

Counselor's Corner



LADERA RANCH ELEMENTARY SCHOOL | SEPTEMBER 2026

LESSONS AND ACTIVITY

SEPTEMBER CLASS LESSONS

- TK/K: Meet the School Counselor
- 1st: [Fair Ways to Play](#)
- 2nd: [Problem Solving](#)
- 3rd: [Introducing Emotion Management](#)
- 4th: [A Good Problem Solver](#)
- 5th: [Managing Anxiety](#)



SCHOOL COUNSELOR ACTIVITY FOR HOME

Sept 15th is International Dot Day, a global celebration of creativity, courage, and collaboration inspired by the children's book *The Dot* by Peter H. Reynolds

Read/Listen to [The Dot](#) and discuss with child

- Create a simple art project with only two directions: add a dot and sign your name
- Encourage your child to make their mark!

MEET THE COUNSELORS

SUPPORTS OFFERED BY THE SCHOOL COUNSELOR

- Social-emotional classroom lessons for all students
- Short-term small group or individual counseling sessions for a few students
- Crisis counseling
- Conflict mediation using restorative practices
- Parent and teacher consultation about student social, emotional, behavioral, and/or academic needs
- Community referrals for families
- School-wide activities to promote a positive school climate



Mrs. Burke

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**Miss Chloe
(Intern)**

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RESOURCES

TIPS FOR PARENTS/GUARDIANS:

- [Creating a successful morning routine for school](#)
- [Daily schedule chart to print and post at home](#)
- [Back to School Anxiety: How to Help Kids Manage](#)
- [Back to School Interview and Coloring Page](#)
- [8 Ways to Help Kids with Separating for School](#)



LADERA RANCH ELEMENTARY SCHOOL COUNSELOR

Susan Burke, M.A., P.P.S



[Counselor's Corner Website](#)

Schedule: Mon, Thurs 7:30-3:00
Wednesdays 7:30-11:30

