

February

Elementary Menu

Heart Health Month!

MENU CHOICES

BREAKFAST: Entrée, Fruit, Juice, Milk

LUNCH: Entrée, Veggie (Pick 2), Fruit, Milk

* Indicates Pork Product

+ Possible trace of sesame due to manufacturer

Choice of milk with breakfast & lunch

• 1% White

• Fat-Free Chocolate

• Lactose-Free

• Soy Milk

MONDAY

2 National Tater Tot Day!

French Toast Sticks OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Hamburger+
Hummus & Cheese Combo
Pepperoni Pizza Pack*

Tater Tots
Burger Trimmings
Crispy Carrots w/Dip
Fresh Kiwi OR Blueberries w/Cream

TUESDAY

3 Dutch Waffle OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Chicken Drumstick & Mac N Chz
Macaroni & Cheese
Crispy Chicken Salad

Baked Beans
Hummus & Carrots
Celery Sticks & Grape Tomatoes
Orange Smiles OR Sliced Pears

WEDNESDAY

4 Biscuit & Chicken OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice
Yogurt & Cheese Stick Combo
Italian Salad*

Ranchero Beans
Taco Trimmings
Crispy Carrots & Grape Tomatoes
Granny Smith Apple OR Sliced Peaches

THURSDAY

5 Sausage Kolache* OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk

Breaded Ravioli & Cheese Sticks w/Marinara
Pepperoni Pizza*
Turkey Lunchbox

Italian Green Beans
Mixed Green Salad w/Ranch
Cucumber & Jicama Sticks w/Tajin
Fresh Banana OR Strawberry Applesauce

FRIDAY

6 Waffle Breakfast Sandwich OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Chicken Tenders w/Cornbread
Baked Potato w/Cheese & Cornbread
Pepperoni Pizza Pack*

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Red Bell Pepper & Crispy Carrots
Sliced Apples OR Fruit Cocktail

9 National Pizza Day!

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Corn Dog
Cheese Pizza
Pepperoni Pizza Pack*

Spicy Hashbrowns
Mixed Green Salad w/Ranch
Celery Sticks & Crispy Carrots
Apple Crisps OR Diced Peaches

10

Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice
Toasted Cheese Sandwich
Crispy Chicken Salad

Savory Green Peas
Crispy Carrots w/Dip
Cucumber Slices w/Tajin
Sliced Apples OR Strawberries w/Cream

11 Rodeo Kick-Off!

Biscuit w/Gravy & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Beef & Cheese Nachos
Cheese Nachos
Italian Salad*

Ranchero Beans
Buttered Corn
Celery Sticks & Grape Tomatoes
Seedless Grapes OR Natural Applesauce

12 Random Acts of Kindness Day!

Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk

Chicken & Waffles
Yogurt & Cheese Stick Combo
Turkey Lunchbox

Smile Fries
Baked Beans
Crispy Carrots & Red Bell Peppers
Fresh Banana OR Fiesta Raisins

13 Valentine Special!

Pink Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Spaghetti w/Pink Sauce & Meatballs
Spaghetti w/Pink Sauce & Cheesy Bread
Pepperoni Pizza Pack*

Italian Green Beans
Tossed Salad w/Ranch
Raw Vegetable Medley w/Dip
Orange Smiles OR Sliced Pears

16 School Holiday



17 Slush Day!

Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

BBQ Boneless Wings & Mac N Chz
Macaroni & Cheese
Crispy Chicken Salad

Broccoli w/Cheese
Tossed Salad w/Ranch
Raw Vegetable Medley w/Dip
Paradise Punch Slush OR Natural Applesauce

18

Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Cheese Enchiladas w/Chili & Spanish Rice
Corn Dog
Italian Salad*

Ranchero Beans
Crispy Carrots w/Dip
Red Bell Peppers & Grape Tomatoes
Sliced Apples OR Strawberry Craisins

19

Pumpkin Bread OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk

Pepperoni Pizza*
Cheese Pizza
Turkey Lunchbox

Buttered Corn
Mixed Green Salad w/Ranch
Cucumber & Jicama Sticks w/Tajin
Fresh Banana OR Strawberry w/Cream

20

Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Baked Potato w/Cheese & Roll
Pepperoni Pizza Pack*

Mashed Potatoes w/Gravy
Savory Green Peas
Celery Sticks & Grape Tomatoes
Granny Smith Apple OR Sliced Peaches

23

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Breaded Chicken Sandwich+
Hummus & Cheese Combo
Pepperoni Pizza Pack*

Spicy Hashbrowns
Burger Trimmings
Raw Vegetable Medley w/Dip
Orange Smiles OR Sliced Pears

24

Sausage, Potato & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Toasted Cheese Sandwich
Crispy Chicken Salad

Savory Green Peas
Tossed Salad w/Ranch
Celery Sticks & Grape Tomatoes
Apple Crisps OR Fruit Cocktail

25

Chicken & Waffles OR Pick 2: Cereal, Yogurt or Nutrigrain Bar Fruit, Juice & Milk

Frito Pie
Yogurt & Cheese Stick Combo
Italian Salad*

Ranchero Beans
Buttered Corn
Cucumber Slices w/Tajin
Seedless Grapes OR Natural Applesauce

26

Homemade Cinnamon Roll OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk

Fettuccini Chicken Alfredo w/Garlic Bread
Wowbutter Sandwich+ w/Cheese Stick
Turkey Lunchbox

Savory Green Beans
Red Bell Peppers & Grape Tomatoes
Crispy Carrots w/Dip
Sliced Apples OR Blueberries w/Cream

27

National Strawberry Day!

Sausage & Cheese Flatbread OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Yogurt & Cheese Stick Combo
Pepperoni Pizza Pack*

Mashed Potatoes w/Gravy
Broccoli w/Cheese
Crispy Carrots & Grape Tomatoes
Strawberries w/Cream OR Sour Watermelon Raisins

School Nutrition
Services is hiring
\$14.11 hour starting

Visit: schoolcafe.com/
NorthEastISD or download the
School Café App to access
meal account information,
make payments & apply for
free or reduced-price meals.



Menu subject to change

No fees for cash or checks paid directly to the cafeteria

