

Wellness Committee Meeting #6 - School Year 2025-2026

Location: Strand Elementary School Classroom #403

Date: Friday, May 22, 2026

Time: 11:30 AM – 12:30 PM

Attendance

- Charity Campbell, CNS Director
 - Student Representatives (SNAC members): Elsie S., Ellie B., Olivia B., Giovanna S., Eloise G., Gemma C., Cameron B., Adrian L., Carson B., Ryan E.
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Meeting Summary

Current Local School Wellness Committee Goal:

To increase student meal satisfaction by empowering student leadership and voice through the creation and continued support of the Student Nutrition Advisory Committee (SNAC).

Discussion Topics

1. Pizza Taste Test

- Reviewed nutrition regulations and procurement requirements for pizza vendors for the 2026–2027 school year.
 - 51% whole grain crust requirement – to provide additional fiber
 - Low-fat cheese – to provide less saturated fat (unhealthy fats)
 - Low-sodium cheese – to provide less daily sodium and meet USDA sodium targets under NSLP
- Discussed vendor responsiveness to district needs, including compliance with USDA guidelines, ingredient quality, and student preferences.
 - Bid sent out to 4 pizza vendors, 2 responded
 - Requirements for type of ingredients, nutrition profile, size, temperature were listed on the bid specifications to the vendors
- Conducted blind taste test featuring pizza samples from all responsive bidders.
 - Students and staff sampled each option without vendor identification.
 - Participants completed survey cards evaluating taste, texture, smell, and overall satisfaction.

- Initial feedback highlights:

Village Results - Taste Test on 5/22/2026				
	Best Taste	Best Texture	Best Smell	Preference
Sample #1 (Dominos)	5	3	6	3
Sample #2 (Papa John's)	4	6	3	6

- Dominos ranked higher in best taste and smell.
- Papa John's ranked higher on best texture and had a higher preference score.
- Students appreciated opportunities to participate in decision-making.

2. School Menus

Round table discussion on cafeteria improvements made during the current school year based on SNAC feedback.

Positive Changes Noted:

- Increased variety of fresh fruits and vegetables offered.
- Increased interest in some of the vegetarian items – vegetarian spring rolls, cheesy bread sticks, hummus packs, and smoothies.

Areas of Opportunity for 2026–2027 School Year:

- Continue offering new vegetarian items.
- Explore additional student-favorite items that meet nutrition standards.
- Continue strengthening student involvement in menu planning and feedback processes.