

welcome back

Paradise Junior High School

Menus for
August 2025

We're proud to help keep America strong

Most folks don't know that the National School Lunch Program began in the years after World War II because so many recruits had been deferred from war-time service due to malnutrition. So serving meals at school began as a national defense strategy! School meals were good for kids, good for families – and good for our nation. And we're still here for you, day in and day out, all year long. Welcome back!!

School Meals
We serve education every day™

Fruitful

for you & your family.



Our meals are convenient,
economical, and healthy.
Please join us often!

All of our complete meals are always

NO CHARGE

for all students with no need
to submit an application!

We're
SO GLAD
to see you!
It's going
to be a
GREAT YEAR
and we can't
wait to serve
your meals!

Word of the Month

hon·or

noun. 1. High public esteem.
2. Honesty or integrity in one's
beliefs and actions. 3. High re-
spect, as for worth, merit, or rank.

I am the letter

T



tent

FRUIT

Yellow Peppers



Sweet yellow peppers are
great for variety and color
in a snack bag or veggie
tray. And just a quarter of
a large yellow pepper
provides all the vitamin C
our bodies needs for
a whole day!

OF THE MONTH



MEAT, MEET YOUR MATCH

Crocodiles prefer meat. Any kind of meat and lots of it. They'll eat whatever they can snatch -- depending on where they live, that includes snakes, cows, deer, fish, wildebeest, gazelles, dingos, water buffaloes, boars, kangaroos, hippos, other crocodiles, small elephants -- even sharks. No wonder big crocs can tip the scales at more than 2,000 pounds!

ANIMAL APPETITES

Paradise Jr. School Menu August & September 2025 Cycle Menu

BREAKFAST	<i>Whole Wheat Bagel & Cream Cheese, CinniMini</i> Assorted Cereal, Muffins, & BeneFit Bars Fresh Fruit Juice NF Choc Milk 1%white milk	Sausage, Egg & Cheese Biscuit Sandwich OR Assorted Cereal, Muffins, & BeneFit Bars Fresh Fruit Juice NF Choc Milk 1%white milk	Breakfast Burrito, OR Assorted Cereal, Muffins, & BeneFit Bars Fresh Fruit Juice NF Choc Milk 1%white milk	English Muffin, Bacon, Egg & Cheese or Assorted Cereal, Muffins, & BeneFit Bars Fresh Fruit Juice NF Choc Milk 1%white milk	Fresh Baked Cinnamon Rolls, Wheat Bagel & Cream Cheese or Assorted Cereal, Muffins, & BeneFit Bars Fresh Fruit Juice NF Choc Milk 1%white milk
LUNCH	<i>Chicken Strips & Tots</i> or Beef Burger w/Tots Homemade Pizza	Beef Tacos or Chicken Burger & Potato Tots	<i>Chicken Drums & Garlic Breadstick</i> or Beef Burger w/Tots Homemade Pizza	Spaghetti & Meat Sauce with Breadsticks or Chicken Burger & Potato Tots	Homemade Pizza
LUNCH AVAILABLE DAILY	Lunch Items Offered Daily: Chicken Caesar Salad, Turkey & Cheese Sandwich or Fruit, Yogurt & Granola Parfait. Available with each meal: Fresh Fruit, Veggies, and a choice of 1% White Milk or Nonfat Chocolate Milk				
Garden Bar	Fresh Apple Slices Green Leaf Lettuce Tomato Slices Onions, Pickles, Jalapenos	Pears Green Leaf Lettuce Tomato Slices Black Bean, Corn & Salsa 1 cup Onions, Pickles, Jalapenos	Oranges Green Leaf Lettuce Tomato Slices Onions, Pickles, Jalapenos	FRUIT COCKTAIL Green Leaf Lettuce Tomato Slices Onions, Pickles, Jalapenos	SLICED PEACHES or SLICED PEARS Green Leaf Lettuce Tomato Slices Onions, Pickles, Jalapenos
Milk Choice	1% or Nonfat Milk Choice Daily	1% or Nonfat Milk Choice Daily	1% or Nonfat Milk Choice Daily	1% or Nonfat Milk Choice Daily	1% or Nonfat Milk Choice Daily

This institution is an equal opportunity employer