

JANUARY 2026

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday
Tuesday
Wednesday
Thursday
Friday
5

Chips = 1 G
Juice = 3/4 C F

*Students must take all items

6

Apple Slices = 3/4 C F
String Cheese
= 1 M/MA

*Students must take all items

7

Yogurt = 1 M/MA
Pineapple = 3/4 C F

*Students must take all items

8

Cucumber Slices = 1/2 C V
Chips = 1 G

*Students must take all items

9

Sunbutter Sandwich
= 1.5 G & 1M/MA

*Students must take all items

12

Pretzels = 1 G
Juice = 3/4 C F

*Students must take all items

13

Hard Boiled Egg = 1 M/MA
Grapes = 3/4 C F

*Students must take all items

14

Yogurt = 1 M/MA
Peaches = 3/4 C F

*Students must take all items

15

Grape Tomatoes = 3/4 C V
String Cheese
= 1 M/MA

*Students must take all items

16

Tortilla Chips = 1 G
Juice = 3/4 C F

*Students must take all items

19

**NO
SCHOOL**

20

Yogurt = 1 M/MA
Mandarins = 3/4 C F

*Students must take all items

21

Pita Bread = 1 G
Bean Dip = 2 M/MA

*Students must take all items

22

Celery Sticks = 3/4 C V
Sunbutter = 1 M/MA

*Students must take all items

23

Baby Carrots = 3/4 C V
Goldfish Crackers
= 1 G

*Students must take all items

26

Chips = 1 G
Juice = 3/4 C F

*Students must take all items

27

Apple Slices = 3/4 C F
String Cheese
= 1 M/MA

*Students must take all items

28

Yogurt = 1 M/MA
Pineapple = 3/4 C F

*Students must take all items

29

Cucumber Slices = 1/2 C V
Chips = 1 G

*Students must take all items

30

Sunbutter Sandwich
= 1.5 G & 1M/MA

*Students must take all items

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.