



Foothill High School

Daily Bulletin

Flex Bell Schedule

Thursday, January 22, 2026

General Information

- **Drivers Ed enrollment is OPEN!** Students can email dpeek@suhsd.net to enroll. Classes run January 25th - March 8th.
- **Anytime School** is now in session. If you failed a class and would like to recover credits through Anytime School, please see your counselor to sign up. Students already enrolled should be attending. Sessions are held in Room 13 Tuesday and Thursday 3:30-5:00 pm with an option to attend during lunch Monday through Thursday.
- **Club Cougar** flash sale for current Foothill students only on Thursday, January 22 and Friday, January 23 at lunch outside between the band and drama rooms. The cost will only be \$10 via cash or a check made out to CC Arts Production Inc. The date for the student night show will be on Thursday, February 5 at the David Marr Auditorium. The doors will open at 7:00 p.m. and the show will end at 9:00 p.m. We dress up for this production, think semi-formal. It's going to be an amazing night so don't miss out on Club Cougar!
- **Peer Court** Recruitment Event: Interested in leadership, community engagement, or courtroom experience? Come check out the Shasta Youth Peer Court Recruitment Event on Wednesday, January 28th, from 5:00 to 6:30 PM! Enjoy free pizza, win raffle prizes, and learn how you can get involved with our awesome team of student volunteers.
 - The flyer can also be found at the following link:
https://drive.google.com/file/d/15DwRjFw9DGtw4EAG8OA_5nqcT52hynSS/view?usp=sharing
 - To learn more about Youth Options Shasta, please visit youthoptionsshasta.org
- **Club Cougar** tickets are now on sale!!!! Come step back into the 1930's in Chicago! Dress up, dance, and watch an amazing show! Show dates are January 30, 31, and February 5, 6 and 7 at the David Marr Auditorium. Tickets are \$25 for general admission and \$50 for VIP at clubcougar.square.site. Don't miss out on this amazing production.
- Support the FHS Sober Grad at **Bingo Night** on Tuesday, February 3rd at 6:30 PM at the Buckeye Grange (12508 Lake Blvd). 1st card \$10 - 10 games, add'l cards \$5. Concessions available for purchase.
- Get your tickets for the FHS Boosters **10th Annual Crab Feed** on February 7th, doors open at 5:30 and dinner begins at 6:30 PM. Tickets can be purchased in the main office (cash or check only): Individual \$85 or Table (seats 10) \$1200.
- Order your Easter treats on the See's Candies Web store and support FHS Sober Grad! The store will remain open until 3/20 and are shipped directly to you.
<https://www.yumraising.com/store/spring-2026-foothill-high-school-sober-grad-class-of-2026-5a63/CanWil2966>

ASB/Yearbook

- Yearbook is steadily dropping down 2% of their inventory per week! Only 40% of our inventory remains! Head to jostensyearbooks.com before it is too late. And remember, prices increase on the 17th. Jostens offers a pay in 3 payment plan at checkout.
- Order Rose Grams on the webstore now before they sell out! Send a Valentine's surprise to a friend or special someone by choosing from three options: Package A (\$5) includes one rose, Valentine's candy, and a custom note; Package B (\$10) includes three roses, Valentine's candy, and a custom note; and Package C (\$15) includes five roses, Valentine's candy, heart balloons, a mini teddy bear, and a custom note. All Rose Grams will be delivered on February 13th!

Senior Information

- Seniors, there is a **mandatory senior class meeting** Thursday, January 22nd in the library at lunch. We will be releasing the official timeline of registering, costs, fundraising, and anything else pertaining to the Disney Grad Nite Trip. If you have questions, please direct them to afitzgerald@suhsd.net
- **Sober Grad certificates** are due to the FHS front office by February 27th. Certificate sales can be used to offset or completely cover the cost of the entry fee for the night of Sober Grad. Students won't want to miss one of the biggest parties of the year. Copies can be found in the front office or on the FHS website. Contact Shelby Price with any questions at 530-262-5259.

Scholarships

- FHS Scholarship List 2025-2026

As you browse the scholarships click on the scholarship titles and they will take you directly to the scholarship's official website or application. Scholarships are organized by their due dates. As scholarships become active they will turn blue, meaning the application is open and available.

Sports

- Varsity baseball tryouts Today 3:45 - 5:15 PM.
- Stunt Open Gym on Saturday, January 23rd, 3 - 5 PM in the student union. Open to both cheerleaders and non-cheerleaders! All participants should come prepared with hair pulled back, no jewelry, athletic shoes for stunting, and athletic clothing in FHS colors. For questions or more information contact kraudman@suhsd.net.
- Football afterschool weight room training begins Monday January 26th. Sessions will run Monday through Thursday from 3:30–4:45 PM. This is open to players not currently in a sport.
- There will be a **mandatory parent meeting** for **football** on Tuesday, January 27th at 6:00 PM to discuss our upcoming fundraiser. All parents are expected to attend.
- Anyone interested in trying out for the Trap Team should contact coach Al Shabazian by email at alashabazian@gmail.com. Try-outs will be held February 1st.

Athletics Today

- **Boys Basketball:** Thursday, Jan. 22 vs Pleasant Valley @ Pleasant Valley (4:30/6:00/7:30)

***All sports are weather permitted**