

What's Included

All lunch meals include an entrée made with whole grains, unlimited fresh fruits and vegetables, 100% fruit juice, and choice of 1% white or non-fat flavored milk.

Students must select a 1/2 cup fruit and/or vegetable with their meal.



We're Going ORGANIC!



This school year, we're increasing the amount of organic produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide- free ingredients, every bite supports better nutrition and a greener planet.

Featured Daily Specials Monday

Spicy OR Regular Crispy Chicken Sandwich Chicken Tamale with side of Beans & Chips **100% Angus Beef Pretzel Dog** Islander Bistro Box \ Freshly Made Chicken Caesar Salad with Roll

Tuesday

Papa John's Pizza: Pepperoni or Cheese Carne Asada Fries w/ Corn Tortillas 🗱 Sweet Teriyaki Chicken & Pineapple Sandwich Freshly Made Turkey Bacon Ranch Wrap **Crispy Chicken Ranch BLT Salad**

Cherry Lime Frozen Fruit



Wednesday

Orange Chicken with Brown Rice BBQ Meatballs, Mashed Potatoes & Garlic Bread Breaded Chicken Drumstick & Biscuit Freshly Made Peanut Butter & Jelly Sandwich Freshly Made Chicken Caesar Salad with Roll

Thursday

Papa John's Pizza: Pepperoni or Cheese **Crispy Shrimp Burrito** Fettuccini Alfredo Pasta **California Chicken Ciabatta Sandwich Crispy Chicken Ranch BLT Salad**

Friday

100% Beef Hamburger OR Cheeseburger **Big Brunch Breakfast Combo** Cheese Quesadilla with guacamole & pico Vegan Quinoa Tabbouleh 🎾 🞉 Freshly Made Chicken Caesar Salad with Roll:

= VEGETARIAN ENTREES () = GLUTEN FREE ENTREES



Breakfast & Lunch Meals are **FREE** to all students in the 2025-2026 School Year



A la Carte Payments Online

Load money on to your student's account to purchase drinks and snacks, see purchases, and more! For questions, call: 619-522-8900 x2085

Let's Go Lecal!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Fridays, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. **Enjoy the harvest!**