



# Plaza Elementary School District September



## Breakfast Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
Biscuits & Gravy Or Bagel Juice &/or Milk Fresh Fruit	Breakfast Pizza Or Cereal Juice &/or Milk Fresh Fruit	Scrambled Eggs & Toast Or Muffin Juice &/or Milk Fresh Fruit	Breakfast Sandwich Or Cereal Juice &/or Milk Fresh Fruit	Tornado Or Bagel Juice &/or Milk Fresh Fruit

## \*\*School Lunch Menu\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
1  No school	2 <ul style="list-style-type: none"> <li>Orange chicken</li> <li>Brown rice</li> <li>Broccoli</li> <li>Fruit</li> <li>Milk</li> </ul>	3 <ul style="list-style-type: none"> <li>Hot dog</li> <li>Tots</li> <li>Fruit</li> <li>Milk</li> </ul>	4 <ul style="list-style-type: none"> <li>Tostada</li> <li>Refried beans</li> <li>Fruit</li> <li>Milk</li> </ul>	5 <ul style="list-style-type: none"> <li>Turkey bacon wraps</li> <li>Carrot sticks</li> <li>Fruit</li> <li>Milk</li> </ul>
8 <ul style="list-style-type: none"> <li>Raviolis</li> <li>Broccoli</li> <li>Fruit</li> <li>Milk</li> </ul>	9 <ul style="list-style-type: none"> <li>Beef tacos</li> <li>Beans</li> <li>Fruit</li> <li>Milk</li> </ul>	10 <ul style="list-style-type: none"> <li>Chicken Sandwich</li> <li>Carrot sticks</li> <li>Fruit</li> <li>Milk</li> </ul>	11 <ul style="list-style-type: none"> <li>Grilled cheese</li> <li>Mixed salad</li> <li>Fruit</li> <li>Milk</li> </ul>	12 <ul style="list-style-type: none"> <li>Korean Grilled Chicken</li> <li>Corn</li> <li>Fruit</li> <li>Milk</li> </ul>
15  No school	16 breakfast for lunch <ul style="list-style-type: none"> <li>Scrambled eggs &amp; Ham</li> <li>Roasted potatoes</li> <li>Toast</li> <li>Juice</li> <li>Milk</li> </ul>	17 <ul style="list-style-type: none"> <li>Hawaiian chicken wrap</li> <li>Carrot sticks</li> <li>Fruit</li> <li>Milk</li> </ul>	18 <ul style="list-style-type: none"> <li>Spaghetti</li> <li>Broccoli</li> <li>Fruit</li> <li>Milk</li> </ul>	19 <ul style="list-style-type: none"> <li>French bread pizza</li> <li>Mixed salad</li> <li>Fruit</li> <li>Milk</li> </ul>
22 <ul style="list-style-type: none"> <li>Chicken alfredo</li> <li>Broccoli</li> <li>Fruit</li> <li>Milk</li> </ul>	23 <ul style="list-style-type: none"> <li>Meatloaf</li> <li>Mashed Potatoes</li> <li>Fruit</li> <li>Milk</li> </ul>	24 minimum day <ul style="list-style-type: none"> <li>Pesto Pasta</li> <li>Carrot sticks</li> <li>Fruit</li> <li>Milk</li> </ul>	25 minimum day <ul style="list-style-type: none"> <li>Hamburger helper</li> <li>Salad</li> <li>Fruit</li> <li>Milk</li> </ul>	26 minimum day <ul style="list-style-type: none"> <li>BBQ Chicken</li> <li>Black Beans</li> <li>Fruit</li> <li>Milk</li> </ul>
29 <ul style="list-style-type: none"> <li>Mini corndogs</li> <li>Tots</li> <li>Fruit</li> <li>Milk</li> </ul>	30 <ul style="list-style-type: none"> <li>Chicken strips</li> <li>Carrot sticks</li> <li>Fruit</li> <li>Milk</li> </ul>	1 <ul style="list-style-type: none"> <li>Beef Taquitos</li> <li>Black beans</li> <li>Fruit</li> <li>Milk</li> </ul>	2 <ul style="list-style-type: none"> <li>Meatball Subs</li> <li>Broccoli</li> <li>Fruit</li> <li>Milk</li> </ul>	3 <ul style="list-style-type: none"> <li>Ham &amp; Cheese Sandwich</li> <li>Mix salad</li> <li>Fruit</li> <li>Milk</li> </ul>

Alternative entrees are available daily

Salad bar available, Monday- Thursday, except on minimum days

This institution is an equal opportunity provider. MENUS ARE SUBJECT TO CHANGE