

A variety of milk, juice, fruit, and vegetables are available with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 1 (V) Egg/Cheese Bagel (V) Cinnamon Roll (V) Ultimate Bkfst Cookie Honey Cheerios & Cracker Chef's Choice	Oct 2 (V) Maple Waffle English Muffin & Sausage (V)Yogurt w/ Blueberries (V)Cinnamon Toast Crunch Chef's Choice
Oct 5 Breakfast Pizza Bussin' Quesadilla (V) Powdered Gem (V) Trix Cereal Chef's Choice	Oct 6 Chorizo/Egg Burrito (V) Blueberry Muffin (V)Bagel w/Cream Cheese Cinna Cereal Bites Chef's Choice	Oct 7 Veggie Scramble (V) Breakfast Scone (V) PB & J Sandwich Cinnamon Toast Crunch Chef's Choice	Oct 8 (V) Egg/Cheese Bagel (V) Cinnamon Roll (V) Ultimate Bkfst Cookie (V) Blueberry Chex Chef's Choice	Oct 9 (V) Maple Waffle English Muffin & Sausage (V)Yogurt w/ Blueberries (V) Trix Cereal Chef's Choice
Oct 12 (V) Chocolate Gem (V)French Toast Sticks (V) Breakfast Bar (V) Cocoa Puffs Chef's Choice	Oct 13 Egg & Cheese Sandwich Banana Chocolate Chip Muffin (V)Bagel w/Jalapeno Cream Cheese Vanilla Bean Cereal Bites Chef's Choice	Oct 14 Egg & Sausage Muffin Pancake on a Stick (V) PB & J Sandwich (V) Blueberry Chex Chef's Choice	Oct 15 Pancake Sandwich (V) Peach Parfait Banana Muffin (V)Apple Cinn Cheerios Chef's Choice	Oct 16 (V) Breakfast Burrito (V)Double ChocChip Muffin (V) Bean & Cheese Burrito Cocoa Cereal Bites Chef's Choice Fresh Blueberries
Oct 19 Breakfast Pizza Bussin' Quesadilla (V) Powdered Gem (V) Trix Cereal Chef's Choice	Oct 20 Chorizo/Egg Burrito (V) Blueberry Muffin (V)Bagel w/Cream Cheese Cinna Cereal Bites Chef's Choice	Oct 21 Veggie Scramble (V) Breakfast Scone (V) PB & J Sandwich Cinnamon Toast Crunch Chef's Choice	Oct 22 (V) Egg/Cheese Bagel (V) Cinnamon Roll (V) Ultimate Bkfst Cookie (V) Blueberry Chex Chef's Choice	Oct 23 (V) Maple Waffle English Muffin & Sausage (V)Yogurt w/ Blueberries (V) Trix Cereal Chef's Choice

Monday	Tuesday	Wednesday	Thursday	Friday
Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
(V) Chocolate Gem (V)French Toast Sticks (V) Breakfast Bar (V) Cocoa Puffs Chef's Choice	Egg & Cheese Sandwich Banana Chocolate Chip Muffin (V)Bagel w/Jalapeno Cream Cheese Vanilla Bean Cereal Bites Chef's Choice	Egg & Sausage Muffin Pancake on a Stick (V) PB & J Sandwich (V) Blueberry Chex Chef's Choice	Pancake Sandwich (V) Peach Parfait Banana Muffin (V)Apple Cinn Cheerios Chef's Choice	(V) Breakfast Burrito (V)Double ChocChip Muffin (V) Bean & Cheese Burrito Cocoa Cereal Bites Chef's Choice Fresh Blueberries

This institution is an equal opportunity provider.