

SNACK

DECEMBER 2025 RIO DEL ORO PROJECT RESILIENCE

Questions or concerns
Contact Nutrition Services
(530) 743-4428 ext. 1770 or
mdelong@plUSD.org

Monday

Apple Slices = $\frac{3}{4}$ C F
String Cheese
= 1 M/MA
*Students must take all items

Tuesday

Yogurt = 1 M/MA
Pineapple = $\frac{3}{4}$ C F
*Students must take all items

Wednesday

Cucumber Slices = $\frac{1}{2}$ C V
Sunchips = 1 G
*Students must take all items

Thursday

Sunbutter Sandwich
= 1.5 G & 1M/MA
*Students must take all items

Friday

Pretzels = 1 G
Juice = $\frac{3}{4}$ C F
*Students must take all items

Chips = 1 G
Juice = $\frac{3}{4}$ C F
*Students must take all items

Hard Boiled Egg = 1 M/MA
Grapes = $\frac{3}{4}$ C F
*Students must take all items

Yogurt = 1 M/MA
Peaches = $\frac{3}{4}$ C F
*Students must take all items

Grape Tomatoes = $\frac{3}{4}$ C V
String Cheese
= 1 M/MA
*Students must take all items

Tortilla Chips = 1 G
Juice = $\frac{3}{4}$ C F
*Students must take all items

Yogurt = 1 M/MA
Mandarins = $\frac{3}{4}$ C F
*Students must take all items

Pita Bread = 1 G
Bean Dip = 2 M/MA
*Students must take all items

Celery Sticks = $\frac{3}{4}$ C V
Sunbutter = 1 M/MA
*Students must take all items

Baby Carrots = $\frac{3}{4}$ C V
Goldfish Crackers
= 1 G
*Students must take all items

Sunchips = 1 G
Juice = $\frac{3}{4}$ C F
*Students must take all items

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Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.
We will continue our best efforts to serve our students with the best products available.
We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.
USDA is an equal opportunity provider, employer, and lender.