SNACK



SEPTEMBER 2025

COBBLESTONE PROJECT RESILIENCE SNACK

Questions or concerns Contact Nutrition Services (530) 743-4428 or mdelong@plusd.org

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL Apple Slices = 3/4 Plant String Cheese = 1 M/MA

*Students must take all items

Baby Carrots = 3/4 CV
Goldfish Crackers
= 1 G

*Students must take all items

Yogurt = 1 M/MA Peaches = 3/4C F

*Students must take all items

Cucumber Slices = ½ Tortilla Chips = 1 G

Salsa = 1/4C V

*Students must take all items

8

Celery Sticks = 3/4C V Hummus = 1 M/MA *Students must take all items Pretzels = 1 G Juice = ¾ C F

*Students must take all items

Yogurt = 1 M/MA Strawberries = 3/4C F

*Students must take all items

Grape Tomatoes 11 = 3/4C V

String Cheese = 1 M/MA

*Students must take all items

Hard Boiled Egg = 12 M/MA

Grapes = 3/4C F

*Students must take all items

15

Yogurt = 1 M/MA Pineapple = 3/4C F *Students must take all items Pita Bread = 1 G

Bean Dip = 2 M/MA
*Students must take all items

Apple Slices = 3/4

String Cheese
= 1 M/MA

*Students must take all items

Baby Carrots = 3/4 1 V Goldfish Crackers = 1 G

*Students must take all items

Sunchips = 1 G

Juice = 3/4C F

*Students must take all items

Cucumber Slices = ½ <mark>2½</mark> Tortilla Chips = 1 G

Salsa = 1/4C V
*Students must take all items

Celery Sticks = 3/4C V
Hummus = 1 M/MA
*Students must take all items

Pretzels = 1 G

Juice = ¾ C F

*Students must take all items

Yogurt = 1 M/MA
Strawberries = 3/4C F
*Students must take all items

Grape Tomatoes 26
= 3/4C V
String Cheese
= 1 M/MA
*Students must take all items

Hard Boiled Egg = 29 M/MA Grapes = 3/4C F

*Students must take all items

Yogurt = 1 M/MA
Pineapple = 3/4C F
*Students must take all items

2+2 + - × ÷

25



Water available at all times.

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue to make every effort to provide our students with the best products available.

Thank you for your patience and understanding as we work with our distributors to navigate these shortages.