



Foothill High School

Daily Bulletin

Flex Bell Schedule

Wednesday, January 28, 2026

General Information

- **Peer Court** Recruitment Event: Interested in leadership, community engagement, or courtroom experience? Come check out the Shasta Youth Peer Court Recruitment Event on Wednesday, January 28th, from 5:00 to 6:30 PM! Enjoy free pizza, win raffle prizes, and learn how you can get involved with our awesome team of student volunteers.
 - The flyer can also be found at the following link:
https://drive.google.com/file/d/15DwRjFw9DGtw4EAG8OA_5nqcT52hynSS/view?usp=sharing
 - To learn more about Youth Options Shasta, please visit youthoptionsshasta.org
- **Simpson University** will be on campus Thursday, January 29th during FLEX. Choose this option in FlexiSCHED to attend.
- **USAF** Recruiters will be on campus to give a presentation about the Air Force and how to apply for ROTC on Tuesday, February 3rd during 2nd period. Sign up in the Career Center to attend.
- **Club Cougar** tickets are now on sale!!!! Come step back into the 1930's in Chicago! Dress up, dance, and watch an amazing show! Show dates are January 30, 31, and February 5, 6 and 7 at the David Marr Auditorium. Tickets are \$25 for general admission and \$50 for VIP at clubcougar.square.site. Don't miss out on this amazing production.
- Support the FHS Sober Grad at **Bingo Night** on Tuesday, February 3rd at 6:30 PM at the Buckeye Grange (12508 Lake Blvd). 1st card \$10 - 10 games, add'l cards \$5. Concessions available for purchase.
- Get your tickets for the FHS Boosters **10th Annual Crab Feed** on February 7th, doors open at 5:30 and dinner begins at 6:30 PM. Tickets can be purchased in the main office (cash or check only): Individual \$85 or Table (seats 10) \$1200.
- Order your Easter treats on the **See's Candies** Web store and support FHS Sober Grad! The store will remain open until 3/20 and are shipped directly to you.
<https://www.yumraising.com/store/spring-2026-foothill-high-school-sober-grad-class-of-2026-5a63/CanWil2966>

ASB/Yearbook

- Yearbook inventory continues to drop! Head to jostensyearbooks.com as we only have 34% of our inventory remaining. Please direct any questions to afitzgerald@suhsd.net
- Order Rose Grams on the webstore now before they sell out! Send a Valentine's surprise to a friend or special someone by choosing from three options: Package A (\$5) includes one rose, Valentine's candy, and a custom note; Package B (\$10) includes three roses, Valentine's candy, and a custom note; and Package C (\$15) includes five roses, Valentine's candy, heart balloons, a mini teddy bear, and a custom note. All Rose Grams will be delivered on February 13th!

Senior Information

- **Sober Grad certificates** are due to the FHS front office by February 27th. Certificate sales can be used to offset or completely cover the cost of the entry fee for the night of Sober Grad. Students won't want to miss one of the biggest parties of the year. Copies can be found in the front office or on the FHS website. Contact Shelby Price with any questions at 530-262-5259.

Scholarships

-  FHS Scholarship List 2025-2026

As you browse the scholarships click on the scholarship titles and they will take you directly to the scholarship's official website or application. Scholarships are organized by their due dates. As scholarships become active they will turn blue, meaning the application is open and available.

Sports

- **Football** afterschool weight room training sessions will run Monday through Thursday from 3:30–4:45 PM. This is open to players not currently in a sport.
 - **JV and freshmen baseball** tryouts will be Wednesday and Thursday from 3:45 to 5:30 PM. Must have a blue card to try out.
 - Anyone interested in trying out for the **Trap Team** should contact coach Al Shabazian by email at alashabazian@gmail.com. Try-outs will be held February 1st.
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Athletics Today

- **Wrestling:** Wednesday, Jan. 28 vs Enterprise @ Enterprise (6:00)
- **Girls Soccer:** Wednesday, Jan. 28 vs Enterprise @ FHS (5:00/7:00)
- **Boys Soccer:** Wednesday, Jan. 28 vs Enterprise @ Enterprise (5:00/7:00)

****All sports are weather permitted***