

		1	2	3
<b>GES APRIL</b>		Apple Frudel or Food Court Orange Smoothie w/Graham	Blueberry Muffin or Yogurt w/Graham Cracker	NO SCHOOL
		Sloppy Joe w/French fries or Turkey and Cheddar Sandwich	Cheesy Breadsticks w/Marinara or Fishpatrick's Tuna Sandwich	
6	7	8	9	10
Ultimate Breakfast Cookie or Peachy Parfait	Sausage & Egg Scramble or Bagel w/Cream Cheese	Apple Frudel or PNW Pear and Orange Smoothie w/Graham	Blueberry Muffin or Yogurt w/Graham Cracker	NO SCHOOL
Cheese/Hamburger w/French Fries or Ham and Cheddar Sandwich	Cheesy Chicken Quesadilla or Chef Salad w/Whole Grain roll	Meatball Sub w/French Fries or Turkey and Cheddar Sandwich	Cheese or Pepperoni Pizza or American Sub Sandwich	
13	14	15	16	17
Ultimate Breakfast Cookie or Strawberry Parfait	Pancake on a Stick or Bagel w/Cream Cheese	Apple Frudel or Wild Blueberry Smoothie w/Graham Cracker	Blueberry Muffin or Yogurt w/Graham Cracker	NO SCHOOL
Cheese/Hamburger w/French Fries or Ham and Cheddar Sandwich	Bean and Cheese Burrito or Chef Salad w/Whole Grain Roll	Texas Chili w/Cornbread or Turkey and Cheddar Sandwich	Cheesy Breadsticks w/Marinara or Fishpatrick's Tuna Sandwich	
20	21	22	23	24
Ultimate Breakfast Cookie or Peachy Parfait	Sausage & Egg Scramble or Bagel w/Cream Cheese	Apple Frudel or Strawberry Banana Smoothie	Blueberry Muffin or Yogurt w/Graham Cracker	NO SCHOOL
Cheese/Hamburger w/French Fries or Ham and Cheddar Sandwich	Turkey Soft Taco or Taco Salad w/Tortilla Chips	Frito Pie or Turkey and Cheddar Sandwich	Cheese or Pepperoni Pizza or American Sub Sandwich	
27	28	29	30	1
Ultimate Breakfast Cookie or Strawberry Parfait	Pancake on a Stick or Bagel w/Cream Cheese	Apple Frudel or Food Court Smoothie	Blueberry Muffin or Yogurt w/Graham Cracker	NO SCHOOL
Cheese/Hamburger w/French Fries or Ham and Cheddar Sandwich	Bean and Cheese Burrito or Chef Salad w/Whole Grain Roll	Sloppy Joe w/French fries or Turkey and Cheddar Sandwich	Chicken Nuggets w/French Fries or Fishpatrick's Tuna Sandwich	

Students must choose 3 of 4 Breakfast Items  
 1 MUST BE FRUIT or Vegetable, A minimum of 1/2 cup

Everyday Lunch Choices: Peanut or Sun Butter and Jelly Sandwich  
 Students must choose 3 of the 5 components at Lunch and  
 1 MUST be a 1/2 cup of fruit or vegetable.

Daily Offering Bar features fresh and canned fruits and vegetables daily and two choices of fluid milk.

All grains offered are whole grains.

**Breakfast and lunch are available at No Charge to Students**

Menu Subject to Change

This institution is an equal opportunity provider.