bento Box Buttered Corn Broccoli Salad* Raw Vegetable Medley w/Dip Fresh Pear / Sliced Peaches	10 Chicken & Waffles OR Chorizo & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cheese Enchiladas w/Chili & Spanish Rice WOW Sandwich Combo+ Spicy Hot Chicken Wrap Ranchero Beans Zesty Tomatoes & Cucumbers Red Bell Peppers & Crispy Carrots Orange Smiles / Strawberry Craisins	11 Confetti Pancakes OR Steak & Egg Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Spicy Tender Salad Yogurt Combo Stir Fry Vegetables Mixed Green Salad w/Ranch Cucumber & Jicama Sticks w/Tajin Seedless Grapes / Blueberries w/Cream	12 Blueberry Muffin & Sausage* OR Strawberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Stuffed Baked Potato w/Breadstick Italian Salad* Nacho Box Savory Green Beans Tossed Salad w/Ranch Celery Sticks & Grape Tomatoes Sliced Apples / Fruit Cocktail
15 Donut Holes & Sausage* OR Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Meatball Sub+ Italian Salad* WOW Sandwich Combo+ Tater Tots Tossed Salad w/Ranch Crispy Carrots w/ Dip Orange Smiles / Sour Watermelon Raisins	16 Winter Feast! Sausage & Cheese Flatbread OR Mango Smoothie OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Roasted Turkey w/Roll & Combread Dressing Crispy Chicken Salad Chili Lime Hummus Bento Box Mashed Potatoes w/Gravy NEW! Savory Green Beans Pumpkin Square Strawberries w/Cream / Variety of Fruit	17 Sunrise Egg, Sausage & Potato Bowl* OR Potato & Egg Taco OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice WOW Sandwich Combo+ Spicy Hot Chicken Wrap Ranchero Beans Taco Trimmings Variety of Veggies Variety of Fruit	18 Dutch Waffle OR Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Pizza Cheese Sticks w/Marinara Spicy Chicken Sandwich+ Yogurt Combo Sweet Potato Fries Variety of Veggies Variety of Fruit	19 Confetti Pancakes OR Blueberry Banana Smoothie OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Pepperoni Stuffed Crust Pizza* Cheese Stuffed Crust Pizza Corn Dog Tater Tots Variety of Veggies Variety of Fruit
22	23	24	25	26

WINTER BREAK

29

30

31



**School Nutrition
Services is hiring
\$14.11 hour starting**



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

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meal account information,
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