

V=Vegetarian

A variety of milk, juice, fruit, and vegetables are available with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 Pasta w/ Meat Sauce (V)Meatless Penne Pa sta Deluxe Spicy Chicken Sand Sesame Chicken Salad (V)Vegetarian Pasta Sa lad (V) PB & J Sandwich Chef's Choice	Oct 2 Teriyaki Bf Dunker w/Ri ce Fish Filet Sandwich Beef Taco Salad (V) Fresh Veggie Pizza (V) PB & J Sandwich Chef's Choice	Oct 3 Chicken and Waffle Deluxe Spicy Chicken Sand Chicken Caesar Wrap (V)Garlic Noodles w/ To fu (V) PB & J Sandwich Chef's Choice
Oct 6 Orange Chicken w/ Ric e Honey BBQ Beef Rib WG Chicken Nuggets & Fri es (V) Breaded Cheese P ocket (V) PB & J Sandwich Chef's Choice	Oct 7 Chicken Mash Potato B owl Turkey & Cheese Sand wich (V) Yogurt Fruit Cup Fresh Pepperoni Pizza (V) PB & J Sandwich Chef's Choice	Oct 8 Spaghetti w/ Meatballs (V) Meatless Pasta Cheeseburger Deluxe Corn Dog (V) Veggie Wrap (V) PB & J Sandwich Chef's Choice	Oct 9 Tri Tip w/ Cilantro Rice Deluxe Spicy Chicken Sand Chicken Caesar Salad (V) Fresh Cheese Pizz a (V) PB & J Sandwich Chef's Choice	Oct 10 Chicken Chili Verde (V) Bean & Cheese Bur rito Spicy Chicken Wrap (V) Breaded Cheese P ocket (V) PB & J Sandwich Chef's Choice
Oct 13 Teriyaki Chicken w/Ric e Corn Dog Honey BBQ Pork Sand wich (V) Bean & Cheese Bur rito (V) PB & J Sandwich Chef's Choice	Oct 14 Buffalo Chicken w/ Ric e Cheeseburger Deluxe Spicy Chicken Wrap (V) Fresh Cheese Pizz a (V) PB & J Sandwich Chef's Choice	Oct 15 Pasta w/ Meat Sauce (V)Meatless Penne Pa sta Deluxe Spicy Chicken Sand Sesame Chicken Salad (V)Vegetarian Pasta Sa lad (V) PB & J Sandwich Chef's Choice	Oct 16 Teriyaki Bf Dunker w/Ri ce Fish Filet Sandwich Beef Taco Salad (V) Fresh Veggie Pizza (V) PB & J Sandwich Chef's Choice	Oct 17 Chicken and Waffle Deluxe Spicy Chicken Sand Chicken Caesar Wrap (V)Garlic Noodles w/ To fu (V) PB & J Sandwich Chef's Choice

Oct 20 Orange Chicken w/ Rice Honey BBQ Beef Rib Chicken Nuggets & Fries (V) Breaded Cheese Pockets (V) PB & J Sandwich Chef's Choice	Oct 21 Chicken Mash Potato Bowl Turkey & Cheese Sandwich (V) Yogurt Fruit Cup Fresh Pepperoni Pizza (V) PB & J Sandwich Chef's Choice	Oct 22 Spaghetti w/ Meatballs (V) Meatless Pasta Cheeseburger Deluxe Corn Dog (V) Veggie Wrap (V) PB & J Sandwich Chef's Choice	Oct 23 Tri Tip w/ Cilantro Rice Deluxe Spicy Chicken Sandwich Chicken Caesar Salad (V) Fresh Cheese Pizza (V) PB & J Sandwich Chef's Choice	Oct 24 Chicken Chili Verde (V) Bean & Cheese Burrito Spicy Chicken Wrap (V) Breaded Cheese Pockets (V) PB & J Sandwich Chef's Choice
Oct 27 Teriyaki Chicken w/ Rice Corn Dog Honey BBQ Pork Sandwich (V) Bean & Cheese Burrito (V) PB & J Sandwich Chef's Choice	Oct 28 Buffalo Chicken w/ Rice Cheeseburger Deluxe Spicy Chicken Wrap (V) Fresh Cheese Pizza (V) PB & J Sandwich Chef's Choice	Oct 29 Pasta w/ Meat Sauce (V) Meatless Penne Pasta Deluxe Spicy Chicken Sandwich Sesame Chicken Salad (V) Vegetarian Pasta Salad (V) PB & J Sandwich Chef's Choice	Oct 30 Teriyaki Bf Dunker w/ Rice Fish Filet Sandwich Beef Taco Salad (V) Fresh Veggie Pizza (V) PB & J Sandwich Chef's Choice	Oct 31 Chicken and Waffle Deluxe Spicy Chicken Sandwich Chicken Caesar Wrap (V) Garlic Noodles w/ Tomato (V) PB & J Sandwich Chef's Choice

This institution is an equal opportunity provider.