



**Glide Middle
School
Menu
February 2026**

Everyday Breakfast Choices

Yogurt with Graham Crackers (Scooby Snacks)

**Students must choose 3 of 4 Breakfast Items
1 MUST BE FRUIT or Vegetable, A Minimum of a
½ cup**

Everyday Lunch Choices

Peanut or Sun Butter & Jelly Sandwich

**Lunch: Students must choose 3 of the 5 components &
1 Must be a ½ cup of Fruit or Vegetable**

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk.
All grains offered are whole grain.

Breakfast and lunch are available at No Charge to Students

2	3	4	5	6
Breakfast: WG Bagel w/Cream Cheese or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/ Fries or Chef Salad w/WG Roll or Ham & Cheese Sub	Breakfast: Blueberry Muffin or Peachy Overnight Oats Lunch: Bean and Cheese Burrito, or Turkey & Cheese Sub	Breakfast: Apple Frudel or Peachy Parfait Lunch: Sloppy Joes w/Fries or Chef Salad w/WG Roll or Turkey Wrap	Breakfast: Strawberry Cream Cheese Bagel or Strawberry Parfait Lunch: Chicken Tenders W/Fries or Ham & Cheese Sub	No School on Friday
9	10	11	12	13
Breakfast: Peachy Parfait or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/ Fries or Chef Salad w/WG Roll or Ham & Cheese Sub	Breakfast: Ham, Egg, & Cheese Breakfast Bagel or Strawberry Citrus Smoothie Lunch: Fiesta Chicken and Brown Rice Burrito or Turkey & Cheese Sub	Breakfast: Breakfast Burrito or WG Bagel w/Cream Cheese Lunch: Early Release! Grab and Go Lunch with Corn Dog	No School – Conference Day!	No School on Friday
16	17	18	19	20
No School 	Breakfast: Blueberry Muffin or Peachy Overnight Oats Lunch: Grande Beef Burrito or Turkey & Cheese Sub	Breakfast: Apple Frudel or Peachy Parfait Lunch: Teriyaki Chicken w/Brown Rice or Chef Salad w/WG Roll or Chicken Ranch Wrap	Breakfast: Strawberry Cream Cheese Bagel or Strawberry Parfait Lunch: BBQ Riblet Sandwich or Ham & Cheese Sub	No School on Friday
23	24	25	26	27
Breakfast: Peachy Parfait or Ultimate Chocolate Chip Breakfast Round Lunch: Cheese/Hamburger w/HB Patty or Chef Sald w/WG Roll or Ham & Cheese Sub	Breakfast: Ham, Egg, & Cheese Breakfast Bagel or Strawberry Citrus Smoothie Lunch: Frito Pie or Turkey & Cheese Sub	Breakfast: Breakfast Burrito or Bagel w/Cream Cheese Lunch: Meatball Sub w/Fries or Chef Salad w/WG Roll or Turkey Wrap	Breakfast: Strawberry Parfait or Sausage Pancake on a Stick Lunch: Pizza Day! Pepperoni or Cheese Pizza, or Ham & Cheese Sub	No School on Friday

**This institution is an equal
opportunity provider.**

Menu subject to change