

Monday	Tuesday	Wednesday	Thursday	Friday
1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Italian Salad* w/Tostito Chips No croutons or crackers	Hamburger + or Cheeseburger (GF Bun) (Grill) OR Nacho Box	Bean & Cheese Tacos 2 each on Corn Tortillas (I-21) OR 2 Yogurt w/Tostito Chips	Pork & Cheese Tamales* OR 2 Yogurt w/Tostito Chips	Italian Salad* w/Tostito Chips No croutons or crackers OR Nacho Box
Vegetables(2)	Vegetables(2)	Vegetables(2)	Vegetables(2)	Vegetables(2)
Fruits(2)	Fruits(2)	Fruits(2)	Fruits(2)	Fruits(2)
Milk	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Bacon Burger+ on GF Bun	Meat sauce OR Marinara Sauce	Hummus Bento Box No Flatbread	Pork & Cheese Tamales*	Italian Salad* w/Tostito Chips
OR Italian Salad* w/Tostito Chips No croutons or crackers	w/ GF Rotini No Garlic cheese bread	w/Tostito Chips	OR 2 Yogurt w/Tostito Chips	No croutons or crackers OR Nacho Box
Vegetables(2)	Vegetables(2)	Vegetables(2)	Vegetables(2)	Vegetables(2)
Fruits(2)	Fruits(2)	Fruits(2)	Fruits(2)	Fruits(2)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Meatball Sub w/GF Bread	Hamburger + OR Cheeseburger on GF Bun	Crispy Beef Tacos w/ Spanish Rice (S/J)	Pork & Cheese Tamales*	Burrito Bowl 2x rice
OR Italian Salad* w/Tostito Chips No croutons or crackers	OR Hummus Bento Box No Flatbread		OR 2 Yogurt w/Tostito Chips	No tortilla OR Nacho Box
Vegetables(2)	w/Tostito Chips	Vegetables(2)	Vegetables(2)	Vegetables(2)
Fruits(2)	Vegetables(2)	Fruits(2)	Fruits(2)	Fruits(2)
Milk	Fruits(2)	Milk	Milk	Milk
22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
Sloppy Joe on GF Bun	Hamburger + or Cheeseburger (GF Bun) (Grill)	Beef & Cheese Nachos or Cheese Nachos(S/J)	Chicken or Chana Masala w Spiced rice	Mac & Cheese w/ GF Rotini
OR Italian Salad* w/Tostito Chips No croutons or crackers	OR Hummus Bento Box No Flatbread		NO NAAN	& GF Bread on side
Vegetables(2)	w/Tostito Chips	Vegetables(2)	OR 2 Yogurt w/Tostito Chips	OR Nacho Box
Fruits(2)	Vegetables(2)	Fruits(2)	Slush OK!!	Vegetables(2)
Milk	Fruits(2)	Milk	Vegetables(2)	Fruits(2)
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Italian Salad* w/Tostito Chips No croutons or crackers	Hamburger + or Cheeseburger (GF Bun) (Grill)	Bean & Cheese Tacos 2 each on Corn Tortillas (I-21)	Pork & Cheese Tamales*	Italian Salad* w/Tostito Chips
	Hummus Bento Box No Flatbread	OR 2 Yogurt w/Tostito Chips	OR 2 Yogurt w/Tostito Chips	No croutons or crackers OR Nacho Box
Vegetables(2)	w/Tostito Chips	Vegetables(2)	Vegetables(2)	Vegetables(2)
Fruits(2)	Vegetables(2)	Fruits(2)	Fruits(2)	Fruits(2)
Milk	Fruits(2)	Milk	Milk	Milk

GF Cold Entrée Choices & Grill Choices				
Italian Salad* w/Tostito Chips	Hummus Bento Box No Flatbread	2 Yogurt w/Tostito Chips	2 Yogurt w/Tostito Chips	Nacho Box
No croutons or crackers	w/Tostito Chips			
Wowbutter Sandwich+ on GF Bread	Hamburger + or Cheeseburger (GF Bun) (Grill)		Pork & Cheese Tamales* (Grill)	
DO NOT SERVE: broccoli w/cheese SIDE OR BYO, gravy on mashed potatoes, potato wedges, spicy hashbrowns, stir-fry vegetables, cornbread, roll, croutons				
Gluten-Free Vegetables: savory green beans, pinto beans, baked beans, cheesy garlic mashed potatoes, mashed potatoes (no gravy), savory peas, sweet potato fries, corn, smile fries, emoji fries, tater tots, lettuce, spinach, tomato, celery, carrots, red peppers, cucumber, jicama, tossed salad, raw vegetable medley				
Gluten-Free Condiments: catsup, mayonnaise, mustard, ranch, tajin, jalapenos, salsa, Italian salad dressing packet, ranch dressing packet, pico de gallo				
All regular fruit offerings are gluten-free (applesauce, banana, diced peaches, watermelon, strawberries & cream, fruit cocktail, blueberries & cream, sliced peaches, fresh apples, apple slices, watermelon raisins, orange, blue raspberry juice freeze, sliced pears, raisins, Craisins)				
BREAKFAST: Pick 3-4 items from the list - (1 item must be a fruit or juice)				
		Recipe	Recipe Code in PE	
1 Cereal*	*Gluten-Free Cereal:	Fritos	7811431	
GF Toast w Jelly	Cinnamon Chex	GF Loaf Bread	3704030	
Yogurt	Honey Cheerios	Hamburger on GF Bun	I-9D	
Sausage Patty	Blueberry Chex	Italian Chef Salad - GF	I-17D	
		Rotini GF & Cheese	I-31	
Juice		String Cheese (Mozzarella)	2602550	
Fruit		Tortilla Chips	7811032	
		Tostito Chip Bag	1107530	
		Turkey Coins	4332330	
Milk, (plain in PK sites)		Yogurt	2606031 & 2606131	