

Menu Name:

PRE-SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002304 NACHOS, BEAN & CHEESE (K-8)	SERVING	300	374	6.12	608	*1	*N/A*	15.64	*0.00	28	42.20	6.10	13.65	*N/A*	236.0	2.49	0.86	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			629	7.59	782	*28	*0	19.21	*0.00	42	82.93	9.55	26.04	*0	644.7	5809.65	0.94	\$0.000
% of Calories				10.86 %		*17.8%	*0%	27.5%	*0.0%		52.7%		16.6%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 09/03/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	300	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	31	0	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			766	9.67	752	*53	*0	20.93	0.00	50	113.89	9.68	33.79	*122	866.5	90.92	2.65	\$0.000
% of Calories				11.36 %		*27.7%	*0%	24.6%	0.0%		59.5%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 09/04/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	250	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	50	420	5.00	840	5	*0	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
000042 VEG, PICKLES DILL	8 each	300	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	300	27	0.01	10	*2	*0	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			635	8.23	1199	*20	*0	23.29	*0.00	*57	74.67	7.47	34.15	*44	*473.5	*17.90	*3.68	\$0.000
% of Calories				11.66 %		*12.6%	*0%	33.0%	*0.0%		47.0%		21.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 09/05/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	300	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
002176 BREAD, WW ROLL DINNER	EACH	300	100	0.00	160	2	*N/A*	1.00	0.00	0	17.00	3.00	6.00	*N/A*	60.0	0.00	1.08	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			633	10.40	1240	*28	*0	19.68	0.00	60	81.88	9.75	32.87	1	849.6	33.27	2.32	\$0.000
% of Calories				14.79 %		*17.7%	*0%	28.0%	0.0%		51.7%		20.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Monday - 09/08/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			540	4.59	849	27	*N/A*	21.47	0.00	48	60.37	2.20	25.43	*0	418.7	94.47	3.43	\$0.000
% of Calories				7.65%		20.0%	*N/A*	35.8%	0.0%		44.7%		18.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 09/09/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA)	SERVINGS	300	229	3.53	335	*0	*0	7.74	*0.00	53	16.50	2.12	22.36	*0	65.1	1.00	1.54	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			484	4.99	509	*27	*0	11.31	*0.00	68	57.22	5.56	34.75	*0	473.7	5808.16	1.62	\$0.000
% of Calories				9.28%		*22.3%	*0%	21.0%	*0.0%		47.3%		28.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 09/10/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002917 SPAGHETTI W/BEEF CRUMBLES	1 CUP	150	331	3.49	923	*3	*2	8.68	*0.00	38	47.79	5.67	18.44	*0	38.5	10.71	2.88	\$0.000
002497 SPAGHETTI W/ CHEESE SCRATCH CC	HEAPING # 6 SCP	150	235	3.04	930	*2	*N/A*	5.40	*0.00	15	32.09	4.07	16.19	*N/A*	219.0	10.17	1.43	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
000099 FRUIT, STRAWBERRIES FRESH	#8 SCOOP	300	23	0.01	1	4	0	0.22	0.00	0	5.53	1.44	0.48	1	11.5	42.34	0.30	\$0.000
000230 MILK,1% WHITE	CARTON	190	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002886 FRUIT SNACK BY THE FOOT	EA	300	80	0.50	50	10	*N/A*	1.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
Weighted Daily Average			533	4.74	1121	*29	*1	9.99	*0.00	36	85.17	9.38	26.40	*1	403.6	53.53	2.48	\$0.000
% of Calories				8.00%		*21.8%	*0.8%	16.9%	*0.0%		63.9%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 09/11/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	300	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002984 POTATO MCCAIN SPIRAL FRIES	1/2 cup	300	188	1.25	450	0	*N/A*	10.01	0.00	0	25.01	1.25	2.50	*N/A*	12.5	0.00	0.50	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	300	27	0.01	10	*2	*0	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			625	6.73	1158	*17	*0	24.62	*0.00	34	75.50	5.88	28.99	*44	654.8	17.90	2.15	\$0.000
% of Calories				9.69%		*10.9%	*0%	35.5%	*0.0%		48.3%		18.6%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 09/12/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002928 SANDWICH CHICKEN BBQ GRILLED	EA	300	280	0.00	690	*3	*N/A*	5.10	*0.00	65	34.00	4.18	27.40	*N/A*	*48.0	*1.20	*1.29	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			496	1.50	989	*26	*0	7.78	*0.00	80	70.88	8.93	39.27	*1	*469.6	*34.47	*1.52	\$0.000
% of Calories				2.72%		*21.0%	*0%	14.1%	*0.0%		57.2%		31.7%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 09/15/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	150	300	3.00	280	14	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	150	300	3.50	370	15	13	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	300	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			730	8.25	1054	*37	*6	30.68	0.00	24	85.88	7.75	29.37	*1	653.6	36.87	1.82	\$0.000
% of Calories				10.17 %		*20.3%	*3.3%	37.8%	0.0%		47.1%		16.1%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 09/16/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	300	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	300	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			617	10.98	887	*25	*0	21.79	0.00	50	80.44	7.61	29.12	1	840.2	35.73	1.11	\$0.000
% of Calories				16.02 %		*16.2%	*0%	31.8%	0.0%		52.1%		18.9%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Wednesday - 09/17/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	300	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
000607 COOKIE, FORTUNE	COOKIE	300	30	0.06	7	*N/A*	*N/A*	0.20	*N/A*	1	6.67	0.18	0.42	*N/A*	1.5	0.12	0.18	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	31	0	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			704	2.57	695	*49	*0	11.47	*0.00	56	122.33	10.27	32.13	122	440.8	84.82	3.63	\$0.000
% of Calories				3.29%		*27.8%	*0%	14.7%	*0.0%		69.5%		18.3%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Thursday - 09/18/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002592 CHICKEN PATTY ON BUN RC	EACH	300	182	2.00	423	0	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	300	166	0.83	465	0	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	300	27	0.01	10	*2	*0	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			504	4.31	1055	*17	*0	18.28	*0.00	34	61.30	5.33	24.21	*44	402.8	17.90	2.85	\$0.000
% of Calories				7.70%		*13.5%	*0%	32.6%	*0.0%		48.7%		19.2%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 09/19/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	300	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	300	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002264 DRESSING, RANCH LOW SODIUM	1 OZ	300	2219	0.12	2968	*2	*0	0.43	0.00	78	313.50	1.68	221.89	*0	7721.2	43.88	3.30	\$0.000
Weighted Daily Average			2662	4.13	3524	*24	*0	11.14	*0.00	133	378.03	9.82	242.10	*1	8233.8	82.09	5.65	\$0.000
% of Calories				1.40%		*3.6%	*0%	3.8%	*0.0%		56.8%		36.4%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Monday - 09/22/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002475 CHICKEN, POPCORN WG 10 EACH RC	SERVING (10)	300	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			550	5.00	939	*22	*0	20.68	0.00	34	64.88	6.75	24.87	*1	461.6	36.87	2.40	\$0.000
% of Calories				8.18%		*16.0%	*0%	33.8%	0.0%		47.2%		18.1%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 09/23/2025		Reimbursable Meal Total 300																
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002304 NACHOS, BEAN & CHEESE (K-8)	SERVING	300	374	6.12	608	*1	*N/A*	15.64	*0.00	28	42.20	6.10	13.65	*N/A*	236.0	2.49	0.86	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	300	54	0.00	152	5	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			618	7.59	919	*33	*0	18.75	*0.00	42	78.76	8.63	25.13	*0	647.9	5809.65	0.94	\$0.000
% of Calories				11.05 %		*21.4%	*0%	27.3%	*0.0%		51.0%		16.3%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Wednesday - 09/24/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	150	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	150	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	300	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	300	136	0.21	2	31	0	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	300	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			766	9.67	752	*53	*0	20.93	0.00	50	113.89	9.68	33.79	*122	866.5	90.92	2.65	\$0.000
% of Calories				11.36 %		*27.7%	*0%	24.6%	0.0%		59.5%		17.6%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

Thursday - 09/25/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	250	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	50	420	5.00	840	5	*0	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	300	120	0.50	35	0	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
000042 VEG, PICKLES DILL	8 each	300	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	300	27	0.01	10	*2	*0	0.05	*0.00	0	6.45	0.57	0.55	*44	5.7	16.74	0.18	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			635	8.23	1199	*20	*0	23.29	*0.00	*57	74.67	7.47	34.15	*44	*473.5	*17.90	*3.68	\$0.000
% of Calories				11.66 %		*12.6%	*0%	33.0%	*0.0%		47.0%		21.5%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Friday - 09/26/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	300	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
002176 BREAD, WW ROLL DINNER	EACH	300	100	0.00	160	2	*N/A*	1.00	0.00	0	17.00	3.00	6.00	*N/A*	60.0	0.00	1.08	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	300	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000064 FRUIT, APPLE FRESH	1/2 APPLE	100	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			633	10.40	1240	*28	*0	19.68	0.00	60	81.88	9.75	32.87	1	849.6	33.27	2.32	\$0.000
% of Calories				14.79 %		*17.7%	*0%	28.0%	0.0%		51.7%		20.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Monday - 09/29/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	300	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	300	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	300	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			540	4.59	849	27	*N/A*	21.47	0.00	48	60.37	2.20	25.43	*0	418.7	94.47	3.43	\$0.000
% of Calories				7.65%		20.0%	*N/A*	35.8%	0.0%		44.7%		18.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

Tuesday - 09/30/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	300	321	3.54	475	2	0	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	300	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	300	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	240	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			555	4.76	623	*26	*0	11.94	0.00	27	82.23	11.62	27.44	0	513.1	5808.60	3.94	\$0.000
% of Calories				7.72%		*18.7%	*0%	19.4%	0.0%		59.3%		19.8%					
Weekly Nutrient Guideline			739 - 0	<10				<=30					12.74		338.62	16.68	3.95	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		707	7	1064	*29	*0	18.49	*0.00	*52	94.63	7.87	40.11	*26	*955.1	*1148.06	*2.63	\$0.000
% of Calories			8.43%		*16.4%	*0%	23.5%	*0.0%		53.5%		22.7%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.