

MENU CHOICES








BREAKFAST	LUNCH
Entrée	Entrée
Fruit	Veggies (Pick 2)
Juice	Fruit (Pick 2)
Milk	Milk

NEAC January

MILK CHOICES

1% White
Fat Free Chocolate
Lactose Free
Soy Milk

Menu subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 HAPPY NEW YEAR!!	National Bean Day! 6 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pepperoni Pizza* or Cheese Pizza Wowbutter Sandwich+ w/ Cheese Stick Baked Beans Celery Sticks & Grape Tomatoes Orange Smiles Sliced Pears	Biscuit & Chicken 7 OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/ Spanish Rice Yogurt & Chex Combo Ranchero Beans Taco Trimmings Granny Smith Apple Sliced Peaches	Donut Holes & Sausage* 8 OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Breaded Ravioli & Cheese Sticks w/ Marinara Wowbutter Sandwich+ w/ Cheese Stick Italian Salad* Italian Green Beans Raw Vegetable Medley w/ Dip Fresh Banana Strawberry Applesauce	Dutch Waffle 9 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/ Cornbread Yogurt & Granola Combo Mashed Potatoes w/ Gravy Crispy Carrots w/ Dip Sliced Apples Fruit Cocktail
Confetti Pancakes 12 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Corn Dog Yogurt & Granola Combo Spicy Hashbrowns Celery Sticks & Crispy Carrots Apple Crisps Sliced Peaches	 Chorizo & Egg Taco 13 OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Sweet Asian Chicken w/ Fried Rice Wowbutter Sandwich+ w/ Cheese Stick Crispy Chicken Salad Crispy Carrots w/ Dip Cucumber Slices w/ Tajin Sliced Apples Strawberries w/ Cream	Biscuit & Sausage* 14 OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Cheese or Beef & Cheese Nachos Yogurt & Chex Combo Ranchero Beans Celery Sticks & Grape Tomatoes Seedless Grapes Natural Applesauce	Ham & Cheese Croissant* 15 OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Pizza Cheese Sticks w/ Marinara Wowbutter Sandwich+ w/ Cheese Stick Italian Salad*  Broccoli w/ Cheese Tossed Salad w/ Ranch Fresh Banana Sour Watermelon Raisins	Sunrise Egg, Sausage & Potato Bowl 16 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken & Waffles Yogurt & Granola Combo Baked Beans Raw Vegetable Medley w/ Dip Granny Smith Apple Sliced Pears
 SCHOOL HOLIDAY 19	Bean & Cheese Taco 20 OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk BBQ Boneless Wings & Cornbread Wowbutter Sandwich+ w/ Cheese Stick Crispy Chicken Salad Broccoli w/ Cheese Raw Vegetable Medley w/ Dip Seedless Grapes Natural Applesauce	Blueberry Muffin & Sausage* 21 OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Cheese Enchiladas w/ Chili & Spanish Rice Yogurt & Chex Combo Ranchero Beans Crispy Carrot w/ Dip Sliced Apples Strawberry Craisins	Dutch Waffle 22 OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Pepperoni* or Cheese Pizza Wowbutter Sandwich+ w/ Cheese Stick Italian Salad* Buttered Corn Tossed Salad w/ Ranch Fresh Banana Strawberries w/ Cream	Ham & Cheese Croissant* 23 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Nuggets w/ Cornbread Yogurt & Granola Combo Mashed Potatoes w/ Gravy Celery Sticks & Grape Tomatoes Orange Smiles Sliced Peaches
Chicken & Waffles 26 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Breaded Chicken Sandwich+ Yogurt & Granola Combo Spicy Hashbrowns Burger Trimmings Granny Smith Apple Sliced Pears	 NEW! Sausage, Potato & Egg Taco* 27 OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk General Tso Chicken+ w/ Fried Rice Wowbutter Sandwich+ w/ Cheese Stick Crispy Chicken Salad Savory Green Beans Tossed Salad w/ Ranch Apple Crisps Fruit Cocktail	Donut Holes & Sausage* 28 OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Frito Pie Yogurt & Chex Combo Ranchero Beans Cucumber Slices w/ Tajin Seedless Grapes Natural Applesauce	 Confetti Pancakes 29 OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Spaghetti w/ Meat or Marinara Sauce & Cheesy Bread Wowbutter Sandwich+ w/ Cheese Stick Italian Salad* Buttered Corn Crispy Carrots w/ Dip Sliced Apples Sliced Peaches	 Sausage & Cheese Flatbread 30 OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Steak Fingers w/ Cornbread Yogurt & Granola Combo Mashed Potatoes w/ Gravy Crispy Carrots & Grape Tomatoes Orange Smiles Sour Watermelon Raisins



School Nutrition
Services is hiring
Starting at: \$14.11

*Indicates Pork Product
+Possible trace of sesame due to manufacturer



To see the current and upcoming menus, go to: NEISD School Nutrition
Services website OR schoolCafe.com/NorthEastISD or
download the School Café App

This institution is an equal opportunity provider.