

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Menu Name:	Nutrient Info Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Wednesday - 10/01/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
003280 2-Penne Pasta w/MeatSauce	servings	1	45.53
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	33.69
000733 2-Sesame Chicken Salad w/ roll	serving	1	39.22
003659 2-Salad, Sesame Chick-only	serving	1	13.89
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	25.32
990578 2-Penne Pasta, Meatless	servings	1	46.03
003187 2-Applesauce, cup	1/2 cup	1	13.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
990452 2-Celery & Carrot Sticks	1/2 cup	1	4.98
001676 2-Beans, Green, canned	1/2 cup	1	4.18
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
000802 2-Mayo, packet, 9g	each	1	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
001870 2-Ranch packet,	ea	1	1.00

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12 gram			
Weighted Daily Average			280.80
% of Calories			46.1%
Weekly Nutrient Guideline			

Thursday - 10/02/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990154 2-Beef Dunkers, Teriyaki w/brown rice & Broccoli	serving	1	54.67
003544 2-Beef Dunker only	4 each	1	6.11
003636 2-Rice,Brown Cooked w/ broth	cups	1	43.43
990155 2-Broccoli Steamed	1/2 cup	1	5.14
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	50.69
009538 2-Salad, Taco, beef	Servings	1	50.25
001806 2-Pizza, Veggie	Slice	1	33.83
000493 2-Pear, diced, canned	1/2 cup	1	17.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	14.00
001589 2-Broccoli,Fresh,Raw	1/2 cup	1	2.09
001681 2-Corn	1/2 cup	1	16.61
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00

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001870 2-Ranch packet, 12 gram	ea	1	1.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000470 2-Soy Sauce packet	.5 oz	1	0.01
000802 2-Mayo, packet, 9g	each	1	0.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			335.95
% of Calories			45.6%
Weekly Nutrient Guideline			

Friday - 10/03/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990393 2-Chicken and Waffle (Maple)	serving	1	46.89
990385 2-Waffle Buttery Maple	Each	1	37.00
990283 2-Chicken Nuggets-only	5 each	1	13.89
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	46.28
002801 2-Fish Filet on Bun-only	Each	1	45.01
001952 2-Sauce, Tartar	1 Tablespoon	1	1.27
990574 2-Wrap, Chicken Caesar	each	1	62.00
990546 2-Garlic Noodles w/ Tofu	servings	1	79.44
002424 2-Mixed Fruit Cup	1/2 cup	1	16.94

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004515 2-Juice, Apple (4oz.)	1/2 cup	1	13.00
990165 2-Mixed Vegetables, Bulk	1/2 cup	1	11.73
990576 2-Carrots, Spicy Jalapeno	1/2 cup	1	5.71
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
000802 2-Mayo, packet, 9g	each	1	0.00
Weighted Daily Average			419.14
% of Calories			47.0%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		345.30
% of Calories		46.3%

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Carbohydrate	345.30 g	46.3%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.