



Buena Vista Middle School Breakfast and Lunch Menu

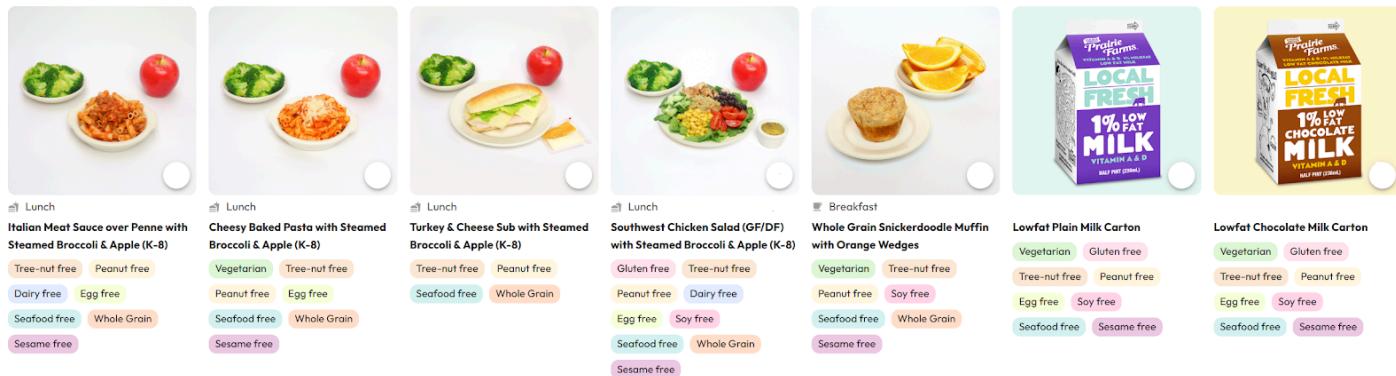
Week of January 26th - 30th (Free for Students)
 Menu created by Ordo - Made fresh daily - Main Street Bakery

Mon, Jan 26

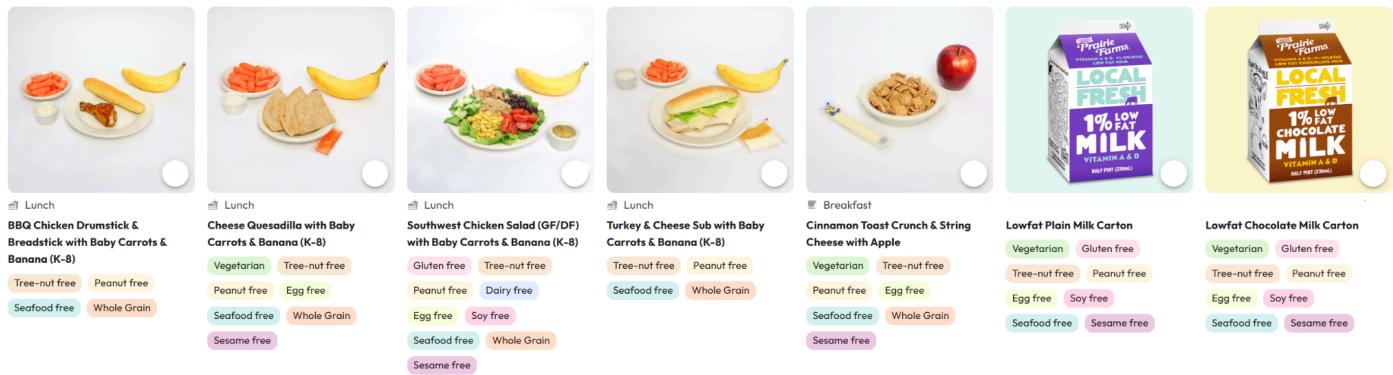
Lunch Grilled Cheese with Baked Beans & Apple (K-8) Vegetarian Tree-nut free Peanut free Seafood free Whole Grain Sesame free	Lunch Southwest Chicken Salad (GF/DF) with Baked Beans & Apple (K-8) Gluten free Tree-nut free Peanut free Dairy free Egg free Soy free Seafood free Whole Grain Sesame free	Lunch Crispy Chicken Sandwich with Baked Beans & Apple (K-8) Tree-nut free Peanut free Seafood free Whole Grain	Lunch Turkey & Cheese Sub with Baked Beans & Apple (K-8) Tree-nut free Peanut free Seafood free Whole Grain	Breakfast English Muffin and Jam with Banana Vegetarian Tree-nut free Peanut free Dairy free Egg free Seafood free Whole Grain	Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free

Tue, Jan 27

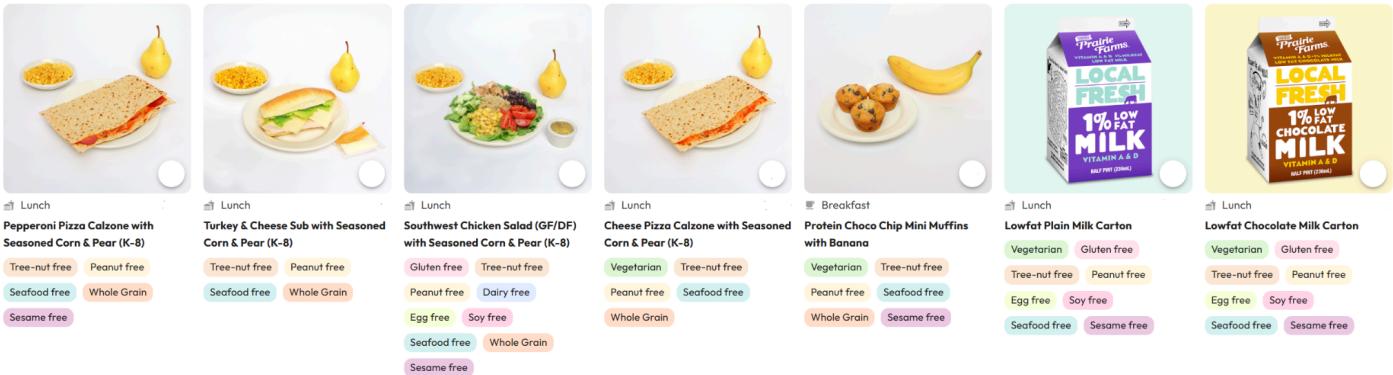
Lunch Teriyaki Chicken & Garlic Sesame Brown Rice with Fresh Green Beans & Orange Wedges (K-8) Gluten free Tree-nut free Peanut free Dairy free Egg free Seafood free Whole Grain	Lunch Edamame & Garlic Sesame Brown Rice with Fresh Green Beans & Orange Wedges (K-8) Vegetarian Gluten free Tree-nut free Peanut free Dairy free Vegan Egg free Seafood free Whole Grain	Lunch Turkey & Cheese Sub with Fresh Green Beans & Orange Wedges (K-8) Tree-nut free Peanut free Seafood free Whole Grain	Lunch Southwest Chicken Salad (GF/DF) with Fresh Green Beans & Orange Wedges (K-8) Gluten free Tree-nut free Peanut free Dairy free Egg free Soy free Seafood free Whole Grain Sesame free	Breakfast Cheerios & String Cheese with Pear Vegetarian Tree-nut free Peanut free Egg free Soy free Seafood free Whole Grain Sesame free	Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free



Thu, Jan 29



Fri, Jan 30



All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.