

Menu Name:

PRE-SCHOOL SNACK

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Thursday - 10/01/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	500	90	0.50	105	0.00	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$18.921
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			150	0.50	112	12.80	*N/A*	3.50	0.00	0	28.20	0.00	2.00	*N/A*	*108.0	0.00	0.70	\$44.044
% of Calories				3.00%		34.13%	*N/A*	21.0%	0.0%		75.2%		5.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Friday - 10/02/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	500	3	0.02	3	0.05	0.05	0.14	0.00	0	0.44	0.05	0.05	*N/A*	0.3	*N/A*	0.02	\$1.060
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			63	0.02	10	12.85	*0.05	0.14	0.00	0	14.64	0.05	0.05	*N/A*	*98.3	*0.00	0.02	\$26.183
% of Calories				0.29%		81.59%	*0.32%	2.0%	0.0%		93.0%		0.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Monday - 10/05/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	500	110	0.50	150	2.00	0.00	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$26.679
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			210	0.50	150	21.00	*0.00	2.50	0.00	0	45.00	6.00	2.00	*0	60.0	8.40	1.06	\$26.679
% of Calories				2.14%		40.00%	*0.00%	10.7%	0.0%		85.7%		3.8%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Tuesday - 10/06/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	500	220	0.50	320	7.00	0.00	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$5.623
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	200	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			280	0.50	328	19.60	*0.00	8.00	0.00	0	49.20	5.00	3.00	*N/A*	*128.0	0.00	1.40	\$24.949
% of Calories				1.61%		28.00%	*0.00%	25.7%	0.0%		70.3%		4.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Wednesday - 10/07/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	500	197	0.94	160	2.82	0.00	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$3.766
001874 FRUIT, ORANGE WEDGES SNACK	6 WEDGES	500	103	0.00	3	*N/A*	*N/A*	0.00	0.00	0	26.73	5.09	2.54	*N/A*	89.1	124.47	0.23	\$0.000
Weighted Daily Average			300	0.94	162	*2.82	*0.00	8.46	0.00	0	53.03	8.85	5.36	*0	98.5	124.47	1.17	\$3.766
% of Calories				2.82%		*3.76%	*0.00%	25.4%	0.0%		70.7%		7.1%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Thursday - 10/08/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	500	230	1.50	180	16.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$10.937

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28.35	*0.00	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$10.937
% of Calories				4.53%		35.44%	*0.00%	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Friday - 10/09/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	500	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$31.313
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			160	1.00	157	*12.80	*N/A*	3.50	0.00	0	28.20	1.00	2.00	*N/A*	*118.0	0.00	0.90	\$56.436
% of Calories				5.62%		*32.00 %	*N/A*	19.7%	0.0%		70.5%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Monday - 10/12/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003436 CEREAL COCOA PUFFS BOWL LOW SUGAR 1.1OZ	1.1 OZ BOWL	50	120	0.00	120	6.00	6.00	1.50	0.00	0	25.00	2.00	2.00	*N/A*	110.0	*N/A*	2.70	\$2.858
003437 CEREAL, TRIX BOWL 25% LESS SUGAR 1OZ	BOWL	50	110	0.00	160	6.00	6.00	1.50	0.00	0	23.00	2.00	2.00	*N/A*	90.0	*N/A*	2.20	\$2.556
002441 CC,MILK GALLON 1%	CUP	95	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	5	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
Weighted Daily Average			245	1.45	298	20.83	*6.53	4.11	0.00	14	39.89	2.11	11.92	*N/A*	*480.0	*1.14	*2.45	\$12.815
% of Calories				5.33%		34.01%	*10.66 %	15.1%	0.0%		65.1%		19.5%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Tuesday - 10/13/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003192 CRACKER, GRAHAMS ALL-SPORT BITES VANILLA	EACH	500	120	0.00	95	6.00	*N/A*	3.50	0.00	0	20.00	2.00	2.00	*N/A*	13.0	0.00	2.00	\$2.304
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			210	0.11	96	18.35	*0.00	3.83	0.00	0	43.07	4.63	3.10	*3	18.0	8.79	2.26	\$2.304
% of Calories				0.47%		34.95%	*0.00%	16.4%	0.0%		82.0%		5.9%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Wednesday - 10/14/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000267 VEG, CELERY STICKS	6 STICKS	500	29	0.00	86	0.00	*N/A*	0.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003468 PEANUT BUTTER CUP 1.1 OZ	CONTAINER	500	180	3.00	130	3.00	2.00	14.99	0.00	0	8.00	2.00	7.00	*N/A*	16.0	*N/A*	0.50	\$1.411
Weighted Daily Average			209	3.00	216	3.00	*2.00	14.99	0.00	0	8.00	2.00	7.00	*0	16.0	*0.00	0.50	\$1.411
% of Calories				12.92 %		5.74%	*3.83%	64.6%	0.0%		15.3%		13.4%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Thursday - 10/15/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001013 PRETZEL TINY TWIST 1 OZ	BAG	500	121	0.00	375	*N/A*	*N/A*	1.01	0.00	0	23.29	0.00	3.04	*N/A*	10.1	0.00	2.13	\$37.430
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			221	0.00	375	*19.00	*N/A*	1.01	0.00	0	48.29	4.00	3.04	*0	30.1	8.40	2.49	\$37.430
% of Calories				0.00%		*34.39 %	*N/A*	4.1%	0.0%		87.4%		5.5%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Friday - 10/16/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	500	3	0.02	3	0.05	0.05	0.14	0.00	0	0.44	0.05	0.05	*N/A*	0.3	*N/A*	0.02	\$1.060
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			63	0.02	10	12.85	*0.05	0.14	0.00	0	14.64	0.05	0.05	*N/A*	*98.3	*0.00	0.02	\$26.183
% of Calories				0.29%		81.59%	*0.32%	2.0%	0.0%		93.0%		0.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Monday - 10/19/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003195 COOKIE, ANIMAL CRACKER WG BERRY	EACH	500	110	0.50	60	*N/A*	*N/A*	3.50	0.00	0	18.00	2.00	2.00	*N/A*	4.0	0.00	1.00	\$2.502
000450 VEG, CARROTS BABY	BAG	500	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
Weighted Daily Average			136	0.50	117	*N/A*	*N/A*	3.50	*0.00	0	23.90	3.47	2.74	*0	26.1	6.19	1.66	\$2.502
% of Calories				3.31%		*N/A*	*N/A*	23.2%	*0.0%		70.3%		8.1%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Tuesday - 10/20/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003090 SNACK SUN CHIP CHEDDAR LARGE	BAG	500	210	1.00	260	3.00	3.00	9.00	0.00	0	28.00	3.00	3.00	*N/A*	20.0	*N/A*	0.70	\$67.846

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	200	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	200	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			270	1.00	268	15.60	*3.00	9.00	0.00	0	42.20	3.00	3.00	*N/A*	*98.0	*0.00	0.70	\$87.172
% of Calories				3.33%		23.11%	*4.44%	30.0%	0.0%		62.5%		4.4%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Wednesday - 10/21/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	500	90	0.50	105	0.00	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$18.921
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			180	0.61	106	12.35	*0.00	3.83	0.00	0	37.07	2.63	3.10	*3	15.0	8.79	0.96	\$18.921
% of Calories				3.05%		27.44%	*0.00%	19.2%	0.0%		82.4%		6.9%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Thursday - 10/22/2026 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003194 COOKIE, BLUEBERRY LEMON BITE WG	EACH	500	120	0.50	60	8.00	8.00	3.50	0.00	0	21.00	2.00	2.00	*N/A*	5.0	*N/A*	1.00	\$3.309
003292 FRUIT, APPLE SLICES GREEN 2 OZ BAG	EACH	250	30	*N/A*	*N/A*	4.97	*N/A*	*N/A*	*N/A*	*N/A*	7.96	1.99	*N/A*	*N/A*	26.9	*N/A*	*N/A*	\$0.000
003291 FRUIT, APPLE SLICES RED 2 OZ BAG	SERVING	250	30	*N/A*	*N/A*	5.97	*N/A*	*N/A*	*N/A*	*N/A*	6.96	1.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			150	*0.50	*60	13.47	*8.00	*3.50	*0.00	*0	28.46	3.49	*2.00	*N/A*	*18.4	*N/A*	*1.00	\$3.309
% of Calories				*3.00%		35.92%	*21.33 %	*21.0%	*0.0%		75.9%		*5.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Friday - 10/23/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	500	3	0.02	3	0.05	0.05	0.14	0.00	0	0.44	0.05	0.05	*N/A*	0.3	*N/A*	0.02	\$1.060
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			63	0.02	10	12.85	*0.05	0.14	0.00	0	14.64	0.05	0.05	*N/A*	*98.3	*0.00	0.02	\$26.183
% of Calories				0.29%		81.59%	*0.32%	2.0%	0.0%		93.0%		0.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Monday - 10/26/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	500	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$31.313
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			160	1.00	157	*12.80	*N/A*	3.50	0.00	0	28.20	1.00	2.00	*N/A*	*118.0	0.00	0.90	\$56.436
% of Calories				5.62%		*32.00 %	*N/A*	19.7%	0.0%		70.5%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Tuesday - 10/27/2026 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	500	230	1.50	180	16.00	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$10.937
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28.35	*0.00	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$10.937
% of Calories				4.53%		35.44%	*0.00%	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Wednesday - 10/28/2026 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	500	197	0.94	160	2.82	0.00	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$3.766
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			297	0.94	160	21.82	*0.00	8.46	0.00	0	51.31	7.76	2.82	*0	29.4	8.40	1.30	\$3.766
% of Calories				2.85%		29.39%	*0.00%	25.6%	0.0%		69.1%		3.8%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Thursday - 10/29/2026

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	500	220	0.50	320	7.00	0.00	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$5.623
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	300	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$30.921
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	100	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$1.933
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	100	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$30.921
Weighted Daily Average			280	0.50	327	19.80	*0.00	8.00	0.00	0	49.20	5.00	3.00	*N/A*	*148.0	0.00	1.40	\$30.746
% of Calories				1.61%		28.29%	*0.00%	25.7%	0.0%		70.3%		4.3%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

Friday - 10/30/2026

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	500	110	0.50	150	2.00	0.00	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$26.679
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			210	0.50	150	21.00	*0.00	2.50	0.00	0	45.00	6.00	2.00	*0	60.0	8.40	1.06	\$26.679
% of Calories				2.14%		40.00%	*0.00%	10.7%	0.0%		85.7%		3.8%					
Weekly Nutrient Guideline			350 - 0	<10	<=540		<0											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	204	*0.76	*165	*15.56	*0.89	*4.88	*0.00	*1	37.19	3.52	*3.11	*1	*86.0	*9.12	*1.11	\$24.536
% of Calories		*3.35%		*30.51 %	*1.75%	*21.5%	*0.0%		72.9%		*6.1%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.