



# VILLAGE CAFE LUNCH MENU



FEBRUARY 17TH - APRIL 10TH



## Let's Go Local!



Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



### We're Going ORGANIC!



This school year, we're increasing the amount of organic produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

### MONDAY

Crispy Chicken Sandwich



BBQ Pork Sliders



Crispy Veggie Spring Rolls  
(with sweet & sour sauce)

### TUESDAY

Papa John's Pepperoni Pizza



Papa John's Cheese Pizza

Turkey Bacon Avocado Sandwich



### WEDNESDAY

Orange Chicken with Brown Rice

Chicken Taquitos  
(with Guacamole on the side)



Islander Protein Pack  
(hard boiled egg, string cheese, Go-Gurt, Cheez-Its)

Mid-Week Munchie!  
Mini Brownie Bar

### THURSDAY

100% Beef Hamburger



Turkey & Mashed Potatoes  
(with a roll)



Yogurt & Crackers

### FRIDAY

Brunch 4 Lunch!



(pancakes & turkey sausage w/ syrup)

Pepperoni & Cheese Croissant



Cheese Tamale

Menu subject to change.



= Gluten Free Entrees



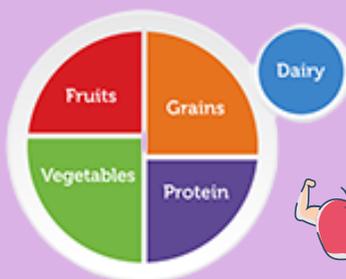
= Vegetarian Entrees

Students must select a 1/2 cup of fruit and/or vegetable with each meal.

# TIME FOR A BREAK.

No school March 30th - April 3rd

All of our meals offered follow the USDA My Plate Nutrition Guidelines!



### Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



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