

February

Heart Health Month!

Elementary Menu

MENU CHOICES

BREAKFAST: Entrée,
Fruit, Juice, Milk

LUNCH: Entrée,
Veggie (Pick 2), Fruit, Milk

* Indicates Pork Product

+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch
• 1% White
• Lactose-Free
• Fat-Free Chocolate
• Soy Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 National Tater Tot Day! French Toast Sticks OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Hamburger+ Hummus & Cheese Combo Pepperoni Pizza Pack* Tater Tots Burger Trimmings Crispy Carrots w/Dip Fresh Kiwi OR Blueberries w/Cream	3 Dutch Waffle OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Chicken Drumstick & Mac N Chz Macaroni & Cheese Crispy Chicken Salad Baked Beans Hummus & Carrots Celery Sticks & Grape Tomatoes Orange Smiles OR Sliced Pears	4 Biscuit & Chicken OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Crispy Beef Tacos w/Spanish Rice Yogurt & Cheese Stick Combo Italian Salad* Ranchero Beans Taco Trimmings Crispy Carrots & Grape Tomatoes Granny Smith Apple OR Sliced Peaches	5 Sausage Kolache* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Breaded Ravioli & Cheese Sticks w/Marinara Pepperoni Pizza* Turkey Lunchbox Italian Green Beans Mixed Green Salad w/Ranch Cucumber & Jicama Sticks w/Tajin Fresh Banana OR Strawberry Applesauce	6 Waffle Breakfast Sandwich OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Tenders w/Cornbread Baked Potato w/Cheese & Cornbread Pepperoni Pizza Pack* Mashed Potatoes w/Gravy Broccoli w/Cheese Red Bell Pepper & Crispy Carrots Sliced Apples OR Fruit Cocktail
9 National Pizza Day! Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Corn Dog Cheese Pizza Pepperoni Pizza Pack* Spicy Hashbrowns Mixed Green Salad w/Ranch Celery Sticks & Crispy Carrots Apple Crisps OR Diced Peaches	10 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Toasted Cheese Sandwich Crispy Chicken Salad Savory Green Peas Crispy Carrots w/Dip Cucumber Slices w/Tajin Sliced Apples OR Strawberries w/Cream	11 Rodeo Kick-Off! Biscuit w/Gravy & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Beef & Cheese Nachos Cheese Nachos Italian Salad* Ranchero Beans Buttered Corn Celery Sticks & Grape Tomatoes Seedless Grapes OR Natural Applesauce	12 Random Acts of Kindness Day! Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Chicken & Waffles Yogurt & Cheese Stick Combo Turkey Lunchbox Smile Fries Baked Beans Crispy Carrots & Red Bell Peppers Fresh Banana OR Fiesta Raisins	13 Valentine Special! Pink Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Spaghetti w/Pink Sauce & Meatballs Spaghetti w/Pink Sauce & Cheesy Bread Pepperoni Pizza Pack* Italian Green Beans Tossed Salad w/Ranch Raw Vegetable Medley w/Dip Orange Smiles OR Sliced Pears
16 School Holiday HAPPY Presidents Day	17 Slush Day! Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk BBQ Boneless Wings & Mac N Chz Macaroni & Cheese Crispy Chicken Salad Broccoli w/Cheese Tossed Salad w/Ranch Raw Vegetable Medley w/Dip Paradise Punch Slush OR Natural Applesauce	18 Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Cheese Enchiladas w/Chili & Spanish Rice Corn Dog Italian Salad* Ranchero Beans Crispy Carrots w/Dip Red Bell Peppers & Grape Tomatoes Sliced Apples OR Strawberry Craisins	19 Pumpkin Bread OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Pepperoni Pizza* Cheese Pizza Turkey Lunchbox Buttered Corn Mixed Green Salad w/Ranch Cucumber & Jicama Sticks w/Tajin Fresh Banana OR Strawberry w/Cream	20 Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Chicken Nuggets w/Homemade Roll Baked Potato w/Cheese & Roll Pepperoni Pizza Pack* Mashed Potatoes w/Gravy Savory Green Peas Celery Sticks & Grape Tomatoes Granny Smith Apple OR Sliced Peaches
23 Confetti Pancakes OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Breaded Chicken Sandwich+ Hummus & Cheese Combo Pepperoni Pizza Pack* Spicy Hashbrowns Burger Trimmings Raw Vegetable Medley w/Dip Orange Smiles OR Sliced Pears	24 Sausage, Potato & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice Toasted Cheese Sandwich Crispy Chicken Salad Savory Green Peas Tossed Salad w/Ranch Celery Sticks & Grape Tomatoes Apple Crisps OR Fruit Cocktail	25 Chicken & Waffles OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk Frito Pie Yogurt & Cheese Stick Combo Italian Salad* Ranchero Beans Buttered Corn Cucumber Slices w/Tajin Seedless Grapes OR Natural Applesauce	26 Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Fettuccini Chicken Alfredo w/Garlic Bread Wowbutter Sandwich+ w/Cheese Stick Turkey Lunchbox Savory Green Beans Red Bell Peppers & Grape Tomatoes Crispy Carrots w/Dip Sliced Apples OR Blueberries w/Cream	27 National Strawberry Day! Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Steak Fingers w/Homemade Roll Yogurt & Cheese Stick Combo Pepperoni Pizza Pack* Mashed Potatoes w/Gravy Broccoli w/Cheese Crispy Carrots & Grape Tomatoes Strawberries w/Cream OR Sour Watermelon Raisins

School Nutrition
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\$14.11 hour starting



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meal account information,
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Menu subject to change

No fees for cash or checks paid directly to the cafeteria

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