

Menu Name:

HIGH SCHOOL BREAKFAST RVHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 11/03/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB       | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 20        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ        | SERVING      | 48        | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0                  | 0.00       | 0.00      | \$0.000 |
| 002690 EGG & CHEESE BISCUIT           | SERVING      | 16        | 380                      | 10.50                  | 780                    | *0.00            | *N/A*                         | 23.00     | 0.00       | 145         | 30.00    | 2.00      | 13.00     | *N/A*       | 100.0                  | 0.00       | 1.08      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000677 TACO, SAUCE PACKET | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 595                      | 3.91                   | 545                    | *58.03           | *2.30                         | 10.45     | *0.00      | 23          | 111.25   | 6.37      | 16.84     | *2          | 484.7      | 33.63      | 3.12      | \$0.000 |
| % of Calories             |              |           |                          | 5.91%                  |                        | *39.01 %         | *1.54%                        | 15.8%     | *0.0%      |             | 74.8%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 11/04/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 001573 HS PIZZA BREAKFAST             | SLICES       | 64        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8       | 0.00       | *3.10     | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE            | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 620                      | *4.05                  | 595                    | *58.89           | *2.30                         | 10.81     | *0.00      | 21          | 115.12   | 6.85      | 18.20     | *2          | 489.8      | 33.63      | *3.41     | \$0.000 |
| % of Calories                   |              |           |                          | *5.88%                 |                        | *37.99 %         | *1.48%                        | 15.7%     | *0.0%      |             | 74.3%    |           | 11.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 11/05/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ  | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL        | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0                   | 0.00       | *1.00     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002857 JUICE APPLE SC<br>TOTAL JUC 6.75 | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC<br>TOTAL JUC 6.75 | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR<br>PUNCH 6.75 OZ SC    | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT<br>CHOCOLATE        | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                    | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE<br>FRESH WHOLE      | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS<br>FRESH          | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES<br>FRESH          | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE<br>PACKET            | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP,<br>PACKET               | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                  |              |           | 602                      | 3.80                   | 562                    | *59.24           | *2.30                         | 10.50     | *0.00      | 28          | 112.56   | 6.60      | 17.45     | *2          | 489.5      | 33.63      | *3.23     | \$0.000 |
| % of Calories                           |              |           |                          | 5.68%                  |                        | *39.36 %         | *1.52%                        | 15.7%     | *0.0%      |             | 74.8%    |           | 11.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline               |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 11/06/2025

Reimbursable Meal Total 800

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                             | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                            | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB                           | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB                      | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO           | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4                    | 2.46       | *2.88     | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                |              |           | 619                      | 4.33                   | 595                    | *58.93           | *2.30                         | 11.65     | *0.00      | 25          | 113.28   | 6.77      | 18.37     | *2          | 486.4                  | 33.78      | *3.35     | \$0.000 |
| % of Calories                         |              |           |                          | 6.30%                  |                        | *38.08 %         | *1.48%                        | 16.9%     | *0.0%      |             | 73.2%    |           | 11.9%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

Friday - 11/07/2025                      Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                             | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                            | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002637 CEREAL, CINNTOASTERS 2GB       | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 20        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ        | SERVING      | 48        | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0      | 0.00       | 0.00      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD  | ROLL         | 68        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6       | 0.01       | 2.02      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 611                      | 3.96                   | 590                    | *58.78           | *2.30                         | 10.80     | *0.00      | 21          | 114.16   | 6.50      | 17.22     | *2          | 488.8      | 33.63      | 3.27      | \$0.000 |
| % of Calories             |              |           |                          | 5.83%                  |                        | *38.48 %         | *1.50%                        | 15.9%     | *0.0%      |             | 74.7%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 11/10/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                            | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc <sup>m</sup><br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|--------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------------------|---------------|--------------|---------|
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG   | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0                     | 0.00          | 3.60         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE        | SERVINGS        | 36           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0                      | 0.00          | 2.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE   | SERVINGS        | 36           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0                     | 0.00          | 1.50         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG     | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0                      | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ           | EA              | 20           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0                     | 9.00          | 5.40         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ          | EA              | 20           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0                     | 0.00          | 5.60         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB         | BOWL            | 20           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0                     | 0.00          | 9.00         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB | BOWL            | 20           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0                       | 0.00          | 16.20        | \$0.000 |
| 002317 SCONES,<br>ASSORTED WG 2<br>GRAINS  | SERVINGS        | 24           | 280                         | 3.08                      | 193                       | 21.22                  | *N/A*                               | 7.75         | 0.02          | 11             | 50.50       | 3.52         | 4.05         | *N/A*          | 120.0                     | 2.55          | 1.76         | \$0.000 |
| 001834 BRKFST, WG<br>MUFFIN ASSORTED 2G    | #8 SCOOP        | 24           | 334                         | 2.00                      | 208                       | 29.00                  | *N/A*                               | 10.73        | 0.00          | 35             | 56.77       | 3.47         | 5.17         | *N/A*          | 116.7                     | 0.00          | 1.98         | \$0.000 |
| 000837 YOGURT,<br>RASPB/PEACH 4 OZ         | SERVING         | 48           | 110                         | 0.50                      | 55                        | *N/A*                  | *N/A*                               | 1.00         | *N/A*         | 4              | 22.00       | 0.00         | 4.00         | *N/A*          | 100.0                     | 0.00          | 0.00         | \$0.000 |
| 002690 EGG & CHEESE<br>BISCUIT             | SERVING         | 16           | 380                         | 10.50                     | 780                       | *0.00                  | *N/A*                               | 23.00        | 0.00          | 145            | 30.00       | 2.00         | 13.00        | *N/A*          | 100.0                     | 0.00          | 1.08         | \$0.000 |
| 000228 MILK, NONFAT<br>CHOCOLATE           | CARTON          | 400          | 120                         | 0.00                      | 150                       | 19.00                  | *N/A*                               | 0.00         | 0.00          | 5              | 22.00       | 0.00         | 9.00         | *N/A*          | 300.0                     | 0.00          | 0.36         | \$0.000 |
| 000230 MILK,1% WHITE                       | CARTON          | 300          | 130                         | 1.50                      | 160                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 15             | 16.00       | 0.00         | 10.00        | *N/A*          | 400.0                     | 1.20          | 0.00         | \$0.000 |
| 002859 JUICE VERY<br>BERRY SC TOJUC 6.75   | CARTON          | 200          | 100                         | 0.00                      | 20                        | 24.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 26.00       | 0.00         | 0.00         | *N/A*          | 17.0                      | 0.00          | 0.00         | \$0.000 |
| 002857 JUICE APPLE SC<br>TOTAL JUC 6.75    | CARTON          | 200          | 90                          | 0.00                      | 10                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 23.00       | 0.00         | 0.00         | *N/A*          | 17.0                      | 0.00          | 0.00         | \$0.000 |
| 002858 JUICE GRAPE SC<br>TOTAL JUC 6.75    | CARTON          | 200          | 130                         | 0.00                      | 20                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 33.00       | 0.00         | 0.00         | *N/A*          | 20.0                      | 0.00          | 0.00         | \$0.000 |
| 000997 JUICE, FR<br>PUNCH 6.75 OZ SC       | EACH            | 200          | 100                         | 0.00                      | 10                        | 23.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 25.00       | 0.00         | 0.00         | *N/A*          | 30.0                      | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 595                      | 3.91                   | 545                    | *58.03           | *2.30                         | 10.45     | *0.00      | 23          | 111.25   | 6.37      | 16.84     | *2          | 484.7      | 33.63      | 3.12      | \$0.000 |
| % of Calories                   |              |           |                          | 5.91%                  |                        | *39.01 %         | *1.54%                        | 15.8%     | *0.0%      |             | 74.8%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 11/12/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL        | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0                   | 0.00       | *1.00     | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75 | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC    | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET            | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET               | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average               |              |           | 602                      | 3.80                   | 562                    | *59.24           | *2.30                         | 10.50     | *0.00      | 28          | 112.56   | 6.60      | 17.45     | *2          | 489.5      | 33.63      | *3.23     | \$0.000 |
| % of Calories                        |              |           |                          | 5.68%                  |                        | *39.36 %         | *1.52%                        | 15.7%     | *0.0%      |             | 74.8%    |           | 11.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 11/13/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000929 POCKET, TURKEY PIZZA 4 OZ      | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ  | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ  | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ  | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO           | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4        | 2.46       | *2.88     | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                |              |           | 619                      | 4.33                   | 595                    | *58.93           | *2.30                         | 11.65     | *0.00      | 25          | 113.28   | 6.77      | 18.37     | *2          | 486.4      | 33.78      | *3.35     | \$0.000 |
| % of Calories                         |              |           |                          | 6.30%                  |                        | *38.08 %         | *1.48%                        | 16.9%     | *0.0%      |             | 73.2%    |           | 11.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 11/14/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                             | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                            | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB                            | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 20        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ        | SERVING      | 48        | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0                  | 0.00       | 0.00      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD  | ROLL         | 68        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 611                      | 3.96                   | 590                    | *58.78           | *2.30                         | 10.80     | *0.00      | 21          | 114.16   | 6.50      | 17.22     | *2          | 488.8      | 33.63      | 3.27      | \$0.000 |
| % of Calories             |              |           |                          | 5.83%                  |                        | *38.48 %         | *1.50%                        | 15.9%     | *0.0%      |             | 74.7%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 11/17/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 20        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ        | SERVING      | 48        | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0                  | 0.00       | 0.00      | \$0.000 |
| 002690 EGG & CHEESE BISCUIT           | SERVING      | 16        | 380                      | 10.50                  | 780                    | *0.00            | *N/A*                         | 23.00     | 0.00       | 145         | 30.00    | 2.00      | 13.00     | *N/A*       | 100.0                  | 0.00       | 1.08      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 595                      | 3.91                   | 545                    | *58.03           | *2.30                         | 10.45     | *0.00      | 23          | 111.25   | 6.37      | 16.84     | *2          | 484.7      | 33.63      | 3.12      | \$0.000 |
| % of Calories                   |              |           |                          | 5.91%                  |                        | *39.01 %         | *1.54%                        | 15.8%     | *0.0%      |             | 74.8%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 11/18/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB       | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7      | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 001573 HS PIZZA BREAKFAST             | SLICES       | 64        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8       | 0.00       | *3.10     | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002858 JUICE GRAPE SC TOTAL JUC 6.75 | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC    | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE        | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                 | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET            | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET               | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average               |              |           | 620                      | *4.05                  | 595                    | *58.89           | *2.30                         | 10.81     | *0.00      | 21          | 115.12   | 6.85      | 18.20     | *2          | 489.8      | 33.63      | *3.41     | \$0.000 |
| % of Calories                        |              |           |                          | *5.88%                 |                        | *37.99 %         | *1.48%                        | 15.7%     | *0.0%      |             | 74.3%    |           | 11.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline            |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 11/19/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000929 POCKET, TURKEY PIZZA 4 OZ      | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ  | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ  | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ  | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS            | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL           | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS      | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG     | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0      | 2.55       | 1.76      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL        | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0       | 0.00       | *1.00     | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                |              |           | 602                      | 3.80                   | 562                    | *59.24           | *2.30                         | 10.50     | *0.00      | 28          | 112.56   | 6.60      | 17.45     | *2          | 489.5                  | 33.63      | *3.23     | \$0.000 |
| % of Calories                         |              |           |                          | 5.68%                  |                        | *39.36 %         | *1.52%                        | 15.7%     | *0.0%      |             | 74.8%    |           | 11.6%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 11/20/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0                   | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG                       | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                             | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                            | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB                            | BOWL         | 22        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 22        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP     | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO           | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4                    | 2.46       | *2.88     | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET             | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 619                      | 4.33                   | 595                    | *58.93           | *2.30                         | 11.65     | *0.00      | 25          | 113.28   | 6.77      | 18.37     | *2          | 486.4      | 33.78      | *3.35     | \$0.000 |
| % of Calories             |              |           |                          | 6.30%                  |                        | *38.08 %         | *1.48%                        | 16.9%     | *0.0%      |             | 73.2%    |           | 11.9%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 11/21/2025

Reimbursable Meal Total 800

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 POCKET, TURKEY PIZZA 4 OZ                          | EACH         | 48        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 40        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 40        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 240                      | 1.50                   | 270                    | 15.00            | *N/A*                         | 7.00      | 0.00       | 0           | 39.00    | 2.00      | 5.00      | *N/A*       | 40.0       | 0.00       | 1.44      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002059 POP TART, BRN SUGAR CINN (2)WG | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE      | SERVINGS     | 36        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE    | SERVINGS     | 36        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG   | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ         | EA           | 20        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ        | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB        | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB  | BOWL         | 20        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 002317 SCONES, ASSORTED WG 2 GRAINS   | SERVINGS     | 24        | 280                      | 3.08                   | 193                    | 21.22            | *N/A*                         | 7.75      | 0.02       | 11          | 50.50    | 3.52      | 4.05      | *N/A*       | 120.0                  | 2.55       | 1.76      | \$0.000 |
| 001834 BRKFST, WG MUFFIN ASSORTED 2G  | #8 SCOOP     | 24        | 334                      | 2.00                   | 208                    | 29.00            | *N/A*                         | 10.73     | 0.00       | 35          | 56.77    | 3.47      | 5.17      | *N/A*       | 116.7                  | 0.00       | 1.98      | \$0.000 |
| 000837 YOGURT, RASP/PEACH 4 OZ        | SERVING      | 48        | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*       | 100.0                  | 0.00       | 0.00      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD  | ROLL         | 68        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002859 JUICE VERY BERRY SC TOJUC 6.75 | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE APPLE SC TOTAL JUC 6.75  | CARTON       | 200       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 002858 JUICE GRAPE SC TOTAL JUC 6.75  | CARTON       | 200       | 130                      | 0.00                   | 20                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 33.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FR PUNCH 6.75 OZ SC     | EACH         | 200       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2025 thru Nov 30, 2025

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 611                      | 3.96                   | 590                    | *58.78           | *2.30                         | 10.80     | *0.00      | 21          | 114.16   | 6.50      | 17.22     | *2          | 488.8      | 33.63      | 3.27      | \$0.000 |
| % of Calories                   |              |           |                          | 5.83%                  |                        | *38.48 %         | *1.50%                        | 15.9%     | *0.0%      |             | 74.7%    |           | 11.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 609                      | *4.01                  | 576                    | *58.77           | *2.30                         | 10.84     | *0.00      | 24          | 113.14   | 6.60      | 17.57     | *2          | 488        | 33.66      | *3.27     | \$0.000 |
| % of Calories     |  |                          | *5.93%                 |                        | *38.60 %         | *1.51%                        | 16.0%     | *0.0%      |             | 74.3%    |           | 11.5%     |             |            |            |           |         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.