LAMPASAS INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH SERVICES 207 W. 8TH STREET LAMPASAS, TX 76550



Notice of and Consent for School Health-Related Services

OPT-OUT FORM

This form must be signed and returned to Lampasas Independent School District Campus Nurse or Director of School Health. Consent given through this form is effective during the current school year unless revoked earlier.

In accordance with law, the district must provide parents with written notice of each school-based health-related service offered at the campus their child attends. These routine services promote student safety, wellness, and readiness to learn. The services may be provided by qualified school staff, including nurses and athletic trainers. This consent does not take the place of an individualized health plan, 504 plan, or other legally required document.

A parent has the right to withhold consent for or decline any health-related service.

Routine Health-Related Services Provided at Your Child's Campus:

☐ Health Promotion & Education

Basic First aid and injury evaluation
Administration of prescription medications in accordance with law
Monitoring of chronic health conditions (e.g., asthma, diabetes)
Vision, hearing, and scoliosis screenings
Under the influence assessment
Lice screening
Acanthosis screening
Support during illness or physical symptoms at school
Coordination of health services
Heat illness prevention and injury support for student athletes
Emergency Preparedness Training
Community Outreach (Medical & Dental Referrals)
State Immunization Compliance
Skilled Nursing Care & Procedures
Puberty Education Course
Mental Health Support and Referral Services
GoodSide Health and TCHATT Services (Additional Consent is required)

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Any additional health-related services that the campus may believe are necessary and appropriate will necessitate separate written consent and parental involvement, unless during an emergency or as allowed by law.

Forms, screeners, and other documents that are routinely used in the process of providing health-related services to your child can be found on the Lampasas Independent School District Website under School Health.

Parent Consent for Health-Related Services:

(Please print.)
Student's name:
Current grade level:
Campus:
I OPT-OUT of the items checked under routine Health- Related Services for my child receiving routine school-based health-related services during the 2025–2026 school year.
I understand that I will be contacted in emergencies or when health concerns arise if I elect to decline consent. I understand I cannot provide verbal consent if I elect to decline consent. I understand this consent may be revoked at any time in writing.
Parent's signature:
Date:

Additional information relating to student welfare, wellness, and health services can be found in the following board policies:

- FFA Student Welfare: Wellness and Health Services
- FFAA Wellness and Health Services: Physical Examinations
- FFAB Wellness and Health Services: Immunizations
- FFAC Wellness and Health Services: Medical Treatment
- FFAD Wellness and Health Services: Communicable Diseases
- FFAE Wellness and Health Services: School-Based Health Centers
- FFAF Wellness and Health Services: Care Plans